## **Solventum**

Your doctor has chosen 3M™ Prevena™ Therapy for management of your surgical incision



# Your doctor has selected the 3M™ Prevena™ Therapy System to help protect your incision by:



Helping hold incision edges together



Providing protection from outside sources of infection

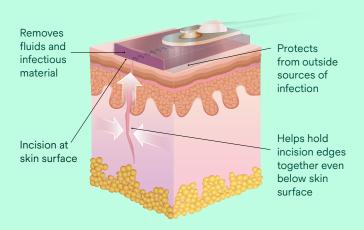


Removing fluid from the incision site

## Protecting your incision is important to your recovery

- An incision is a cut through the skin and tissue
  of the body that is made during surgery and then
  closed using products such as surgical stitches,
  staples, or a combination of these methods
- Incisions heal at the skin surface as well as below
- Taking care of your incision is a key step that may impact both your recovery time and your quality of life

#### 3M™ Prevena™ Therapy



#### **FAQs**

## How long do I keep Prevena Therapy on my incision?

Wear the system for as long as your doctor has ordered. The therapy unit will turn off automatically at 7 days or 14 days, depending on your unit.

## Will my incision dressing need to be changed?

The dressing is not typically changed. Follow your doctor's instructions.

#### What happens if my Prevena Therapy System alarms?

The therapy unit has alarms that you can see and hear to alert you of a potential issue, such as a low battery or air leak. In most cases the issue is easily resolved. Refer to the Prevena Therapy Patient Guide or call **800-275-4524** if you have questions.

#### Where do I get more information?

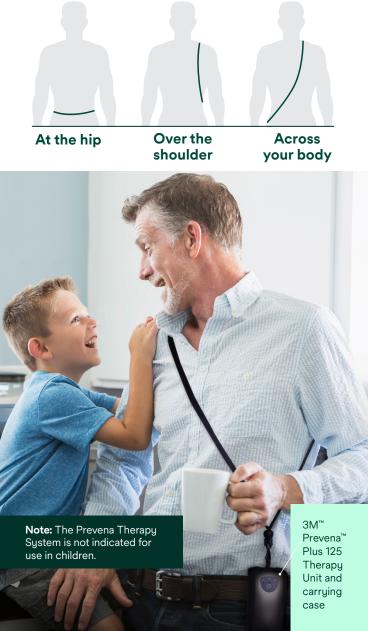
Your Prevena Therapy Patient Guide has more complete safety information and details on how to use your Prevena Therapy. You may visit **prevena.com/patients** to obtain more information on Prevena Therapy.

For answers to more questions, call **800-275-4524** to speak with a Prevena Therapy Specialist.

Contact your doctor with any medical questions. In the case of an emergency, call your local medical resource (ie 911).

#### How to wear your Prevena Therapy Unit

This portable unit should **always** be kept on for the time your doctor has instructed. For sleeping and showering, follow the instructions listed in this brochure. The unit can be worn under your clothing and includes a carrying case with adjustable straps, so you can use multiple ways.



#### What is Prevena Therapy?

Prevena Therapy is a portable, disposable system, which uses **negative pressure** (like a vacuum) to protect your incision.

#### Meet your Prevena Therapy System

You will be provided after surgery with the 3M™ Prevena™ Peel and Place Incision Management System or the 3M™ Prevena™ Plus Peel and Place Incision Management System. Both Prevena Therapy Systems work similarly with just a few differences.

#### Your system includes:

- A therapy unit that provides negative pressure to the dressing
- A dressing with a water resistant cover that is placed over your incision
- A connection tube
- · A canister where incision fluid is collected
- A battery charger (The 3M<sup>™</sup> Prevena<sup>™</sup>
   Plus 125 Therapy Unit has a rechargeable battery)
- A carrying case with adjustable straps



**Note:** The Prevena Therapy System can be used on different incision types. Your incision size and location may vary from what is shown in the above image.

## Caring for your Prevena

#### 3M™ Prevena™ Plus 125 Therapy Unit

#### System:

Keep your therapy unit in a safe place where:

- Tubing will not become kinked or pinched
- It cannot be pulled off a table or dropped onto the floor



#### Showering:

If cleared by your doctor, a quick, light shower is ok. Keep the therapy unit away from direct water spray. Do not submerge dressing in water. Before showering, disconnect the dressing from the therapy unit.

- 1. Hold the On/Off button down until therapy stops
- If applicable, close the clamp located on the connection tubing
- 3. Disconnect the tubing from the therapy unit
  - When towel drying, be careful not to disrupt the dressing

#### See 3M™ Prevena™ Plus 125 Therapy Unit Patient Guide for additional details.

#### **Batteries:**

- This therapy unit has a rechargeable battery and comes with a charger
- Bring your charger with you if you are gone for extended periods of time
- For convenience, consider charging your therapy unit battery while you are sleeping

### Therapy Unit

#### 3M™ Prevena™ 125 Therapy Unit

#### System:

Keep your therapy unit in a safe place where:

- Tubing will not become kinked or pinched
- It cannot be pulled off a table or dropped onto the floor



#### **Showering:**

If cleared by your doctor, a quick, light shower is ok. Keep the therapy unit away from direct water spray. **Do not submerge dressing in water.** 

 When towel drying, be careful not to disrupt the dressing

## See 3M<sup>™</sup> Prevena<sup>™</sup> 125 Therapy Unit Patient Guide for additional details.

#### **Batteries:**

- This therapy unit comes with three AA size batteries and cannot be recharged
- It is recommended that you keep extra batteries on hand. If the batteries run out, consult your Prevena Therapy Patient Guide on how to replace the batteries

#### Your 3M™ Prevena™ Incision Dressing

Do not attempt to remove or peek under the dressing while therapy is being applied. Prevena Therapy Specialists are here to support you. Call **800-275-4524** with questions or to speak to a clinician trained on your Prevena Therapy System.

Visit **prevena.com/patients** for a copy of the Prevena Therapy Patient Guide.

#### **Important Information**

Patients: It is important that you discuss any potential benefits and risks of a specific therapy with your doctor to decide whether it is right for you. Please consult your treating medical professional regarding specific questions and important information related to your Prevena Therapy indications, contraindications, warnings, precautions and operation. Rx only.

Need help troubleshooting your Prevena Therapy System alert? Scan the QR code or visit **go.solventum. com/prevenatroubleshoot** 



**Note:** Specific indications, limitations, contraindications, warnings, precautions and safety information exist for these products and therapies. Please consult a clinician and product instructions for use prior to application. Rx only.



#### **Solventum Corporation** 2510 Conway Avenue

St. Paul, MN 55144-1000 USA

Phone 800-228-3957 Web Solventum.com © Solventum 2025. Solventum, the S logo and Attest are trademarks of Solventum or its affiliates. 3M is a trademarks of 3M. Other trademarks are the property of their respective owners.

# Tear along the lines

#### Clinician discharge checklist

3M <sup>™</sup> Prevena <sup>™</sup> Incision Dressing <b>placed on</b>
Dressing to be removed on
by
<b>Confirm</b> that the Prevena Incision Dressing has a good seal
<b>Determine</b> if the incision is still draining and if extra canisters are needed
<b>Identify</b> the patient's correct Prevena Therapy and corresponding canisters
#PRE1095 #PRE4095
3M <sup>™</sup> Prevena <sup>™</sup> 125 3M <sup>™</sup> Prevena <sup>™</sup> Plus Therapy Unit 125 Therapy Unit
<ul> <li>Review the power supply:</li> <li>The Prevena 125 Therapy Unit runs on AA batteries</li> <li>The Prevena Plus 125 Therapy Unit has a rechargeable battery that will typically last ~9 hours on a charge</li> </ul>
Send the patient home with:
<ul> <li>Extra canisters</li> <li>Prevena Therapy Patient Guide</li> <li>Power cord (Prevena Plus Therapy Unit only)</li> <li>3M™ Prevena™ Patch Strips/extra drape</li> <li>Review patient resources</li> </ul>
Support: 800-275-4524
prevena.com/patients
Notes: