

**3M™ Tegaderm™ High Performance  
Foam Adhesive Dressing**



# Application and Removal Pocket Guide

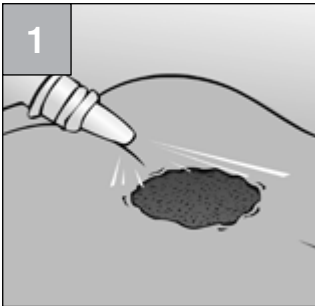
**3M**

## Prior to Application:

Follow Universal Precautions and facility guidelines for infection control.

Wash or sanitize hands, set up a clean field with supplies, apply gloves.

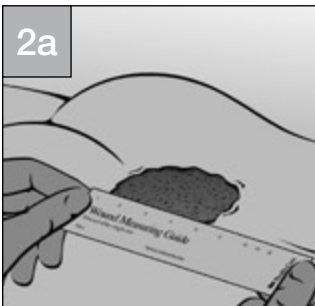
## Cleanse the Wound



Cleanse wound and periwound skin according to your institution's protocol.

Dry the area around the wound with dry gauze.

## Assess the Wound



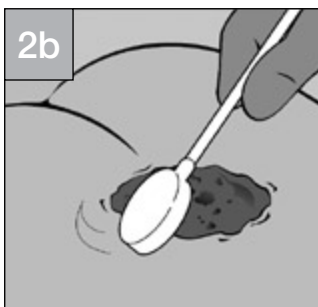
Observe the wound for signs of infection. If infection occurs, see a health care professional. Tegaderm™ foam dressing may be used on infected wounds only under the care of a health care professional.

Remove soiled gloves and wash or sanitize hands. Apply clean gloves.

## Supplies You May Need:

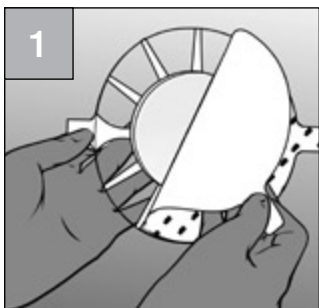
- Gloves
- Saline or irrigation solution
- Gauze pads
- Clean towels or underpads to protect patient and surfaces
- 3M™ Tegaderm™ High Performance Foam Adhesive Dressing—select a dressing size to allow for 2.5 cm (1 inch) of foam to extend beyond the wound edge
- 3M™ Cavilon™ No Sting Barrier Film
  - Mask
  - Eyewear
  - Protective gown

**Note:** Do not use the dressing in combination with oxidizing agents such as hydrogen peroxide or hypochlorite solution. These solutions may affect the structure and performance of the polyurethane foam.

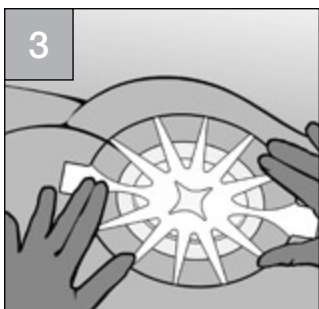


**Note:** If periwound skin is fragile or exposure to wound exudate is likely, apply a barrier film, such as Cavilon No Sting Barrier Film. Let dry.

## Dressing Application

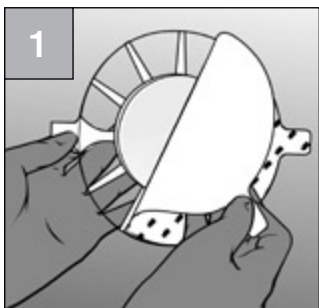


Hold the dressing by one of the side tabs and remove the printed liner to expose the adhesive border.

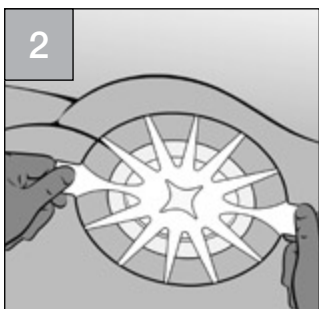


Gently press the adhesive film border to the skin. Note: Avoid stretching the dressing or the skin during application.

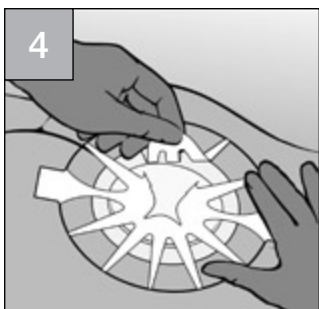
## Heel/Contour Surface Application (Catalog



Hold the dressing by one of the side tabs and remove the printed liner, exposing the adhesive border.



While holding the tabs, position the dressing over the wound and apply.



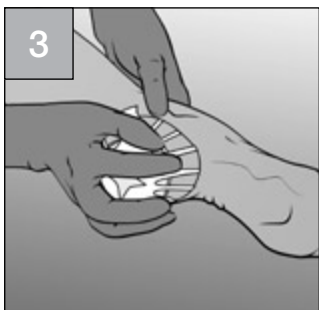
Beginning at the center of the dressing, grasp one section of the paper carrier and pull toward the outer edge of the dressing while gently pressing down the film border. Repeat this for each of the remaining carrier sections until all paper carrier is removed.

## g No. 90619 Heel/Elbow)



While stabilizing the leg or surrounding skin with one hand, position the dressing over the wound.

[continued on next page](#)

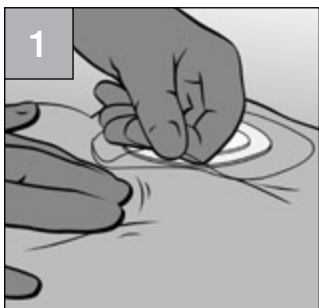


With one hand, press or “cup” the dressing onto the skin.



Beginning at the center of the dressing, grasp one section of the paper carrier and pull toward the outer edge of the dressing. Repeat this for each of the remaining carrier sections until all paper carrier is removed.

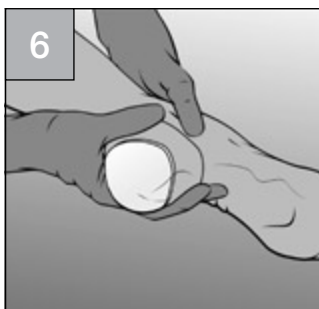
## Removal Technique



Gently lift the adhesive film border while pressing down on the skin.



Continue to press and conform the dressing and adhesive border onto the skin.



Firmly press and conform the adhesive border to the skin.



If there is difficulty lifting the film border, apply tape to the edge of the dressing and use the tape to lift.

## Custom Application Using Mini Wrap



Hold the dressing by the side tab and remove the printed liner, exposing the adhesive border.



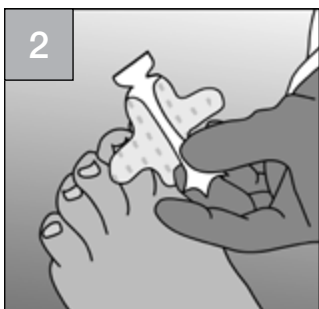
Gently press the adhesive border tabs to the skin, overlapping the tabs to conform to contours. Avoid stretching the adhesive tabs or skin during application.

## Removal Technique — Mini Wrap



Gently lift the adhesive film border while pressing down on the skin.





Grasp the paper tab on the top of the dressing and position the dressing over the wound.



Remove the paper tab.

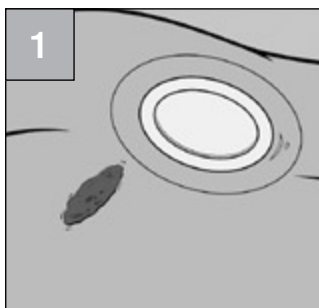


Firmly press and conform the adhesive border to the skin.



If there is difficulty lifting the film border, apply tape to the edge of the dressing and use the tape to lift.

## Specialty Applications — Overlapping Dressings



Select dressings to adequately cover wounds. Apply the first dressing per steps 1–4 in Dressing Application.

## Ordering Information: 3M™ Tegaderm™ Hig

Product code	NHRC/NDC number	Overall dressing size
<b>90610</b> square	8333-9061-00	3½ in. x 3½ in. 8,8 cm x 8,8 cm
<b>90611</b> small oval	8333-9061-10	4 in. x 4½ in. 10 cm x 11 cm
<b>90612</b> square	8333-9061-20	5½ in. x 5½ in. 14,3 cm x 14,3 cm
<b>90613</b> medium oval	8333-9061-30	5½ in. x 6½ in. 14,3 cm x 15,6 cm
<b>90614</b> mini oval	8333-9061-40	2¾ in. x 3 in. 6,9 cm x 7,6 cm
<b>90616</b> large oval	8333-9061-60	7½ in. x 8¾ in. 19 cm x 22,2 cm
<b>90619</b> heel/elbow design	8333-9061-90	5½ in. x 5½ in. 13,97 cm x 13,97 cm
<b>90615*</b> mini wrap	8333-9061-50	2¾ in. x 2¾ in. 6,9 cm x 6,9 cm

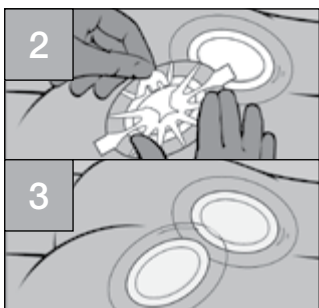
\*The mini wrap dressing is constructed of a conformable, absorbent, polyurethane foam pad with a highly breathable, non-waterproof, film backing reinforced with soft cloth tape.

\*\* HCPCS codes as referenced in the Local Coverage Determination Surgical Dressing Policy.

### Disclaimer:

HCPCS codes have been provided to assist you in the preparation of Medicare Part B claims. Please note, however, that the reimbursement information provided by 3M Health Care and its representatives is intended to provide general information relevant to coverage and coding for 3M products. Insurers' reimbursement policies can vary and the use of the codes discussed here does not guarantee that an insurer will cover or pay at any particular level. Health care providers should exercise independent clinical judgment in choosing the codes which most accurately describe the products provided.

# Dressings



Overlap second dressing as needed to cover remaining wounds.

This method will avoid cutting.

## High Performance Foam Adhesive Dressing

Absorbent pad size	Dressings/Box	Boxes/Case	HCPCS code**
2 in. x 2 in. 5 cm x 5 cm	10	4	A6212
2½ in. x 3 in. 6 cm x 7,6 cm	10	4	A6212
4 in. x 4 in. 10 cm x 10 cm	10	4	A6212
4 in. x 4½ in. 10 cm x 11 cm	5	6	A6212
1¼ in. x 1½ in. 3,1 cm x 3,8 cm	10	4	A6212
5½ in. x 6¾ in. 14 cm x 17,1 cm	5	3	A6213
3 in. x 3 in. 7,62 cm x 7,62 cm	5	4	A6212
1 in. round 2,5 cm x 2,5 cm	10	4	A6212

To learn more about Tegaderm™ High Performance Foam Adhesive products, visit us at [www.3M.com/TegFoam-App](http://www.3M.com/TegFoam-App). For more information about the Skin & Wound Care family of products, visit us at [www.3M.com/Tegaderm](http://www.3M.com/Tegaderm), contact your 3M Skin & Wound Care representative or call the 3M Health Care Customer Helpline at **1-800-228-3957**. Outside of the United States, contact the local 3M subsidiary.



# Considerations

- Observe the dressing frequently. As the dressing absorbs, exudate will wick to the top of the dressing and discoloration may be noticeable. When the exudate spreads to the edges of the dressing or the dressing begins to leak, a dressing change is indicated.
- 3M™ Tegaderm™ High Performance Foam Adhesive Dressing may be used as an absorbent cover dressing over wound fillers such as alginates or gauze packing.
- Dressing change frequency will depend on the type of wound, volume of exudate and clinical situation. Change at least every seven days or as indicated per treatment protocol.
- You may cut the dressing as needed to fit the size of the wound or accommodate wound contours. Seal the cut edge with 3M™ Tegaderm™ Transparent Dressing to provide waterproof barrier.

**3M™ Tegaderm™**  
Dressings

SIMPLE. DEPENDABLE. TRUSTED.



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