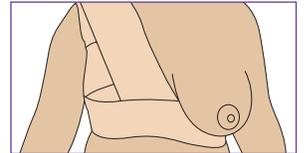


3M™ Coban™ 2 Lite Two-Layer Compression System Application for the Breast — Method A

Materials & Positioning

- Select the 4 inch (10 cm) or 6 inch (15 cm) 3M™ Coban™ 2 Lite Comfort Foam and 3M™ Coban™ 2 Lite Compression Layers depending on the size of the patient.
- It is useful to prepare strips of tape before starting the application of the comfort foam layer.

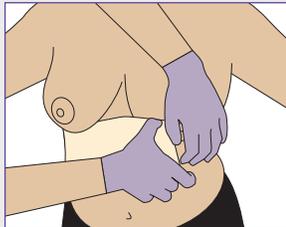


Application of Coban 2 Lite Comfort Foam Layer to Breast

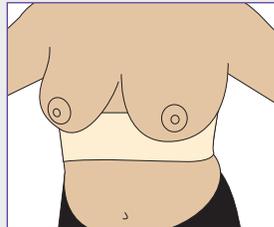
Layer 1

Coban 2 Lite Comfort Foam Layer

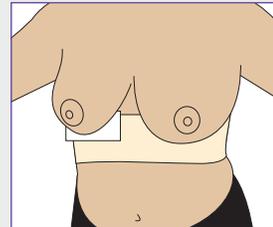
- Apply this layer with the foam side toward the skin with just enough tension to conform.



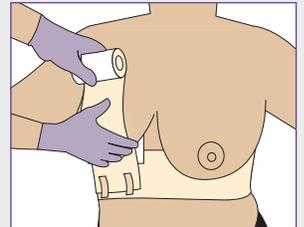
Step 1: Begin the application with a circular winding around the chest, positioned under the breasts.



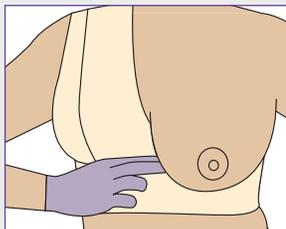
Step 2: Cut the material leaving a 3 cm overlap onto the underlying material. This cut edge will be secured with tape but before fixation, ask the patient to take a deep breath.



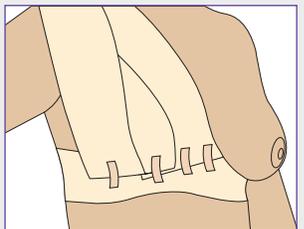
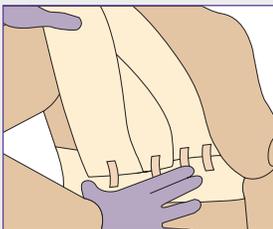
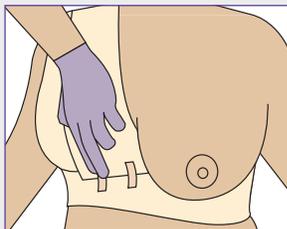
Step 3: For additional comfort, a piece of comfort foam layer can be placed under the breast with foam side up.



Step 4: Gently lift the breast and cover with strips of comfort foam layer applied longitudinally from front to back. Position the first over the center.



Step 5: Secure each strip with a piece of tape as needed. Be sure that the tape is positioned on the middle third of the circular chest winding. Avoid taping to skin.



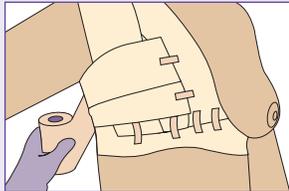
Step 6: Cover the lateral side of the breast with strips of comfort foam layer so that the entire breast is enclosed. Secure each strip with tape.

Application of 3M™ Coban™ 2 Lite Compression Layer to Breast

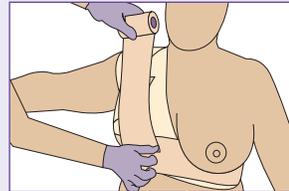
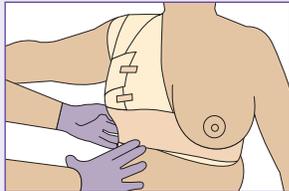
Layer 2

Coban 2 Lite Compression Layer

- The compression layer should be applied with relaxed tension when covering the breast.
- Full stretch application may be used for the lateral strips and for resistant areas of edema as needed.
- It is recommended that you hold the roll close to the body throughout the application for controlled, even compression.
- Strips of tape should not be necessary for individual strips of compression layer. Press and mold the cut edges to the underlying layer.



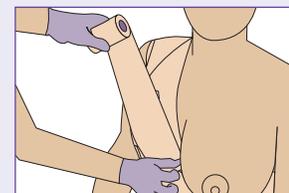
Step 7: Begin the compression layer starting with a circular winding around the chest. Before fixation ask patient to take a deep breath. Cut and mold the end to secure to the underlying layer.



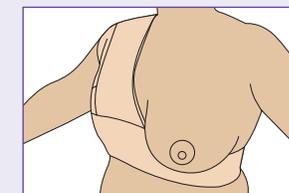
Step 8: Cover the breast longitudinally with strips of compression layer applied with relaxed stretch from front to back. The first strip should be positioned over the center and anchored to the circular winding (anterior and posterior). Gently mold into place.



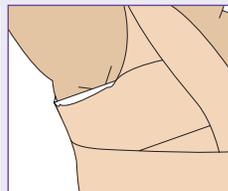
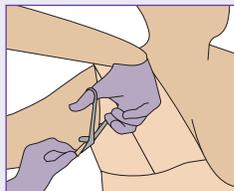
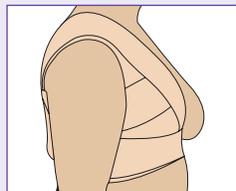
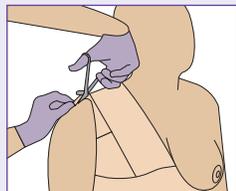
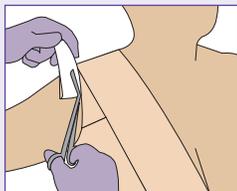
Step 9: Cover the lateral side of the breast with strips of compression layer, applied at full stretch, using Stretch-Press/Mold-Relax Technique until entire breast is enclosed.



Step 10: Apply an additional longitudinal strip to cover the previous endings to guarantee that the application stays in place.



Step 11: As needed, a final circular winding around the chest completes the application and secures the edges.



Step 12: Trim any areas that may hinder arm movement to allow maximum range of motion.

Stretch-Press/Mold-Relax Technique

To apply a full-stretch application for comfortable circumferential windings, apply the compression layer at full stretch with "relax-breaks" where, after each semi-circular winding, that piece is molded to the underlying layer.



Step 1: Make first circumferential winding with relaxed tension.



Step 2: With one hand, press and hold to underlying layer. Relax tension.



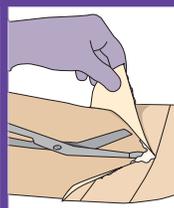
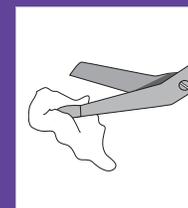
Step 3: Apply the next semi-circular winding at full stretch.



Step 4: Press and hold to underlying layer and mold to the anatomy. Relax tension. Repeat Steps 3–4.

Bandage Removal

Dipping the scissor tips into cream allows comfortable and easy bandage removal.



NOTE: Refer to the Instructions for Use for complete information related to the use of the Coban 2 Lite Two-Layer Compression System.



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