

HEY MOM!

We are so excited that you have decided to complete this study with your daughter!

Lauren Chandler's study through the Book of Numbers is transformational, and we hope that it's impactful for both you and your daughter.

FOR THIS STUDY YOU WILL NEED:

- With Us in the Wilderness: Women's Bible Study Book for yourself
- With Us in the Wilderness: Teen Bible Study Book for your daughter(s)
- With Us in the Wilderness: Video Sessions (purchase or rent)

HOW TO UTILIZE YOUR MATERIALS TOGETHER:

WATCH

- Watch the weekly video with your daughter.
- Utilize the questions found in the Group Time section of the teen book. There will be several questions that you can ask your daughter to begin a dialogue about the personal study and the video. Close your time by working through the *Pause. Breathe. Pray.* section together.

A note about the video content: When studying together, you may watch either the women or teen version videos. Please note that while the women's version are completely appropriate for teen girls, there will occasionally be a reference to moms that would not be found in the teen girls' version of the videos.

STUDY

As you both work through your individual Bible study books, you will discover that the teen girls version will be shortened. This means you may learn about something that she didn't get to in hers, so we encourage you to share anything that stands out to you as you study the text.

CONNECT WITH HER

- Plan days to work on personal study together to keep each other accountable.
- Be open with your daughter throughout the week about things you learn or have questions about. Provide a safe place for her to do the same.
- Don't stress! Some weeks will be easier than others to accomplish the personal study days! Just keep pressing forward and making it a priority to meet together each week regardless of how much personal study work was actually done.

FAQ

Q: How old does my teen need to be for this study?

A: This study is recommended for girls ages 11 and up.

Q: Do I have to purchase the women's videos, or can I use the teen girls' videos to watch with my daughter?

A: You can watch either the women's or teen girls' videos with your daughter. It's up to you! The teen girls' videos have been slightly edited with the teen audience in mind.

Q: Are there other studies I can do with my teen after this study is over?

A: Yes! Many of our studies have both women's and girls' materials available. Check it out at lifeway.com/girls.