

# Egg Walk

## Objective

- Children will improve balance and coordination.

## Materials Needed

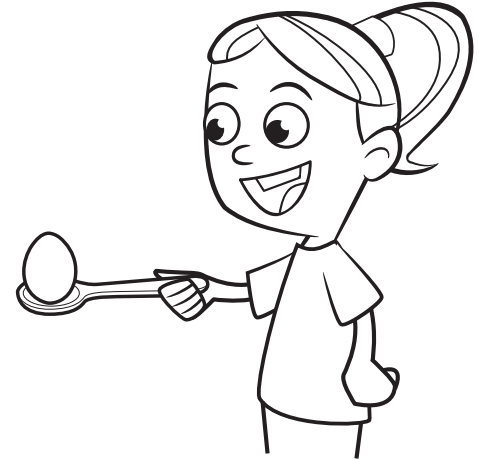
- Large wooden spoon
- Egg Shakers

## Getting Started

- Go to a large, open area.

## Activity

1. Place one egg shaker in a spoon, with the pointy part of the egg sticking up. Give the spoon to the child.
2. Encourage the child to walk from one side of the area to the other—all while holding the spoon and not dropping the egg shaker. If the egg shaker drops, have the child pick it up and return to the start to try again.
3. If playing with more than one child, allow the next child to go until everyone has had a turn.
4. Once children have mastered walking from one side of the area to another while balancing the egg shaker, change up the activity by having them walk in a zigzag or around different objects.



## Extended Learning

For more fun ways to develop gross motor skills while practicing math, try our [Let's Get Moving! Numbers & Counting Kit](#).