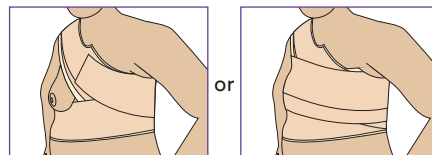


3M™ Coban™ 2 Lite Two-Layer Compression System Application for the Breast — Method B

Materials & Positioning

- Select the 4 inch (10 cm) or 6 inch (15 cm) 3M™ Coban™ 2 Lite Comfort Foam and 3M™ Coban™ 2 Lite Compression Layers depending on the size of the patient.
- It is useful to prepare strips of tape before starting the application of the comfort foam layer.

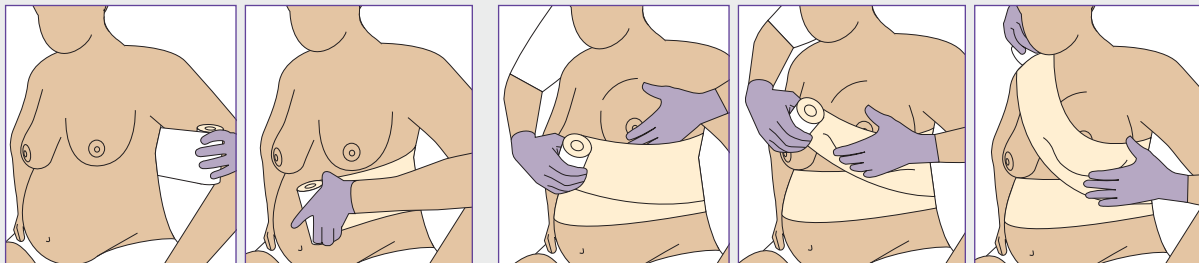


Application of Coban 2 Lite Comfort Foam Layer to Breast

Layer 1

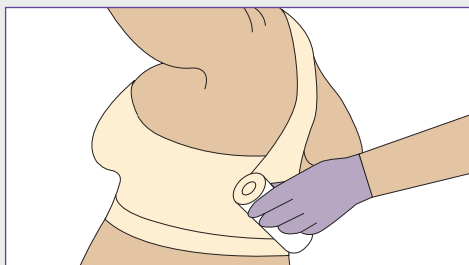
Coban 2 Lite Comfort Foam Layer

- Apply this layer with the foam side toward the skin with just enough tension to conform.

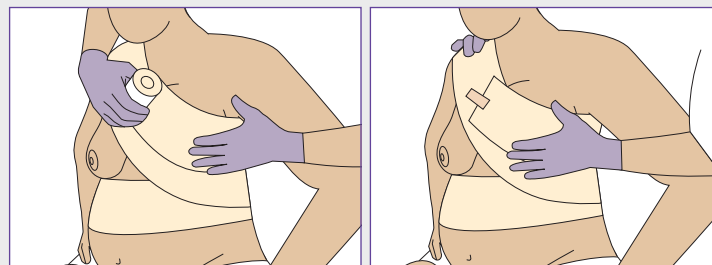


Step 1: Ask patient to take a deep breath and begin the comfort foam layer application with a circular winding around the chest, positioned under the breasts.

Step 2: Carefully lift breast and continue wrap upward toward opposite shoulder. Gently mold to breast anatomy.



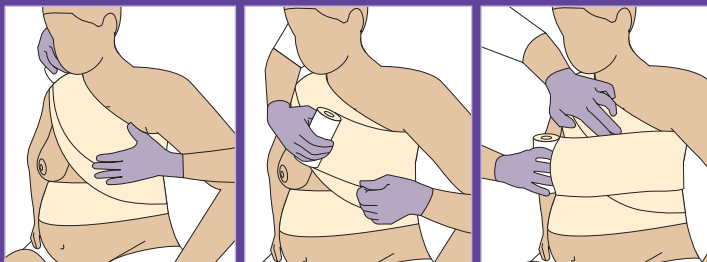
Step 3: Bring roll down and across patient's back.



Step 4: Continue with additional winding(s) around chest, over opposite shoulder until breast is covered. Cut and mold to anatomy. Secure with tape.

For Bilateral Breast Support (Optional)

Step 5: Instead of cutting wrap, continue over shoulder and bring the comfort foam layer across chest to support and cover contralateral breast. Cut and mold to anatomy. Secure with tape. Continue to **Step 6**.

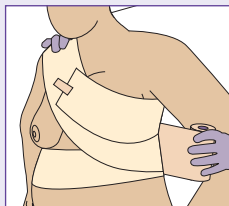


Application of 3M™ Coban™ 2 Lite Compression Layer to Breast

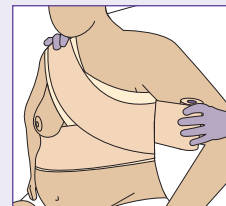
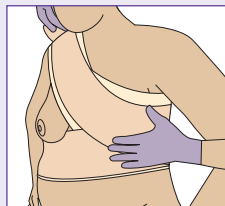
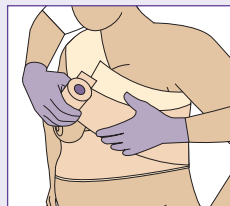
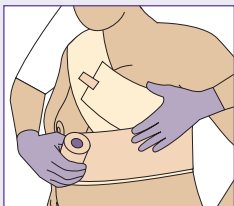
Layer 2

Coban 2 Lite Compression Layer

- The compression layer should be applied with relaxed tension when covering the breast.
- Full stretch application may be used for the lateral winding and for resistant areas of edema using the Stretch-Press/ Mold-Relax Technique.
- It is recommended that you hold the roll close to the body throughout the application for controlled, even compression.
- Press and mold the cut edges to the underlying layer.

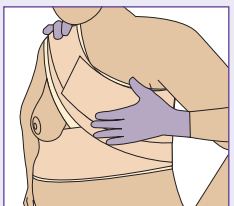
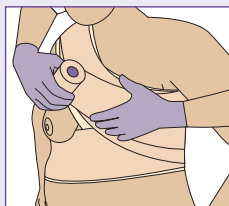


Step 6: Ask patient to take a deep breath and begin the compression layer application with a circular winding around the chest, positioned under the breasts.

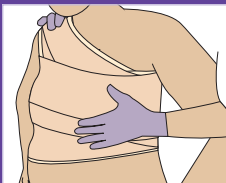
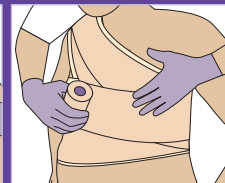
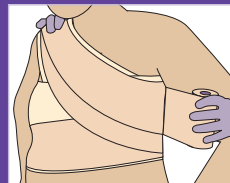


Step 7: Carefully lift breast and continue the application with relaxed stretch upward toward opposite shoulder. Gently mold to breast anatomy. When coming across the shoulder avoid putting tension on top of the shoulder.

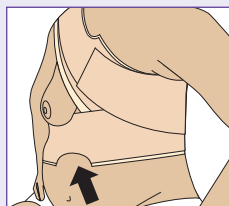
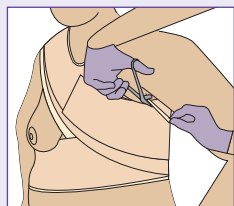
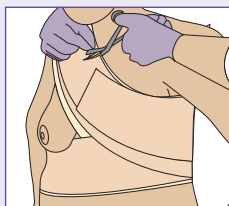
Step 8: Bring roll down and across patient's back. At lateral sides, apply at full stretch using the Stretch-Press/ Mold-Relax Technique.



Step 9: Continue with additional winding(s) around chest, over opposite shoulder until breast is covered. Mold to anatomy while wrapping. Cut and mold to anatomy.



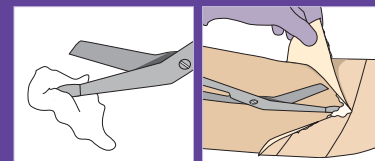
Step 10 (Optional — For bilateral breast support): Instead of cutting wrap, bring across chest to support and cover contralateral breast. Cut and mold to anatomy. Continue to Step 11.



Step 11: Trim any areas that may hinder neck, arm or axillary movement to allow maximum range of motion. For additional comfort, bandage may be trimmed at the xiphoid process (see arrow).

Bandage Removal

Dipping the scissor tips into cream allows comfortable and easy bandage removal.



Stretch-Press/Mold-Relax Technique

To apply full-stretch application for comfortable circumferential windings, apply the compression layer at full stretch with “relax-breaks” where, after each semi-circular winding, that piece is molded to the underlying layer.



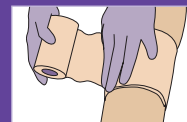
Step 1: Make first circumferential winding with relaxed tension.



Step 2: With one hand, press and hold to underlying layer. Relax tension.



Step 3: Apply the next semi-circular winding at full stretch.



Step 4: Press and hold to underlying layer and mold to the anatomy. Relax tension. Repeat Steps 3–4.



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NOTE: Refer to the Instructions for Use for complete information related to the use of the Coban 2 Lite Compression System.

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