

Hey Parents!

We are so excited that you have decided to lead your teen son or daughter through this study! The theme of *Unbound* is exactly where many teenagers are today—they believe, but are still bound in the old ways of life. This study can assist you in having conversations with your kids that help them experience life and freedom in Jesus. You don't have to be a master teacher to lead your child through this study; just be willing to have discussions with your kids and turn to God's Word for the answers. He is truth and He will guide you in all truth! Here are some tools to help you as you walk through this journey together with your teen.

For This Study You Will Need:

Unbound study book for yourself

Unbound study book for your teen

Unbound video sessions (available at lifeway.com/unbound)

How To Utilize Your Materials Together:

NOTICE

There are tips on how to lead teens through this study on page 5 in the *Unbound* book. These tips are helpful for you as you lead but also for your teen as he or she participates in the study.

WATCH

Watch the weekly video with your teen.

Utilize the questions and activities found in the Group Discussion section of each session located in the *Unbound* book.

The Leader Guide beginning on page 84 will also be a helpful tool as you lead your teen each week.

A note about the video content: These videos are intended to speak directly to your teen and the station of life they are in currently. As you know, no two teens are alike. Steer your discussion to where your teen is in his or her walk with the Lord. Trust God and listen for His voice. He will give you discernment as you lead.

STUDY

Don't Forget to Pray

Work through your individual *Unbound* study books throughout the week. It will be unproductive to lead this study without doing the three days of personal study. Gently encourage your teen to stay on track. We realize their lives are busy and many teens are stretched too thin, but this study is best when students work through it one day at a time and are not cramming multiple days together just to get it done.

CONNECT

Plan time each day to work on personal study to keep each other accountable.

Be open with your teen throughout the week about things you learn or have questions about. Provide a safe place for him or her to do the same.

Don't stress! Make a plan and follow through. If you need to go at your own pace, that's fine. Just don't give up if the road gets rough. The destination is worth the journey!

FAQ

Q: *How old does my teen need to be for this study?*

A: This study is recommended for teens ages 13 and up, but as a parent use your own discernment.

Q: *Do I have to purchase the videos to watch with my teen?*

A: Yes, you can purchase the videos at lifeway.com/unbound.

Q: *Are there other studies I can do with my teen after this study is over?*

A: Yes! There are studies for both guys and girls and studies for all audiences. See our whole range of offerings at lifeway.com/students.