

Flight helmet LH350



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WARNING

Thank you for placing your trust in **MSA** products.
Please read these instructions carefully before using your helmet.

Failure to observe these instructions could reduce the amount of protection your helmet provides.

Your helmet will only provide maximum protection if all of the **MSA** components are used with it. Furthermore, **any change made to your helmet or failure to use one of the original helmet components will imply improper use of the equipment, and will discharge MSA of any liability.**

In an ongoing effort to improve its products, **MSA** hereby reserves the right to alter them at no notice.

To guarantee sufficient protection, the helmet must be adapted and adjusted to the wearer's head size.

Your helmet is designed such that the pressure built up when it is knocked is absorbed by the partial destruction or damage to the outer and inner cap; even if such damage is not immediately apparent, we recommend replacing any helmet which has taken a considerable impact.

The user's attention is also drawn to the dangers of modifying or removing any of the original components of the helmet, apart from any modification or removal recommended by the helmet manufacturer. Under no circumstances should helmets be adapted for attachment of accessories by any means not recommended by the helmet manufacturer.

Do not apply any paint, solvents, adhesives or self-adhesive labels, other than those recommended by the helmet manufacturer's instructions.

Checks should be made following any apparent impact, carried out by our maintenance department or a specialist.

The **MSA** LH 350 flying helmet is designed only for helicopter pilots and crew members. It ensures a maximum comfort and protection.

Available in three sizes to fit head measuring between 52 cm to 64 cm. It incorporates two visors; and could receive a wide range of communication systems and Night Vision Goggles supports, available to order. Please contact us for details.

Each helmet is individually serial numbered to ensure correct identification of the helmet and a correct record of the service life history of the helmet.

LH 350 FLIGHT HELMET

DESCRIPTION OF HELMET

The LH350 helmet **shell** is made of:

- A one-piece shell in high performance composite fibers. The shell covers a large head protection zone.
- An expanded polystyrene inner padding for impact absorption. It is covered with a velvet lining for the user's comfort.
- Custom fit pads are used to fit the helmet to the user's head form.

The outside coating is flame retardant.

The inner lining is made up of two comfort spacers : the T shaped spacer and the neck spacer each of these spacer can be personalized with different foam in 3 thickness (4mm, 8mm and 12mm) which make it possible to obtain a perfect fit for the user's head form.

The lining elements are made up of different thickness foam inserts covered in a 'patented' wicking material to draw moisture away from the users skin in hot and humid climates and ensure the user's comfort.

These two comfort spacers are attached inside the shell by Velcro strips. Adaptation to the user's head form is made by choosing the foam thickness inside each spacer.

Two protective visors manufactured are fitted to the LH350:

- Both visors are mounted on the outside of the helmet shell and fully protected by the hard cover
- Both visors can be adjusted to suit the users requirements.

The acoustic protection system is made up of:

- Two injection molded thermoplastic earcups, with a recess to accommodate the communication earphones.
- Two earseals for comfort ergonomically shaped.
- Specific acoustic foam.

These earcups ensure correct acoustic protection and are fixed inside the shell by Velcro spacers.

The chinstrap is made of a synthetic fire-proof fiber strap with a clipping buckle. A leather chinstrap covers the strap to ensure user's comfort at the chin.

A helmet protective bag.

Serial Number, Helmet Log Card and Modification Record.

Every MSA flight helmet is supplied with a helmet log card recording the manufacturing and model details of the helmet, in addition to recording modifications and Level 3 repairs to the helmet.

Each helmet is individually serial numbered to ensure correct identification of the helmet and a correct record of the service life history of the helmet.

GUARANTEE

All of our models, accessories, and spare parts are meticulously inspected before leaving the factory.

MSA helmets and their options are guaranteed for one year from the date of purchase.

Guarantee provides for parts and labor repair or replacement of the helmet and components arising from any mechanical or electrical failure or defect which may occur during normal operating conditions as described in the helmet Instruction Manual supplied with each helmet

PREAMBLE

Important: for any repair install the helmet at least on the helmet protecting bag

Necessary tools:

- 20, 15 and 10 TORX key



- 7 mm and 5mm combination wrench



- 2 mm hexagonal screw driver



- Flat blade screwdriver and electronic Flat blade screwdriver



- Philips screwdriver



- Threadlocking low strength (LOCTITE 222 or equivalent)

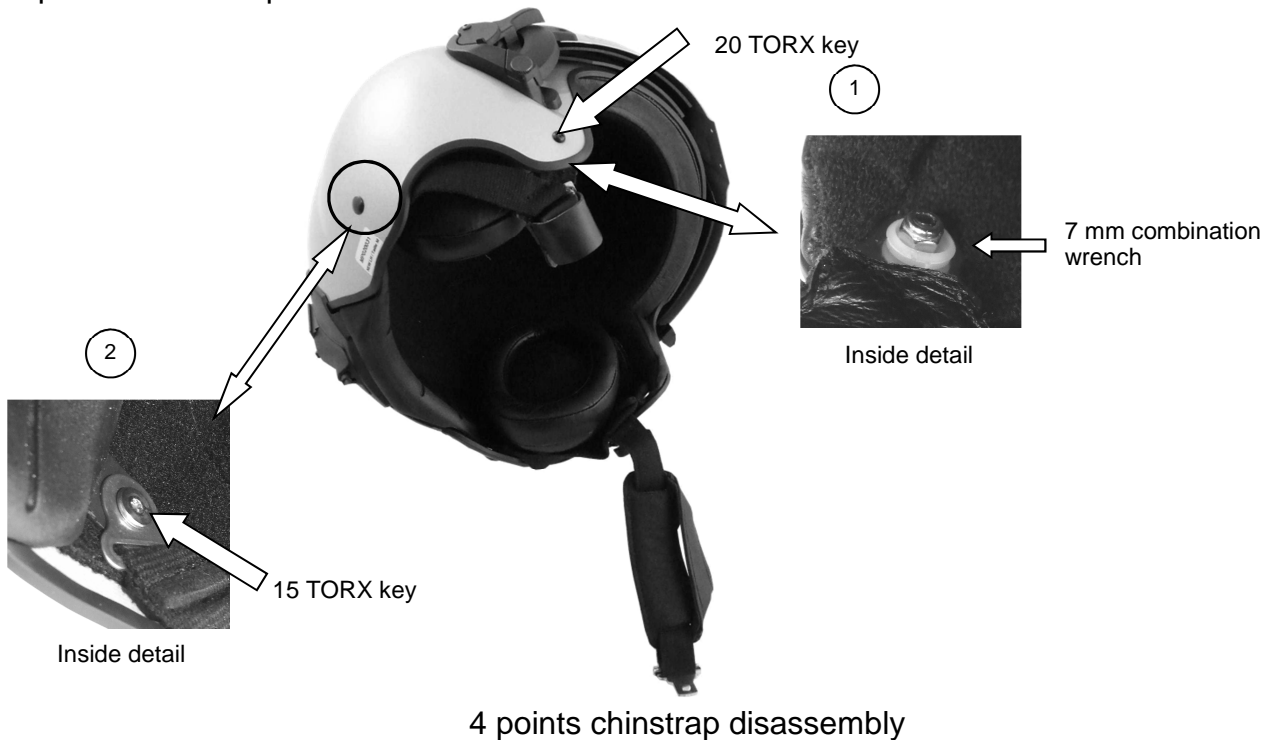
1. Chinstrap:

Tools: 20 and 15 TORX keys, 7 mm combination wrench and flat blade screwdriver.

Dismantling duration: 1 minute.

Mounting duration: 2 minutes.

Open the chinstrap.



Left and right chinstrap dismantle:

- ① front fixation points: unscrew the outer screw with the 20 key TORX while maintaining inner helmet nut with 7 mm combination wrench (remove the nut cap with the screw driver before),
- ② rear fixation points: unscrew the inner helmet screw with the 15 TORX key.

Proceed in the reverse order to reassemble.

Warning: Apply Threadlocking low strength on the inner TORX screw back fixation point before mounting.



When removing the chin-cup; check that the buckle is correctly positioned, the opened side of the buckle towards the outside of the helmet.

2. Clothing:

Tools: none.

Dismantling duration: 20 seconds.

Mounting duration: 45 seconds.

LH 350 helmet includes 2 comfort parts and spacers:

- 1 adjustable, comfortable T-shaped spacer with 4 mm, 8mm and 12mm thick foam,



- Comfort neck spacer with 4 mm, 8mm and 12mm thick foams,

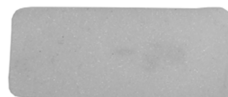


- Self-gripping spacers for ear cup adjustment.

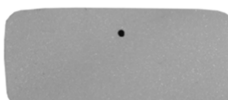


Those elements are fixed inside the helmet by self gripping tapes.

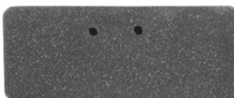
When changing the foam in the T shaped spacer and in the comfort neck spacer, insure that the chosen foams are well positioned. Check the presence of the trapezoid insert with the comfort neck spacer.



4mm thickness foam (no hole)

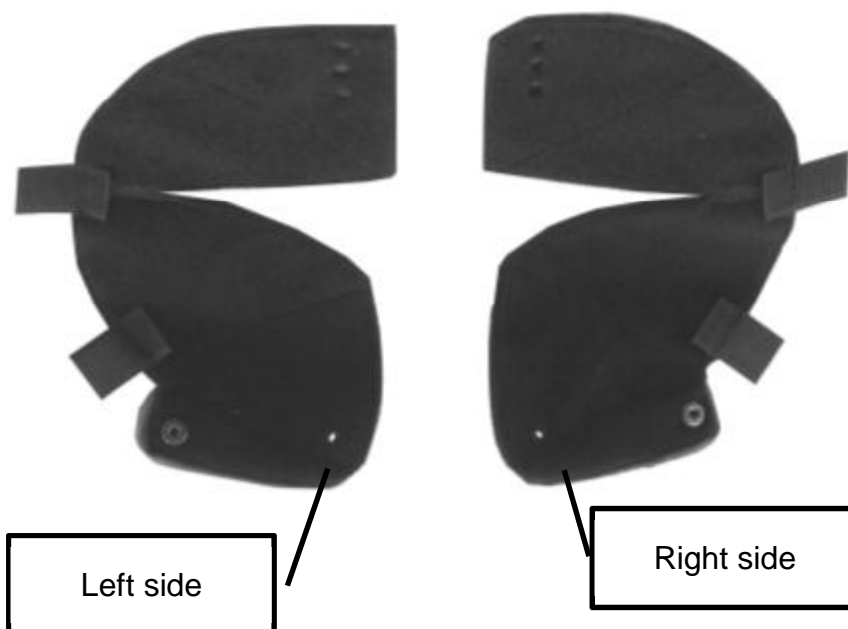


8mm thickness foam (1 hole)

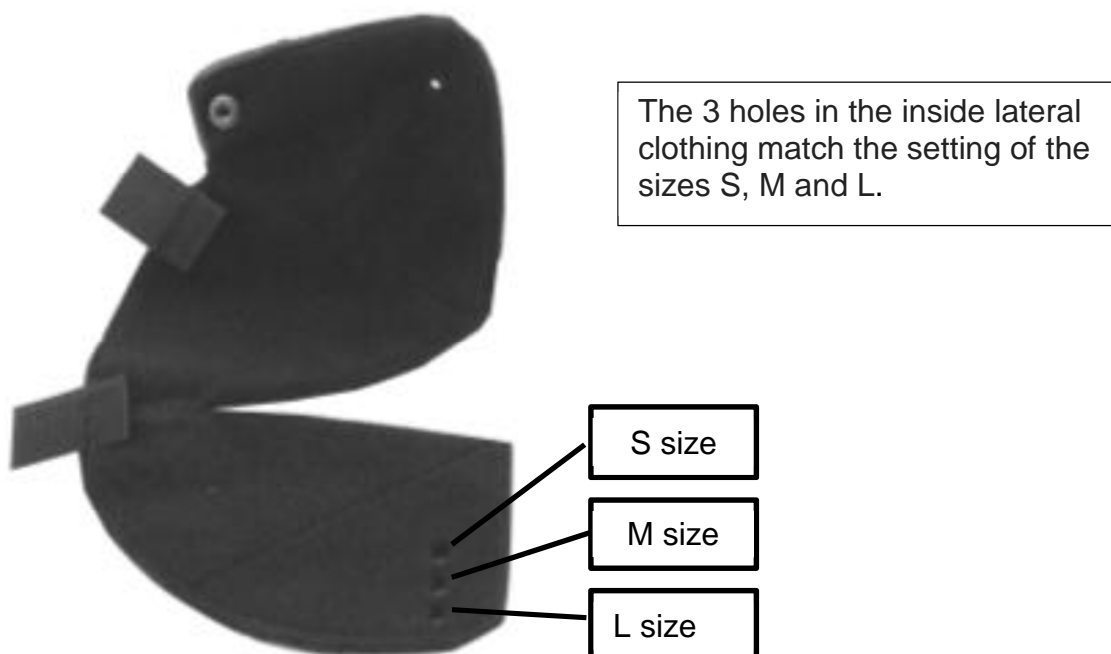


12mm thickness foam (2 holes)

3. Side clothing :



To differentiate the left side of the right side, it is necessary that the two small self-gripping strips face the interior of the helmet and the open part is toward the outside of the helmet. The snap fastener should be towards the helmet shell and not inward.



4. Outer visor:

Tools: none.

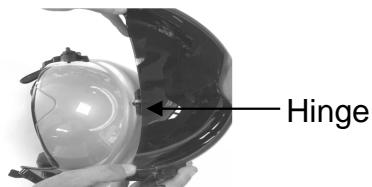
Dismantling duration: 2 minutes.

Mounting duration: 2 minutes.

Unscrew the 2 captive screws on the right and left sides.



Raised the hard cover by rotating back side the hinge.



Remove the outer visor by sliding outside the hard cover

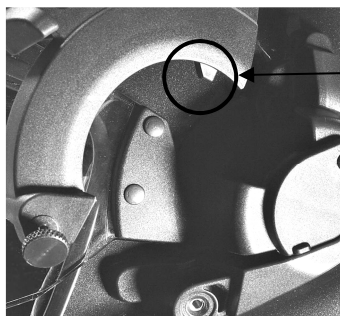


Proceed in the reverse order to reassemble.

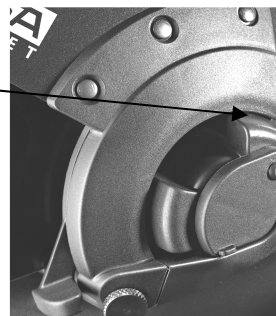
Warning

When replacing the hard cover, ensure that the lug is securely in place beneath the base. See below.

Screw up the captive screws on the right and left sides.



Opened position



Closed position

5. Inner visor:

Tools: none.

Dismantling duration: 2 minutes.

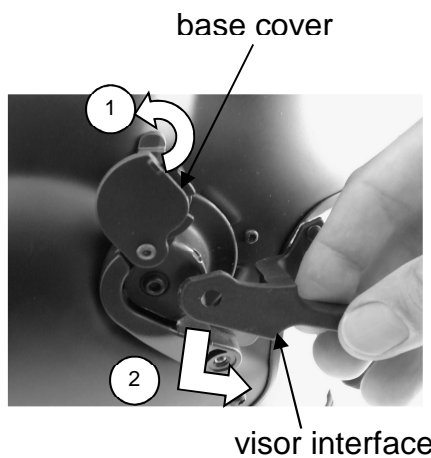
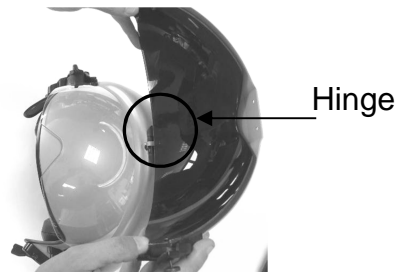
Mounting duration: 2 minutes.

Lower the inner visor

Unscrew the 2 captive screws on the right and left sides.



Raised the hard cover by rotating back side the hinge



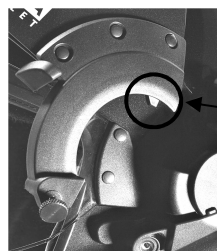
1- Open the left and right base covers by rotating upwards (do not unscrew anything).

2- Disengage the visor interfaces from their axis of rotation.

Proceed in the reverse order to reassemble.

Warning

When replacing the hard cover, in closed position, ensure that the lug is securely in place beneath the base.



Opened position



Closed position

Screw up the captive screws on the right and left sides.

6. NVG hard cover :

Tools: 2 mm ALLEN screw driver.
Dismantling duration: 2 minutes.
Mounting duration: 3 minutes.

Unscrew the 2 captive screws on the right and left sides.



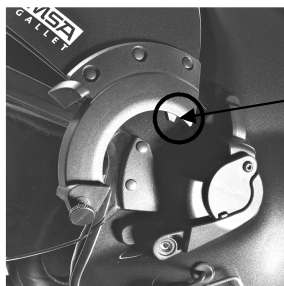
Unscrew the 2 ALLEN screws on the hinge.



Proceed in the reverse order to reassemble.

Warning

When replacing the hard cover, ensure that the lug is securely in place beneath the base. See below.



Opened position

Lug



Closed position

Screw up the captive screws on the right and left sides

7. The inner impact cap:

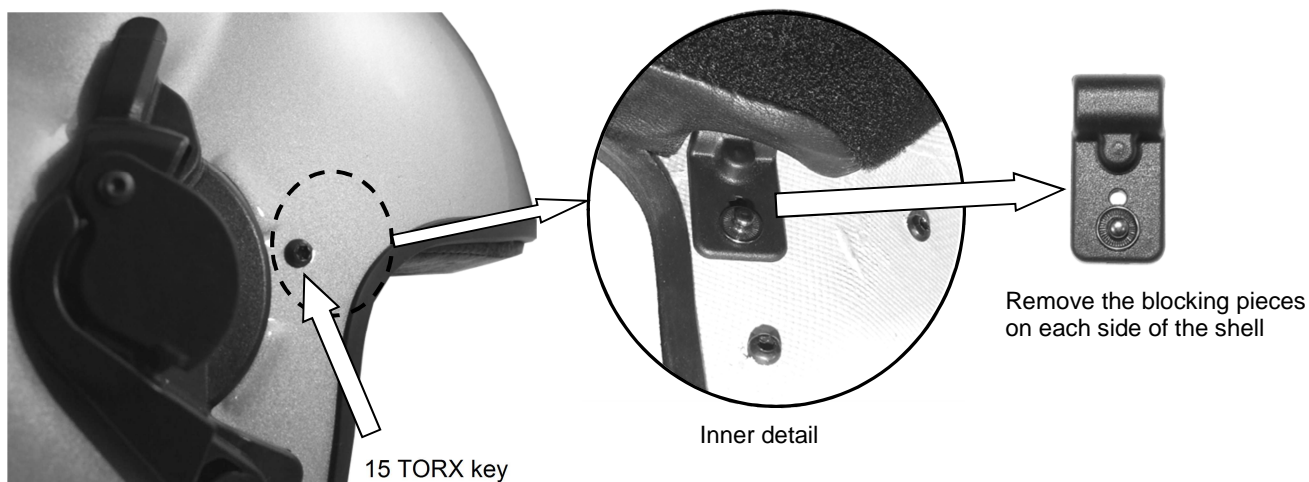
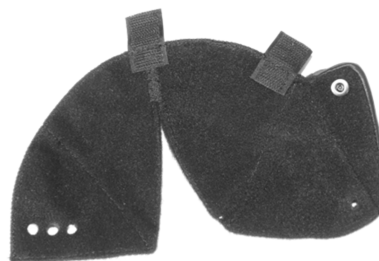
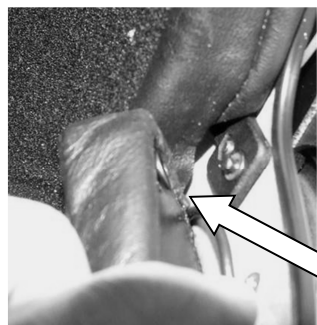
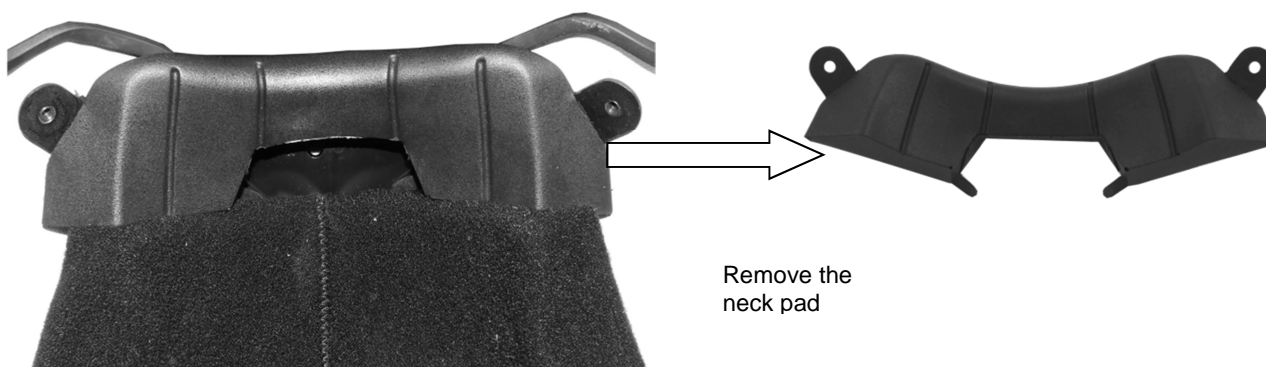
Tools: 15 TORX key

Dismantling duration: 5 minutes.

Mounting duration: 8 minutes.

To dismantle the inner cap:

- remove all the comfort parts (T spacer, neck spacer),
- remove the two ear cups,
- dismantle the chinstrap (see chap. 2),





Pull the rear side of the inner impact cap to release the inner cap of the shell



Then pull the front part of the inner cap

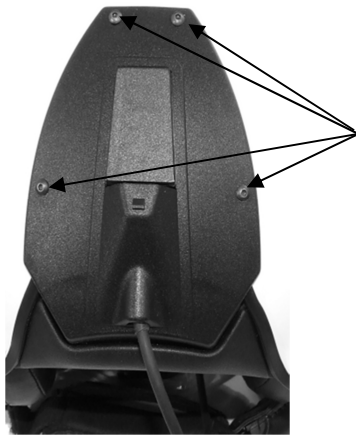


Proceed in the reverse order to reassemble.

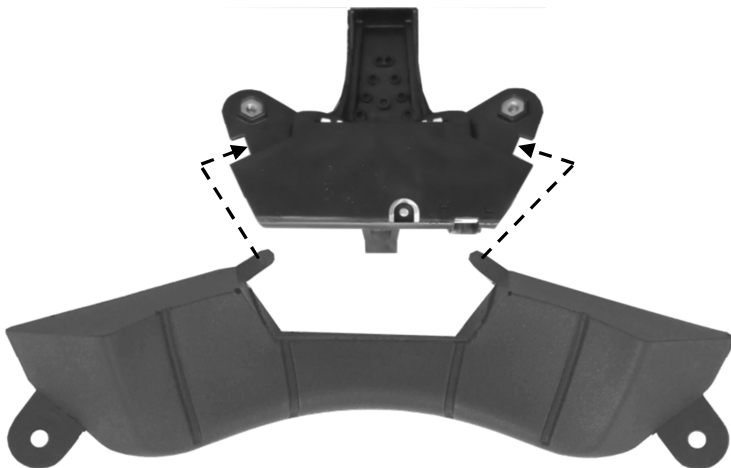
Warning for neck pad mounting see § 7.

8. Neck pad mounting:

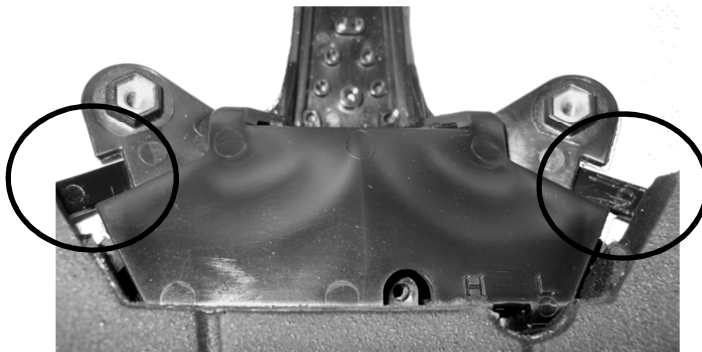
Tools: 2 mm ALEN screw driver,
Mounting duration: 1 minute.



Outside the shell, partly unscrew the 4 screws with 2 mm ALEN screw driver.



Inside the shell : insert the 2 clamps of the neck pad in the electronic card support seating.



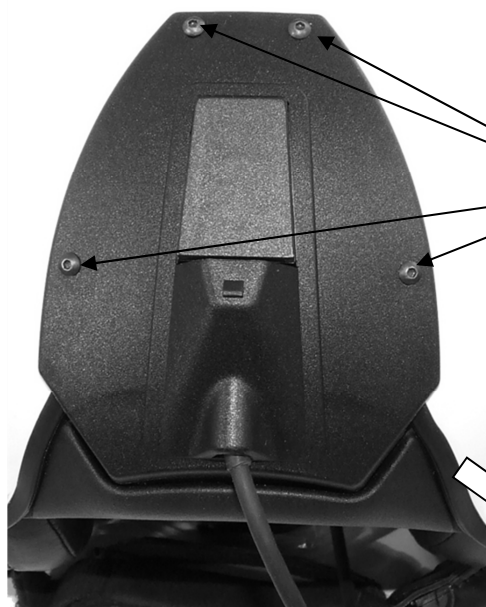
Outside the shell, screw the 4 screws with 2 mm ALEN screw driver.

9. Access to the electronic card:

Tools: 2 mm ALLEN screw driver, 15 TORX key

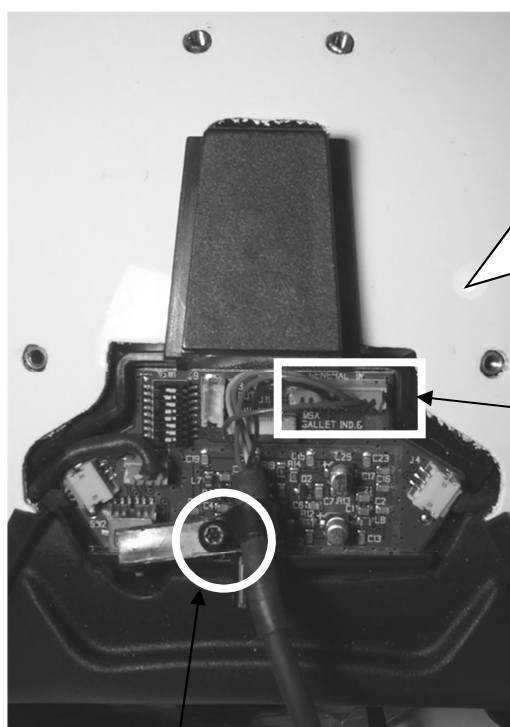
Dismantling duration: 3 minutes.

Mounting duration: 4 minutes.



Unscrew the 4 screws with 2 mm
ALLEN screw driver

Remove the cover to have access
to the electronic card



Unplug the cable plug
on the card.

Remove the cable for a complete access
to the electronic card.

Unscrew the cable maintain
screw with the 15 TORX key.

Proceed in the reverse order to reassemble.

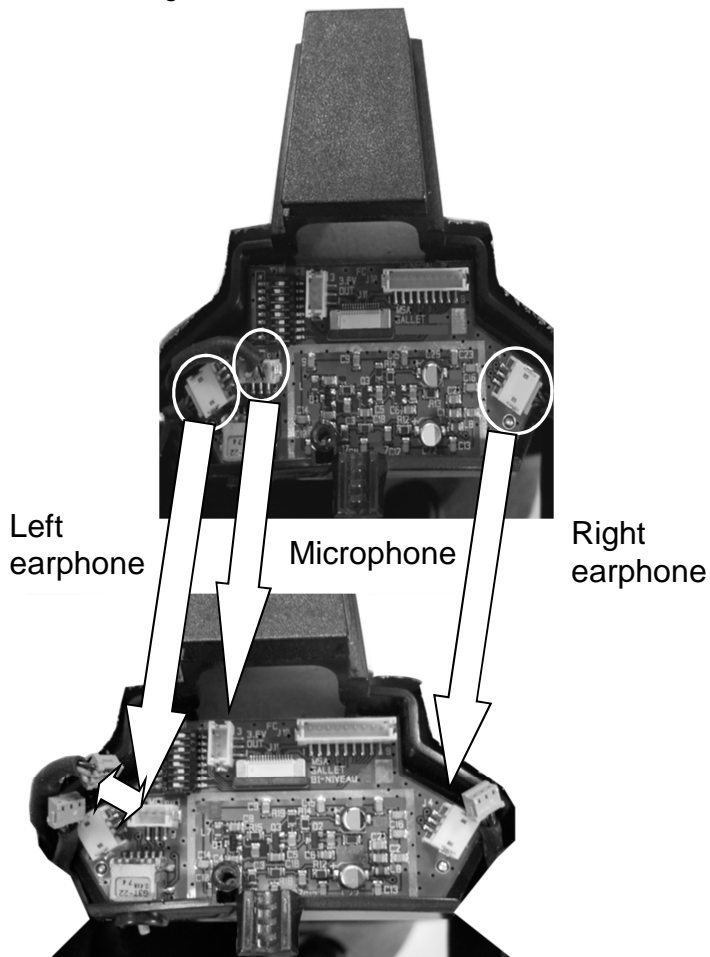
10. Electronic card

Tools: flat blade screwdriver

Dismantling duration: 1 minute.

Mounting duration: 2 minutes.

See § 8 for access to electronic card.

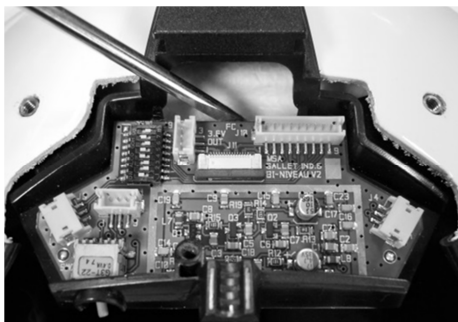


Unplug the 3 JST plugs

Left earphone

Right earphone

Microphone.



Pull out the card with the flat blade screwdriver screw driver as shown.

Proceed in the reverse order to reassemble.

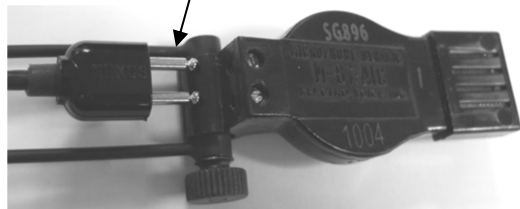
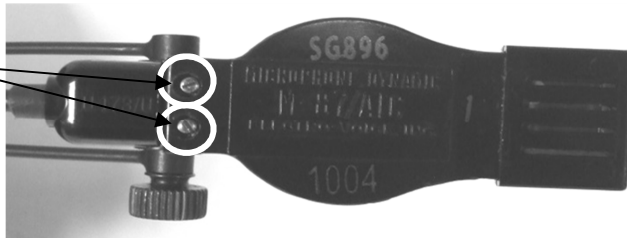
11. Microphone cell

Tools: electronic flat blade screwdriver

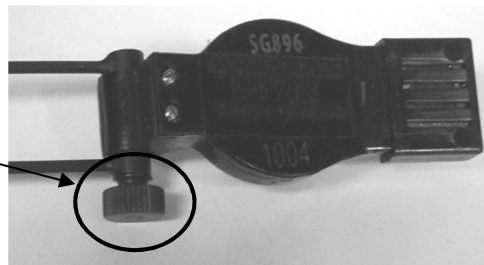
Dismantling duration: 1 minute.

Mounting duration: 1 minute.

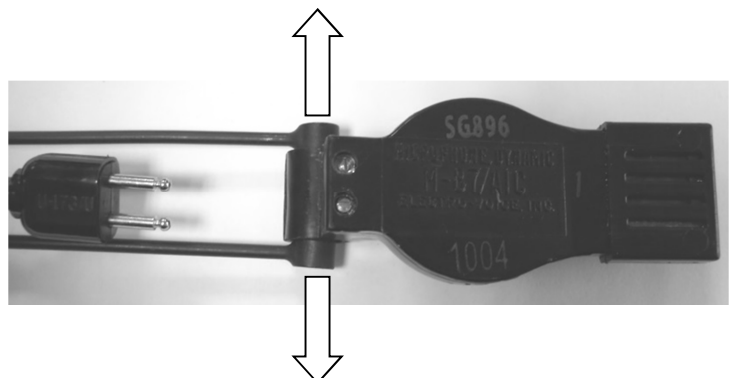
Partially unscrew the 2 screws
to allow to unplug the U173 plug



Fully unscrew the boom screw



Open the arms of the microphone boom
to release the cell



Proceed in the reverse order to reassemble.

12. Microphone boom

Tools: electronic flat blade screwdriver, philips screwdriver

Dismantling duration: 2 minutes.

Mounting duration: 2 minutes.

Repeat the § 10 operations dismantle the microphone cell.

To reach the microphone boom you need to open the microphone boom plate

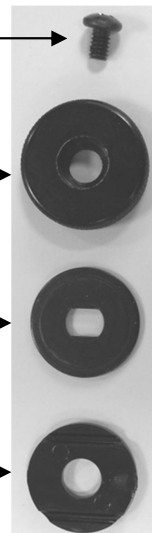


Unscrew the Phillips head screw

Unscrew the metal plate

Remove the metal washer

Remove the plastic washer



Then remove the microphone boom



Proceed in the reverse order to reassemble.

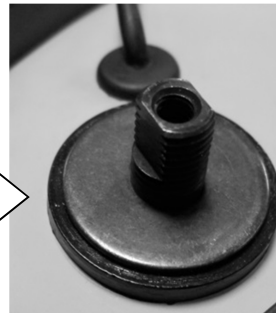
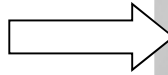
13. Microphone boom plate

Tools: cross point screwdriver
Dismantling duration: 1 minute.
Mounting duration: 1 minute.

Repeat the § 11 operations dismantle the microphone boom.



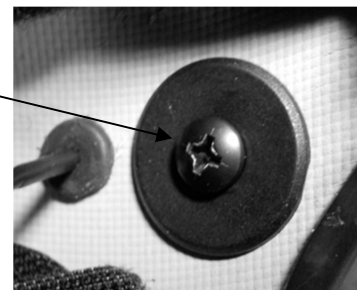
Remove all the washers until this step



Then go inside the shell and remove the left ear cup from its place.

Unscrew the Phillips head screw

Remove the screw and the anti rotating washer.



Inside the shell



Outside the shell

Proceed in the reverse order to reassemble.

14. Microphone jumper nexus U173 plug / JST plug

Tools: electronic flat blade screwdriver

Dismantling duration: 2 minutes.

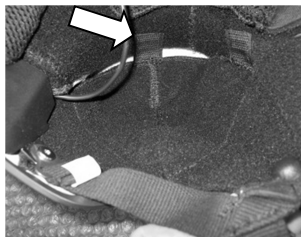
Mounting duration: 2 minutes.

Unplug the U173 plug from the microphone cell (see § 10).

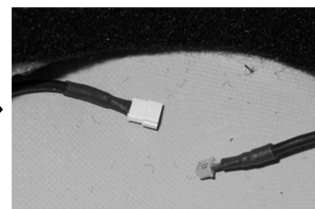
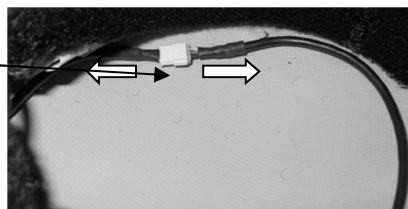
Remove the microphone cable grommet from the shell
(push from the inside of the shell)



Inside the shell remove the left earcup
Pull the interior fittings



Unplug the 2 JST plugs



From the outside of the helmet pull slowly the jumper.



Proceed in the reverse order to reassemble.

15. Microphone jumper JST plug / JST plug

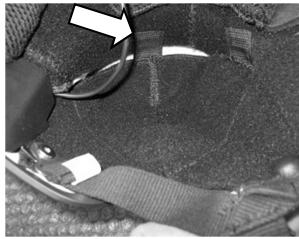
Tools: 2 mm ALLEN screw driver, 20 TORX key

Dismantling duration: 3 minutes.

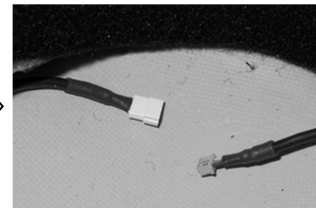
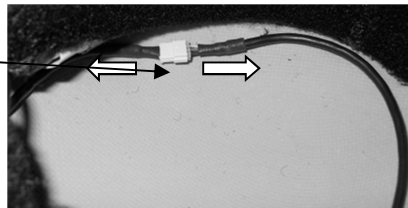
Mounting duration: 4 minutes.

Inside the shell remove the left earcup

Pull the interior fittings



Unplug the 2 JST plugs

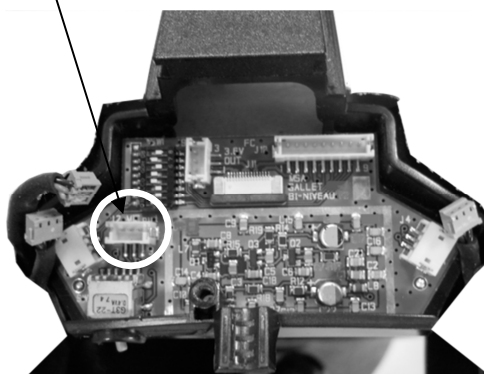


Remove the neck pad:

To remove the neck pad see how to dismantle the chinstrap rear fixation §2 and §8.

Remove the rear cover (outside the shell) to have access to electronic card, see §10.

On the electronic card unplug the microphone jumper.



From the inside of the helmet pull slowly the jumper.

Proceed in the reverse order to reassemble.

16. The earcups

Tools: 2 mm ALLEN screw driver, 20 TORX key

Dismantling duration: 3 minutes.

Mounting duration: 4 minutes.

Remove the neck pad:

To remove the neck pad see how to dismantle the chinstrap rear fixation §2 and §8.

Remove the rear cover (outside the shell) to have access to electronic card, see §10.

Unplug the right or left earphone plug.



From the inside of the helmet pull slowly the wire.



Proceed in the reverse order to reassemble.

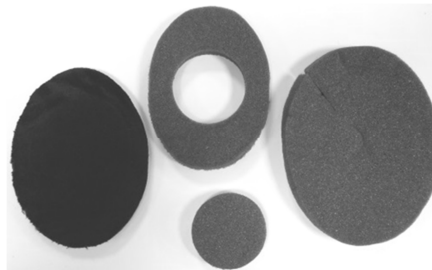
17. Earphones

Tools: 5 mm combination wrench.
Dismantling duration: 1 minute.
Mounting duration: 2 minutes.

Remove the earcup clothing.



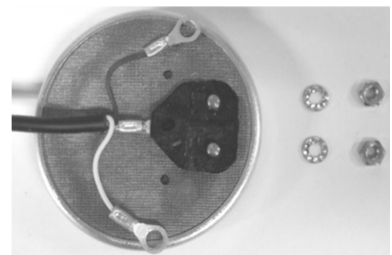
Remove all the inside foams.



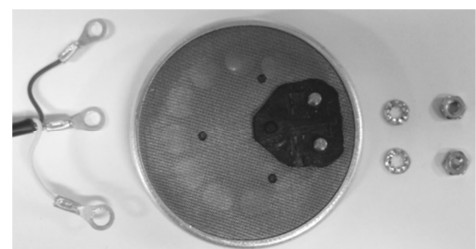
Push the grommet inside the earcup.
Remove the earphone with its wire
from the earcup.



Unscrew the 2 nuts and remove the 3 wires.



Proceed in the reverse order to reassemble.

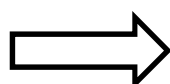


18. Earphones and hygiene parts of the ear cups

Tools: none

Dismantling duration: 1 minute.

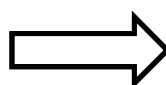
Mounting duration: 1 minute.



Detach the self-gripping behind the ear cup



Ear cushion



Ear cup + velvet +
acoustics foam

Remove ear cushion

Remove closing velvets and
the 2 acoustics foam pieces.

Ear cup



Proceed in the reverse order to reassemble.

INSPECTION, VERIFICATION AND MAINTENANCE REQUIREMENTS.

The MSA range of flight helmets is designed as a modular solution to meet the requirements of helicopters pilots and crew members. The helmet is designed to require minimal maintenance intervention and recommended servicing or repair is on an 'ON CONDITION BASIS'.

Accordingly, a full periodic service program is not recommended or required in support of the LH350 flight helmets.

Listed below is a recommended schedule of servicing which may be adopted by users of the LH350 flight helmet.

MSA do not recommend a program of servicing which involves complete disassembly of the helmet on a periodic basis.

The helmet is designed and engineered to enter and remain in operational service until such time as corrective maintenance is required for unserviceabilities of the helmet shell, visor system or communications package.

Inspection, Verification and Maintenance Matrix:

Basic Controls*	Before each flight
Cleanness and working of the visors	Yes
Attendance of the comfort pads	Yes
Chinstrap status working and fixation points	Yes
Functional check of communications	Yes
Hard cover fixation points	Yes
Fixation points of electronic box	Yes
Periodic Controls*	Every:
Tightening and working of: inner and outer visors, communication system, anti cable tear-out system	3 months
State of the visors and fixation system	3 months
State of the pads	3 months
State of comfort ear set	3 months
State of the chin strap and working of the locking system	3 months
State of the shell (single impact use)	3 months
Cleaning as specified in User Manual	2 months
Major Spare Parts Replacement* (Forecast Replacement Interval)	Every:
Inner visor	5 years
Outer visor	5 years
TSHAPED SPACER NECK PAD SPACER	2 years
Comfort ear seal	
Chinstrap	2 years
Inner cap	5 years
Shell	10 years

Note: Inspection criteria based on a standard 200 hours annual usage period.

MANDATORY INSPECTION & REPLACEMENT CRITERIA

This section details the mandatory actions and inspections required when a helmet suffers a confirmed impact incident OR when routine maintenance reveals damage consistent with an impact incident.

Mandatory actions and inspection requirements are detailed in the matrix listed below.

Mandatory Inspection & Replacement Criteria Matrix:

ACTION TO BE TAKEN	Condition
Mandatory Replacement Requirement –	Confirmed Impact:
<p>The helmet shell is designed for single impact use <u>ONLY</u>.</p> <ul style="list-style-type: none"> • The helmet shell and protective integrity is considered compromised following a confirmed impact; • The helmet shell is to be removed from service immediately following a confirmed impact and rendered unusable or destroyed. 	CONFIRMED IMPACT
Mandatory Inspection Requirement	Unconfirmed Impact:
<p>Where damage consistent with helmet impact is displayed. The helmet is to be inspected for the following;</p> <ul style="list-style-type: none"> • Indentation, cracking or deformation of the composite fibers shell and hard cover; • Damage to the composite shell construction including cut or frayed fibers; • Removal of outer protective coating resulting in the degradation of the gel coating exposure of composite fibers; • Dislodgement or deformation of the impact cap; • Damage to the visor adjustment and rotation mechanisms; • Damage to the chinstrap webbing, buckle assembly and fixation points; • Inspection to be recorded on helmet log card. <p>If damage consistent with an impact is confirmed - Mandatory Replacement is required.</p>	Mandatory Inspection if Impact Suspected

User & Operational Maintenance Responsibility

All helmet users and operational maintenance units are responsible for reporting known or suspected impact incidents and damage to helmet shells. Operational maintenance units are responsible for ensuring the required inspection criteria are met in assessing the continued serviceability of the helmet.

Failure to withdraw a damaged helmet shell from operational use will relieve MSA from any liability in the event of helmet failure.