

## Get the facts about the sweetener that's good for you!

TheraMints<sup>™</sup> 100% Xylitol Sweetened Mints



## Xylitol is an all-natural sweetener that's good for you.

There are many factors in life that can contribute to tooth decay. Frequent consumption of foods, including some store brand mints sweetened with sugar and some sugar substitutes, can lead to cavities. Reduced saliva flow and even genetics can also be factors. You can't change some things, but you can try TheraMints™ 100% Xylitol Sweetened Mints. These mints:

- Do not promote tooth decay
- Stimulate saliva flow to fight the harmful effects of dry mouth
- Comes in a great-tasting Mint flavor

If you answer yes to any of the following questions, you have a higher risk of getting cavities:

- Do you have a history of tooth decay?
- Do you frequently consume sugars and starches?
- Are you undergoing an orthodontic procedure?
- Do you suffer from dry mouth?

Some store brand mints may be partially sweetened with xylitol, but also contain other sweeteners that can lead to cavities. Ask your dental professional for TheraMints 100% xylitol sweetened mints or you may purchase them on Amazon.



## 3M.com/PreventiveCare



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