



Evidence based insights to improve your clinical practice in the treatment of venous leg ulcers.

Target audience:

All healthcare professionals involved in managing venous leg ulcers (MD, DPM, NP, WOCN, CWS, PT, RN)

Contact hours: 1.0

Beyond the Edge: Skin Care Considerations for Lower Extremity Venous Disease

Presented by Debra Thayer, MS, RN, CWOCA

This presentation will provide clinicians with an understanding of common skin care disorders associated with lower extremity venous disease. Best practice strategies to recognize and manage these changes in order to promote healing and prevent complications will be reviewed.

- Understand the impact of edema on skin integrity.
- Appreciate the importance of effective compression in managing edema and contributing to skin integrity.
- Describe the common skin integrity problems associated with lower extremity venous disease.
- Describe three steps to maintaining or improving skin integrity.

Edema: What you Should Know, What Should you do?

Presented by Terry Treadwell, MD, FACS

This basic course on Edema presented by Dr. Treadwell covers these topics on edema:

- Explains edema, its causes and, why it is important to recognize it.
- Venous insufficiency, complications of venous hypertension and ulceration of the lower extremities.
- Learn what to look for when examining the swollen lower extremity and how to classify edema severity.
- Learn how compression therapy works as well as edema treatment options.

Compression from the Inside Out, Not the Outside In

Presented by Terry Treadwell, MD,
FACS

Dr. Treadwell discusses the role of compression in managing the physiological and biochemical conditions associated with venous leg ulcers and presents new evidence about the effects of compression materials.

- Explain the pathophysiology of venous insufficiency and the role of lymphatics in managing tissue fluids.
- Discuss the role of compression in managing physiological and biochemical conditions associated with venous leg ulcers.
- Compare and contrast pressures from the inside out.
- Review the evidence and new findings about the effects of compression materials.
- Discuss compression considerations for at-risk patients.

Demystifying Compression

Presented by Terry Treadwell, MD,
FACS

Dr. Treadwell provides answers to challenging questions about the use of compression therapy.

- Apply contemporary evidence-based treatment strategies for venous leg ulcers based on individual patient needs.
- Understand considerations for using compression therapy for patients with challenging conditions such as cellulitis, venous dermatitis, CHF and low ABIs.

Accessible on line: 3M Learning Connection www.3m.com/LearningConnection or as part of an education session hosted by your 3M representative.



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