

*Biblical Illustrator Articles*  
for  
BIBLE STUDIES FOR LIFE  
(Date of first use: Winter 2020-2021)

Unit 1 – When Emotions Rise

Session 1 – Walking in Grief (Dec 6)  
- **Death and Sheol: A Hebrew Understanding**  
- Sheol: An Old Testament Understanding  
- Death in the Old Testament  
- Psalm 119: A Hymn to God’s Law

Session 2 – Shaking Off Fear (Dec 13)  
- **Armed for Battle: Personal Weaponry in David’s Day**  
- Under His Wings  
- “The Most High”  
- The Spirit World in the First Century  
- The Heavenly Host

Session 3 – Embracing Joy (Dec 20)  
- **Bethlehem: Its Significance Up to the Time of Jesus’ Birth**  
- God as “King”  
- Entering into God’s Rest  
- Censuses in Biblical Times  
- From Nazareth to Bethlehem  
- Nazareth in the First Century  
- Mary, All We Know

Session 4 – Redirecting Anger (Dec 27)  
- Ancient Shields  
- With Sackcloth and Ashes: Ancient Expressions of Grief  
- Yahweh, the Divine Warrior

Session 5 – Overcoming Worry (Jan 3)  
- Sheep, A Metaphor for God’s People  
- The Valley of the Shadow of Death  
- Shepherds: A Biblical Image of God and His Chosen Leaders

Session 6 – Weathering the Blues (Jan 10)  
- **Mighty Fortresses**  
- InSites: Psalms: Its Structure and Design  
- Refuge: The Meaning  
- God as “My Rock”  
- Idols and Idolatry in the Ancient Near East

Special Focus – Created for a Purpose (Jan. 17)  
- Jeremiah: His Life and Lessons  
- Jeremiah in its Historical Setting  
- Jeremiah and His Prophecy

Unit 2 – Spiritual Disciplines

Session 1 – The Benefit of Spiritual Disciplines (Jan. 24)  
- **In the Latter Days: A First-Century Understanding**  
- “Hope” in Paul’s Letters: A Word Study  
- Godliness: A First-Century Understanding  
- Genealogies, Myths, and Old Wives’ Tales  
- First-Century Gymnasiums and Exercise  
- “Falling Away” or “Erring From” the Faith

Session 2 – Knowing God (Jan. 31)  
- **A Sojourner in the Land**  
- Words for “The Word”  
- Psalm 119: A Hymn to God’s Law  
- The Word: A Description

Session 3 – Intimacy with God (Feb. 7)  
- “Our Father”—Jesus’ Prayer Practices & Instructions  
- The “World” as a New Testament Concept  
- Key Words in Jesus’ Intercessory Prayer

Session 4 – Maintaining Focus on God (Feb. 14)  
- **Darius, King of the Chaldeans**  
- Dreams: Fakes or Revealed Truth?  
- Just Who Was Belshazzar?

Session 5 – Connecting to Christ’s Body (Feb. 21)  
- **The Body: A New Testament Understanding**  
- Corinth and the Body of Christ  
- The Body as New Testament Imagery  
- The Body—An Analogy

Session 6 – Joining God’s Work (Feb. 28)  
- “I Am” in John  
- “I Am the Vine”—A Theological Perspective  
- Viticulture and Wine Production in the First Century

Titles in Red are current issue articles.