

## 3M™ Tegaderm™ High Performance Foam Adhesive Dressing Frequently Asked Questions

### Q: How does Tegaderm™ High Performance Foam Adhesive Dressings reduce the potential for maceration?

A: The technology of Tegaderm™ High Performance Foam Adhesive Dressings is such that management of moisture levels is ideal for low- to high-draining wounds. In high moisture wound environments there is rapid vertical wicking of wound exudate into the soft, absorbent foam layer and through to the second layer of the dressing. The second layer of the dressing, the high-capacity absorbent layer, absorbs and retains moisture away from the wound minimising backward moisture migration. Distribution of exudate across the moisture-control layer facilitates evaporation of moisture from the wound through the highly breathable adhesive-film backing

### Q: How does the dressing prevent desiccation in low draining wounds?

A: In a low-exudating wound when the dressing's moisture-control layer is not wet or moist, the adhesive-film backing layer limits the evaporation of moisture out of the dressing, thereby helping to maintain a moist wound-healing environment.

### Q: When should I change the dressing?

A: The dressing may be worn up to 7 days when clinically appropriate. Observe the dressing frequently. As the dressing absorbs, exudate will wick towards the top layers of the dressing, and discolouration may be noticeable. The dressing will continue to provide total fluid management even when exudate has reached the edge of the foam pad. The dressing should be changed at least every 7 days or if it is leaking, lifting, or there is wound fluid under the adhesive border.

### Q: Can Tegaderm™ High Performance Foam Adhesive Dressings be used with other products?

A: Yes. Tegaderm™ High Performance Foam Adhesive Dressings may be used as a primary dressing or a secondary dressing with appropriate primary dressings such as 3M™ Tegaderm™ Ag Mesh Dressing with Silver\* or 3M™ Tegaderm High Integrity Alginate Dressings. Use 3M™ Cavilon™ No Sting Barrier Film to protect the periwound skin from wound exudate or adhesives.

### Q: Do Tegaderm™ High Performance Foam Adhesive Dressings provide barrier protection against contamination, bacteria, and viruses?

A: Yes. Tegaderm™ High Performance Foam Adhesive Dressings are constructed with a top layer of transparent film which when secured to the skin, provide a moisture vapour permeable barrier that prevents wound exudate strike-through and acts as a barrier to outside contamination, including bacteria and viruses.\*\*

### Q: Can Tegaderm™ High Performance Foam Adhesive Dressings be worn in the shower?

A: Yes. The dressings provide a waterproof seal that allows for showering.

### Q: Can the Tegaderm™ High Performance Foam Adhesive dressings be used over infected wounds?

A: Yes. Tegaderm™ High Performance Foam Adhesive Dressings may be used on infected wounds under the care of a health care professional. See package insert for additional information.

### Q: How is 3M™ Tegaderm™ Foam Adhesive Dressing with Soft Cloth Border, Catalogue number 90615, different from Tegaderm™ High Performance Foam Adhesive Dressings?

A: This dressing is different from Tegaderm™ High Performance Foam Adhesive Dressings in that the border adhesive tabs are **not waterproof**. The border adhesive tabs are perforated Tegaderm™ film reinforced with soft cloth tape to allow high exchange of both moisture and oxygen. The border adhesive was designed to minimise the potential for maceration. The foam pad in the dressing does have a breathable film backing to maintain a moist wound environment, prevent exudate strikethrough and will act as a barrier to outside contamination through the foam pad.

\* Only available in New Zealand

\*\* *In vitro* testing shows that the transparent film of Tegaderm™ Dressings provides a viral barrier from viruses 27 nm in diameter or larger while the dressing remains intact without leakage. 3M Data available on file.



3M Critical & Chronic Care  
Solutions Division

3M Australia Pty Limited  
Building A  
1 Rivett Road  
North Ryde NSW 2113  
1300 363 878

3M New Zealand Limited  
94 Apollo Drive  
Rosedale  
Auckland 0632  
0800 80 81 82

3M, Tegaderm and Cavilon are trademarks of 3M.  
© 2014