

3M™ Coban™ 2 Two-Layer Compression System

Toe application methods A and B

There are two methods for wrapping toes. If toes are very swollen, it may be more comfortable to wrap the toes as a unit (**Method A**). This involves using a 2.5 in (5 cm) kit including a comfort layer and compression layer. The second method (**Method B**), involves wrapping the toes individually with a 1 in (2.5 cm) Lite compression wrap. Please follow the application steps below.

Materials and positioning

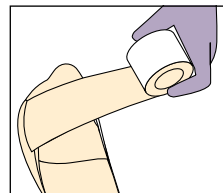
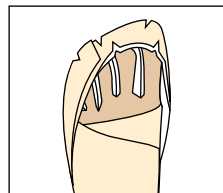
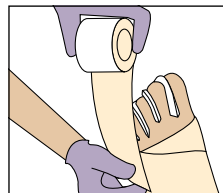
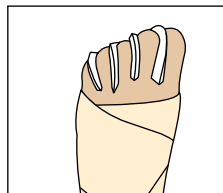
- Select the 2 in (5 cm) comfort foam layer and compression layer for the toe boot application.
- If toes are very swollen, it may be more comfortable to wrap the toes as a unit.

Method A Application of comfort foam layer (layer 1), for toe boot

- Apply 4 in (10 cm) comfort foam layer as per leg applications prior to toe boot application.



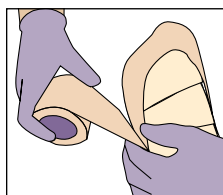
Step 1: Fill each web space with pieces of double-folded comfort foam layer, foam side out and trimmed to shape.



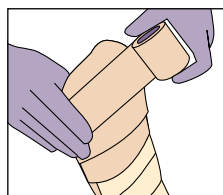
Step 2: With a 2 in (5 cm) wide comfort foam layer, make a circular turn without tension over the toes and the heel with the overlap over the fifth toe. Make a few slits to ease conformance over the toes.

Step 3: Cover the open areas over and under the toes. Trim to fit and mold to conform.

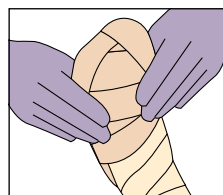
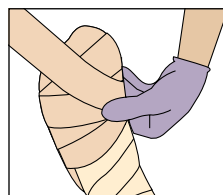
Method A Application of compression layer (layer 2), for toe boot



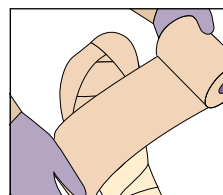
Step 4: Using a 2 in (5 cm) compression layer roll, **without tension** apply a circular winding from toes to heel.



Step 5: Cover dorsal and plantar toe areas with compression layer applied at **100% stretch** in a fan fold technique with semi-circular windings. Avoid circular windings around toes.



Step 6: Mold the application to the anatomy of the forefoot.



Step 7: After toe wrapping, continue with the compression layer for the leg.

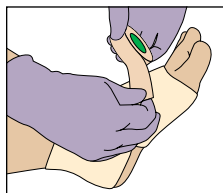
3M™ Coban™ 2 Lite Two-Layer Compression System

Materials and positioning

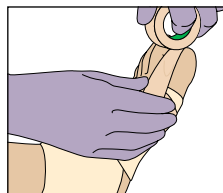
- Select the 1 in (2.5 cm) lite compression layer for the wrapping the toes individually.

Method B Application of compression layer for wrapping individual toes (no comfort layer)

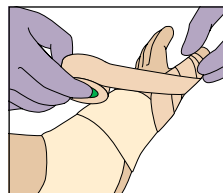
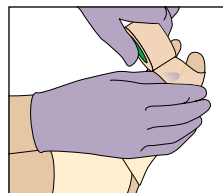
- Apply with minimum stretch and **50% overlapping** layers.



Step 1: Begin the toe bandaging with one circular winding, beginning at the base of the toes with no tension.

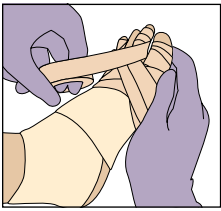


Step 2: Bring the bandage along the great toe to the base of the nail bed with no tension. With the toe slightly flexed, proceed with circular windings, distal to proximal, with minimum stretch and **50% overlapping** layers. Mold the bandage to conform to the anatomy.

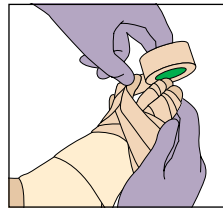


Step 3: At the base of the great toe, take the bandage over the lateral border and across the plantar foot, and onto the dorsum of the fourth toe up to the base of the nail bed (the fifth toe is left unbandaged). With the toe slightly flexed, proceed with circular windings, distal to proximal, with minimum stretch and **50% overlapping** layers. Mold the bandage to conform to the anatomy.

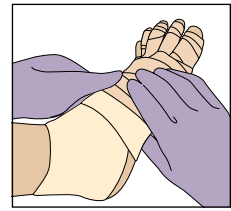
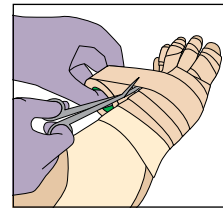
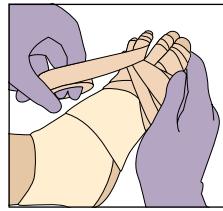
Method B Application of compression layer for wrapping individual toes (no comfort layer) (continued)



Step 4: At the base of the fourth toe, make a circular winding around the foot, bringing the bandage onto the dorsum of the second toe up to the base of the nail bed. With the toe slightly flexed, proceed with circular windings, distal to proximal, with minimum stretch and **50% overlapping** layers. Mold the bandage to conform to the anatomy.

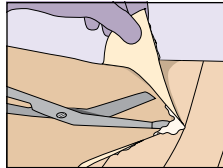
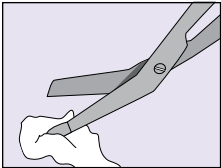


Step 5: At the base of the second toe, make a circular winding around the foot bringing the bandage onto the dorsum of the third toe up to the base of the nail bed. With the toe slightly flexed, proceed with circular windings, distal to proximal, with minimum stretch and **50% overlapping** layers. Mold the bandage to conform to the anatomy.



Step 6: To secure the bandage, make one final circular winding around the foot. Cut, press into place and mold to the anatomy. After toe wrapping, continue with the compression layer for the leg.

Bandage removal




Dipping the scissor tips into moisturizing cream allows for comfortable and easy bandage removal.

Note
Refer to the Instructions for Use for complete information related to the use of 3M™ Coban™ 2 Two-Layer Compression Systems.

For toe boot – 3M™ Coban™ 2 Two-Layer Compression System

	3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case
	2092		2 in (5 cm) Kit: Comfort Layer 1 and Compression Layer 2	2 in x 1.3 yd (5 cm x 1.2 m) 2 in x 2.9 yd (5 cm x 2.7 m)	Full	2 rolls	8 boxes

For individual toe wrapping – 3M™ Coban™ 2 Lite Two-Layer Compression System

	3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case
	20721		1 in (2.5 cm) Individual Roll: Lite Compression Layer	1 in x 3.8 yd (2.5 cm x 3.5 m)	Lite	36	4 boxes



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This is provided as a basic overview only. Please refer to the Instructions for Use for detailed instructions and full safety information. Note: Specific indications, contraindications, warnings, precautions and safety information exist for these products and therapies. Please consult a clinician and product instructions for use prior to application. This material is intended for healthcare professionals.