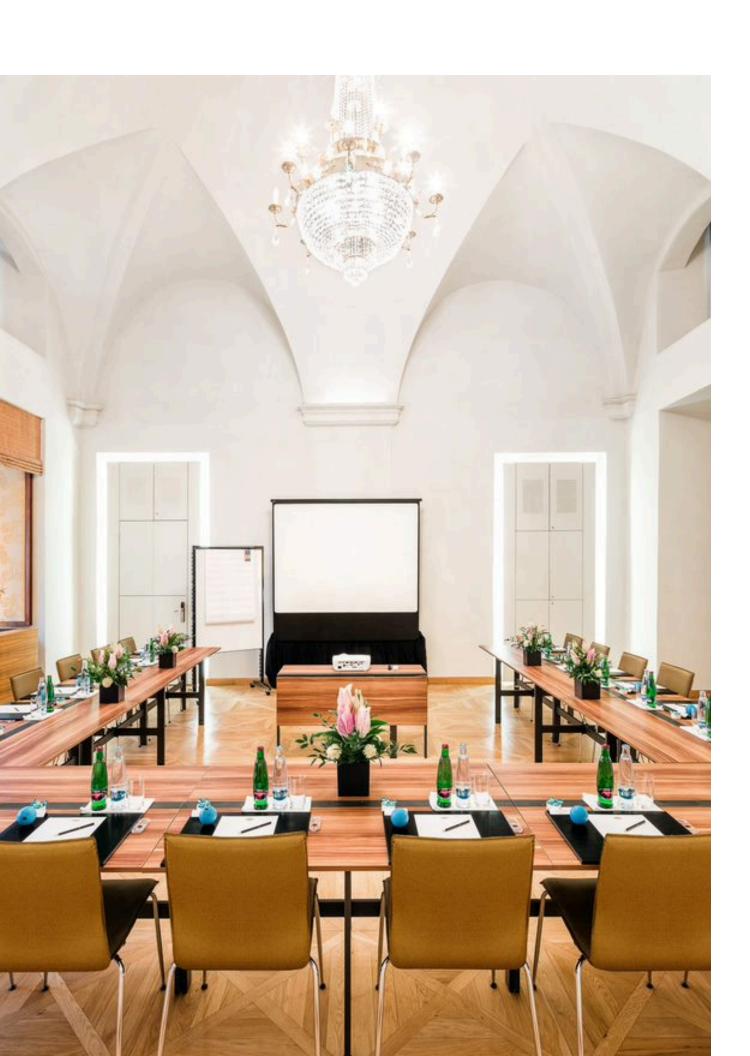


BE INNOVATIVE. BE INSPIRED. BE ENERGIZED.

Situated in a former monastery, we provide a stunning setting combined with years of experience for your meeting or event.

Experience our new, progressive approach designed to help you achieve better results. Mindful Meetings are crafted to inspire and engage your audience, incorporating wellness elements into every aspect of your event. This ensures that your participants feel inspired, engaged, and ready to focus, enabling you to achieve your objectives.



DAILY DELEGATE RATE (DDR)

Delight

Full day 3,350 CZK p.p. per day Half day 2,950 CZK p.p. per day

Mindful

Full day 3,600 CZ CZK p.p. per day Half day 3,000 CZK p.p. per day

Deluxe

Full day 4,000 CZK p.p. per day Half day 3,350 CZK p.p. per day

- Main meeting room rental
- LCD projector and screen for front projection, flip chart with markers
- Internet connection with Fans of M.O. login
- Morning and/or afternoon coffee break with assorted sweet and savories
- Buffet lunch or three-course set menu with sparkling and still water, coffee, and tea included
- Sparkling and still water in the main meeting room (Replenished during lunch)
- Writing blotter, pad and pencil for each delegate



MINDFUL

Full day 3,600 CZK p.p. per day (AM coffee break, Buffet or Set Lunch, PM coffee break) Half day 3,000 CZK p.p. per day (AM coffee break, Buffet or Set Lunch)

Created for your wellbeing in cooperation with the Spa at Mandarin Oriental, Prague



Morning Coffee Break

Coconut tapioca, mango

*

Bircher muesli

*

Baked granola, white yogurt

*

Smoked salmon mini tarts

*

Smoothie of the day

*

Selection of soft drinks & fresh juices

*

Still & sparkling water, flavored water

*

Selection of teas

Regular & decaffeinated coffee

Afternoon Coffee Break

Hummus, red radish gluten free toast

*

Vegetable, jalapeño ciabatta

*

Avocado wrap, lettuce, tomatoes, coriander

*

Sliced seasonal & exotic fruit plate

*

Chia, Thai basil, passion fruit, almond milk

*

Selection of fresh juices & soft drinks

Mineral water & flavored water

*

Selection of teas

regular & decaffeinated coffee

Mindful Buffet Selection

Pea soup, crème cheese

Beluga lentils salad

Vermicelli salad

Mixed leaf salad

Cherry tomatoes

Grilled sea bass & fennel sauce

Grilled chicken breast

Grilled aubergine, fresh herbs

Baked potatoes, spring onion

Steamed vegetables

Cashew & parsley couscous

Pineapple carpaccio, salty cinnamon caramel

Seasonal & exotic fruit salad

Lemon fruit tartlets



Mindful Menu

Rice paper rolls, green papaya, white radish, mint dressing

Pan-seared sweet potatoes, smoked tempeh, apples, coriander, pomegranate sauce

Sugar-free raw cake



All prices are inclusive of applicable government VAT % and subject to 10% service charge. Minimum 15 persons.



DELIGHT

Full day 3,350 CZK p.p. per day (AM coffee break, Buffet or Set Lunch, PM coffee break) Half day 2,950 CZK p.p. per day (AM coffee break, Buffet or Set Lunch)

Morning Coffee Break

Mini muffins

Selection of Danish pastries

Blueberries, banana, cinnamon, almond milk smoothie

Still & sparkling water

Selection of teas

Regular & decaffeinated coffee

Delight Buffet Selection

Roast beef, BBQ sauce, cherry tomato, arugula

Marinated herb salmon, burned lemon, dill

Waldorf salad

Grilled pike perch & fennel creamy sauce

Breaded chicken breast

Warm potato salad, apple vinaigrette

Steamed vegetables

Cashew couscous

Pineapple carpaccio, salty cinnamon caramel

Cheesecake

Lemon fruit tartlets

Afternoon Coffee Break

Roasted chicken breast, root vegetable, almond salad

Tuna, corn, red onion & whole wheat (brown bread) - sandwich

Mango - passion fruit smoothie

Plum crumble

Seasonal fresh fruit platter

Selection of fresh juices & soft drinks Mineral water & flavored water

Selection of teas Regular & decaffeinated coffee

DELIGHT MENUS

Bohemian Menu

Butternut squash, coconut milk & black cardamom

Grilled sea bass, potato-leek salad, green pea purée, fumet foam

Vanilla éclair, salty caramel, pineapple tartar, crispy pecan nuts

Light Menu

Spicy salmon tartar, avocado mayonnaise, rice crisp, nori

Cornfed chicken supreme, roasted garlic potato purée, oven-baked vegetable, apple jus

Coconut tapioca pearls, pomegranate-orange coulis, mint & coconut ice cream, pomegranate seeds

Veggie Fan Menu

Tomato Gazpacho, bell peppers, tomatoes, cucumber gel, crispy garlic, herb oil

Oven-baked cauliflower, leek-potato emulsion, green oil, cauliflower salad

Strawberry mille-feuille, strawberry sauce, marinated strawberries, strawberry chips



DELUXE

Full day 4,000 CZK p.p. per day (AM coffee break, Buffet or Set Lunch, PM coffee break) Half day 3,350 CZK p.p. per day (AM coffee break, Lunch)

Morning Coffee Break

Profiteroles

Egg and watercress sandwich

Apple-celery, cinnamon shots

Wild berry smoothie

Selection of soft drinks

Selection of fresh juices

Still & sparkling water Flavored water

Selection of teas Regular & decaffeinated coffee

Deluxe Buffet

Prawn panko & mango mayonnaise

Roasted duck breast, Vermicelli, grapes , herbs

Papaya salad, daikon, sisho

Tuna tataki, Wakame salad, sesame seeds, soya

Grilled cod, green curry

Stir-fried beef

Chicken Kung Pao

Stir-fried seasonal vegetables

Steamed jasmine rice, crispy onion

Cherry pastry

Seasonal sliced fruit platter

Fruit mousse

Afternoon Coffee Break

Tuna, egg, beans, tomato, lettuce salad

Roasted pumpkin, greens, pomegranate, Feta salad

Chicken tandoori sandwich

Hummus, coriander sandwich

Vanilla éclair, chocolate, salty caramel

Lemon tart

Plum, orange, thyme smoothie Strawberry, lemon, mint smoothie

Selection of soft drinks & fresh juices, mineral water

Regular & decaffeinated coffee

DELUXE MENUS

Ocean Fan Menu

Spicy salmon tartare, avocado mayonnaise, rice crisp, nori, caviar

Grilled sea bass, potato-leek salad, green pea purée, fumet foam

Strawberry millefeuille, strawberry sauce, marinated strawberries, strawberries chips

Meat Fan Menu

Foie Gras parfait, cherry jam, brioche, pistachio crumble

Roasted pork belly, celeriac purée, fennel red cabbage, apple gel, cumin jus, fennel chips

Choux, milk chocolate, chocolate chips, macadamia ice cream

Veggie Fan Menu

Beluga lentil salad, roasted shallots, tomatoes, red chard

Roasted pumpkin, nut crumble, spicy pumpkin purée, greens

Oven-baked cauliflower, leek-potato emulsion, green oil, cauliflower salad

Vanilla éclairs, salty caramel, pineapple tartare, pistachio



Continental Breakfast | 850 CZK

Freshly squeezed orange and grapefruit
*

Selection of freshly baked pastries, Danishes

Daily pastry cake

Exotic & seasonal fruit platter

Selection of breads, brown & white gluten-free bread

Selection of jams, marmalades & honey

Granolas, muesli, cornflakes & bran cereal

Natural & fruit yogurts

Fresh fruit compote

Selection of teas & special blends of coffee

English Breakfast | 1000 CZK

Freshly squeezed orange and grapefruit

*

Selection of freshly baked pastries, Danishes

Daily pastry cake

Chocolate muffins

Exotic & seasonal fruit plater

Selection of breads, brown & white gluten-free bread

Selection of jams, marmalades & honey

Natural & fruit yoghurts

Fresh fruit compote

Grilled sausages

Potatoes

Crispy bacon

Roasted tomatoes

Grilled field mushrooms

Creamed scrambled eggs

Selection of teas

Special blends of coffee

Mandarin Breakfast | 1,190 CZK

Freshly squeezed orange and grapefruit

Selection of freshly baked pastries, Danishes

Daily pastry cake

Chocolate muffin

Exotic & seasonal fruit plater

Selection of breads, brown & white gluten-free bread

Selection of jams, marmalades & honey

Granolas, muesli, cornflakes & bran cereal

Natural & fruit yogurts

Fresh fruit compote

Selection of dried fruits & nuts

Homemade marinated salmon with herbs lemongrass & ginger

Assorted breakfast cheeses

Grilled sausages

Potatoes

Crispy bacon

Roasted tomatoes

Grilled field mushrooms

Creamed scrambled eggs

Live cooking egg station (supplementary - 350 CZK - per person)



AM Coffee Break | 695 CZK

Profiteroles

*
Egg and watercress sandwich

*
Apple-celery, cinnamon shots

*
Wild berry smoothie

*
Selection of soft drinks

*
Selection of fresh juices

*
Still & sparkling water

*
Selection of teas

*
Regular & decaffeinated coffee

PM Coffee Break | 630 CZK

Tuna, egg, beans, tomato, lettuce salad Roasted pumpkin, greens, pomegranate, Feta salad Chicken tandoori sandwich Hummus, coriander sandwich Vanilla éclair, chocolate, salty caramel Lemon tart Plum, orange, thyme smoothie Strawberry, lemon, mint smoothie Selection of soft drinks & fresh juices, mineral water Regular & decaffeinated coffee

Quick Coffee Break | 455 CZK

Selection of Danish pastries

*

Beetroot, carrot, spinach, apple smoothie
Or
Strawberry & mint shots

*

Still & sparkling water

*

Selection of teas

*

Regular & decaffeinated coffee

AM Deluxe Coffee Break | 780 CZK

Chocolate cupcake Beetroot & elderflower shots Tofu, Vermicelli salad, Enoki Smoked salmon with cream cheese & dill sandwich Selection of dried fruits Almond milk & soya milk All bran, muesli, honey Selection of soft drinks & fresh juices Still & sparkling water, selection of teas

Selection of teas

Regular & decaffeinated coffee

PM Deluxe Coffee Break | 780 CZK

Roasted chicken breast, root vegetable, almond salad Zucchini - chilli salsa, bacon, shrimps, watercress Tuna, corn, red onion & whole wheat (brown bread) sandwich Mango - passion fruit smoothie Plum crumble Seasonal fresh fruit platter Selection of fresh juices & soft drinks Selection of teas Regular & decaffeinated coffee Mineral water

Deluxe Quick Coffee Break | 615 CZK

Mini muffins

*
Selection of Danish pastries

*
Blueberries, banana, cinnamon,
almond milk smoothie

*
Still & sparkling water

*
Selection of teas

*
Regular & decaffeinated coffee



Delight Buffet | 1,520 CZK

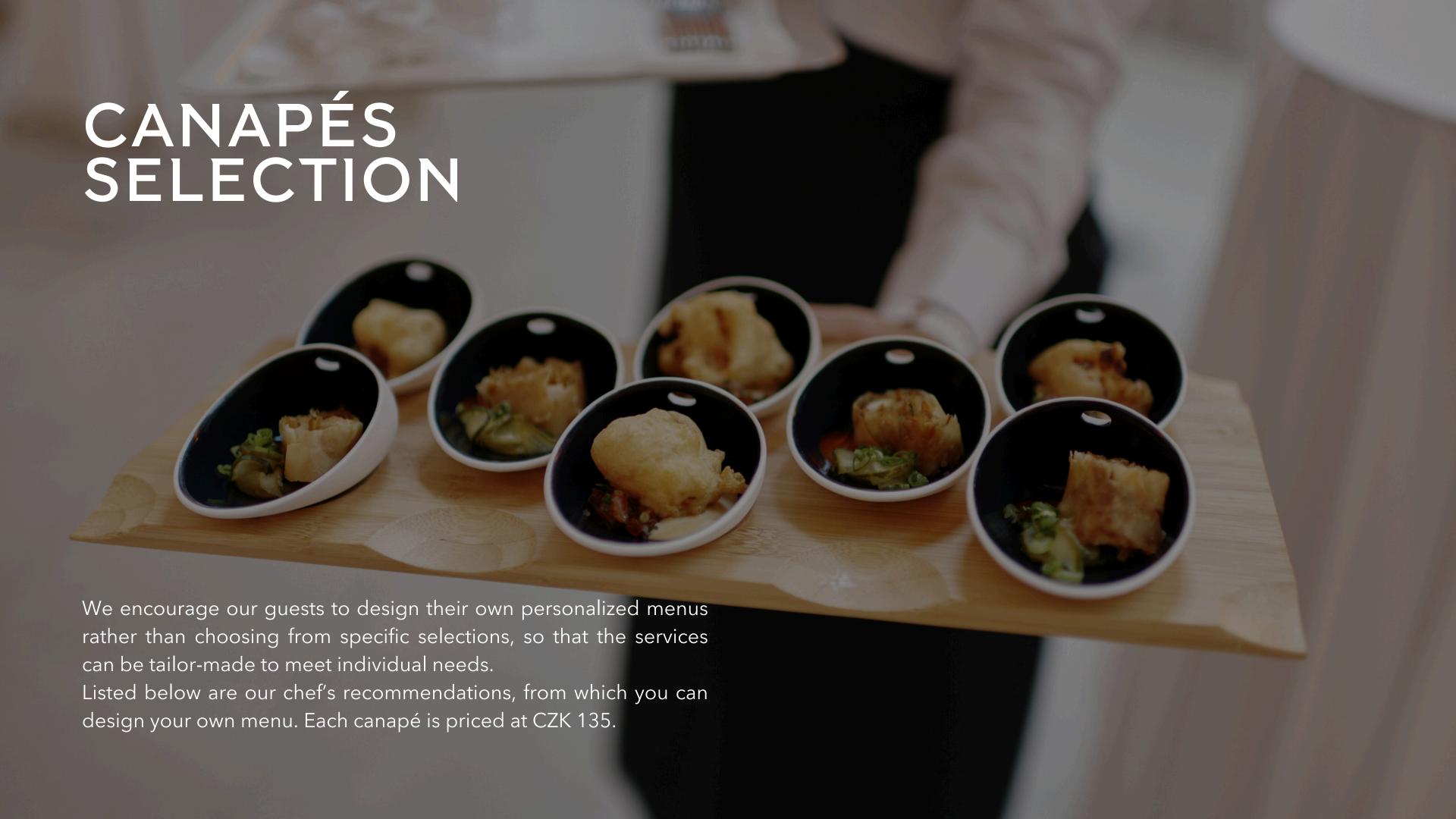
Mindful Buffet | 1,820 CZK

Deluxe Buffet | 2,020 CZK

Roast beef, BBQ sauce, cherry tomato, arugula Marinated herb salmon, burned lemon, dill Waldorf salad Grilled Pike perch & fennel creamy sauce Breaded chicken breast Warm potato salad, apple vinaigrette Steamed vegetables Cashew couscous Pineapple carpaccio, salty cinnamon caramel Cheesecake Lemon fruit tartlet

Greek salad, feta, olives Roasted turkey breast & lentil ragout, root vegetable, crispy onion, tomato, chive Mixed leaves, red radish, cherry tomatoes, cucumber Norma salad, pasta, tomato, aubergine, basil Chicken supreme, baked lemon, parsley pesto Grilled Cod fish, honey-lime glaze, tarragon Oven baked pumpkin, seeds, pumpkin oil Jasmine rice, sesame seeds Fruit salad, green cardamom sirup Fruit tartlets Apple strudel

Prawn panko & mango mayonnaise Roasted duck breast, Vermicelli, grapes, herbs Papaya salad, daikon, sisho Tuna tataki, Wakame salad, sesame seeds, soya Grilled cod & green curry Stir fried beef Chicken Kung Pao Stir fried seasonal vegetables Steamed jasmine rice, crispy onion Cherry pastry Seasonal sliced fruit platter Fruit mousse



Cold Canapés

Buffalo mozzarella, sun-dried tomato & pesto Tempeh, wakame, ponzu, pea sprouts Vietnamese rice paper roll & chilli soya dressing Tartlet, zucchini, red onion, basil Marinated salmon, orange gel, coriander, leek ash Sous-vide shrimp, pineapple salsa, avocado purée, chilli Salmon tartar, Sichuan pepper, crispy rice paper, lettuce Tuna tataki, oyster mushroom ragout, edamame beans, sisho Foie gras, raspberry - ginger gel, wonton chips Veal loin, roasted cauliflower purée, cauliflower couscous, red cabbage gel Roasted pork belly, pickled red cabbage salad, mustard mayonnaise Beef carpaccio, artichokes cucumber salsa, wasabi mayonnaise

Hot Canapés

Vegetable spring roll, sweet chilli sauce Panko cauliflower, cauliflower and chive couscous, V pickled cucumber mayonnaise Oven baked celeriac, chickpea hummus, V tomato chips Fried sweet potato, pickled red onion, honey V cinnamon mayonnaise, watercress Grilled salmon, cucumber carpaccio, dill caviar Slow-cooked chicken, mushroom ragout, herb powder, crispy potato cubes Beef tempura, oyster mushrooms, spring onion, chilli, soya Pan-fried duck breast, kumquat jam, ginger crispy shredd, greens Pan-fried fish - crab cake & mango mayonnaise Chicken breast satay, pickled vegetables & peanut sauce Fried chicken spring roll & sweet chilli dressing Lentil cake, mint yoghurt, coriander

Sweet Canapés

Panna Cotta, tonka beans, cherry coulis, mint Macaroons Passion fruit - meringue tartlet Pistachio ganache, cone, raspberries

Cannolo, chocolate - ginger, candied ginger

Salty caramel - honey tart, nuts, chocolate ganache

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COLD APPETIZERS

Tuna tataki, seaweed salad, shimeji mushrooms & teriyaki | 625 CZK

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Spicy salmon tartar, avocado mayonnaise, rice crisp, nori | 580 CZK

*

Beef tataki, wakame salad, garlic chips, soy dressing | 605 CZK

*

Beef tartar, caviar, red radish, capers, herbs & parsley emulsion | 650 CZK

*

Beluga lentils salad, roasted shallots, tomatoes, red chard | 540 CZK

*

Vietnamese rice paper roll, mango, papaya, herbs & lime-mint dressing | 510 CZK

Tomato gazpacho, bell peppers, cucumber gel, crispy garlic, herb oil | 495 CZK

Foie gras parfait, cherry jam, brioche, pistachio crumble | 630 CZK



HOT APPETIZERS

Grilled tuna, beans, tomato, olives, soft boiled egg, greens | 630 CZK

*

Grilled scallops, cauliflower textures, coriander oil | 630 CZK

*

Chicken satay, pickled spicy vegetable & peanut sauce | 580 CZK

*

Roasted Peking duck, spring roll, water chestnuts, cucumber & hoisin | 630 CZK

*

Risotto Milanese, Parmesan foam, arugula | 580 CZK

*

Shitake dumplings, carrot, pak choy, soy-sesame dressing | 595 CZK

Fish-crab cakes, red curry, lemon gel, daikon salad, coriander | 635 CZK

Roasted pumpkin, nut crumble, spicy pumpkin purée, greens | 510 CZK

SOUPS

Butternut squash, coconut milk & black cardamom | 375 CZK

* "Kulajda", potatoes, wild mushrooms, soft boiled egg & dill | 385 CZK

* Chicken consommé, root vegetables, noodles & liver dumplings | 375 CZK

* Bohemian potato soup, wild mushrooms & parsley | 375 CZK

* Goulash soup, potatoes, marjoram & pretzels | 395 CZK

* Tomato soup, tomato textures, ricotta & basil salsa | 375 CZK



MAIN DISHES

FISH & CRUSTACEAN

Pan-fried Cod, yellow curry, watercress, tempered potatoes, basmati rice | 800 CZK

Grilled sea bass, potato - leek salad, green pea purée, fumet foam | 805 CZK

Olive oil poached halibut, king oyster mushroom, aioli sauce, pak choi, endive salad | 925 CZK

Butter-lemongrass poached lobster, Thai green curry, mango - papaya slaw & steamed rice | 1,030 CZK

Grilled salmon, fennel salad, chimichurri sauce, orange slices | 795 CZK

POULTRY

Panfried chicken breast, mushroom ragout, leek, morels | 790 CZK

Roasted turkey breast, mirpoix, grapes, rosemary | 800 CZK

Grilled duck breast, edamame, oven roasted carrot, apricot | 795 CZK

Cornfed chicken supreme, roasted garlic potato purée, oven baked vegetable, apple jus | 805 CZK

Duck leg confit, red cabbage, potato dumplings, caraway jus | 795 CZK

MAIN DISHES

MEAT

Pan-fried beef fillet, butter gratinated potatoes, mushroom purée, brussel sprouts, herb jus | 1,035 CZK

Stir fried beef, peppers, bamboo, sprouts, scallions, egg noodles, sesame | 795 CZK

Roasted pork belly, celeriac purée, fennel red cabbage, apple gel, cumin jus, fennel chips | 795 CZK

Harissa lamb rack, chickpea purée, semi-dried tomatoes, pomegranate seeds, mint yoghurt | 1,030 CZK

Braised beef, Carlsbad dumplings, cranberry & cream sauce | 825 CZK

Grilled veal fillet, pumpkin – cinnamon purée, baked shallot, red chard, Tarragon jus | 1,035 CZK

VEGETARIAN

Spinach pasta, paneer cheese, baby spinach | 645 CZK

Crispy tofu nuggets, cabbage slaw, blue cheese cream, coriander | 685 CZK

Oven baked cauliflower, leek - potato emulsion, green oil, cauliflower salad | 665 CZK

Spinach dhal, butternut squash, parsley, Jasmine rice | 665 CZK



DESSERTS

Coconut tapioca pearls, pomegranate-orange coulis, mint & coconut ice cream, pomegranate seeds | 445 CZK

Potato, ravioli, plums, quark & crispy pecan nuts | 425 CZK

Cheesecake & raspberry textures | 445 CZK

Dark chocolate truffle tart, carrot, sea buckthorn-orange sorbet | 460 CZK

Choux, milk chocolate, chocolate chips, macadamia ice cream | 445 CZK

Vanilla éclair, salty caramel, pineapple tartar, pistachio | 455 CZK

Strawberry mille-feuille, strawberry sauce, marinated strawberries, strawberry chips | 470 CZK

Yeast bun, vanilla custard, mint, blueberries | 445 CZK

CONTACT US

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