Character Profile





Identify the characteristics below as either a Strength (S) or Growth Area (GA). Next, rate the traits on a scale of -5 to +5 based on how evident they currently are in your life:





What are your thresholds? Write down three current fears and three doubts you have about where God might lead you on your hero's journey.





Give the following "conflicts" a rating on a scale from 1 to 10 for how much you relate to them (1 being "not at all" and 10 being "completely"). Circle the highest-rated conflict in each grouping.

> Ex. Doubt <u>S</u> Low Self-Esteem <u>></u> Loneliness <u>Y</u>

Internal Conflict(s):

Doubt ____

Low self-esteem _____ Fear _____

Loneliness _____

Relationships at church _____

Influence of Hollywood and

media _____

Unsupportive family _____

Peer pressure from friends _____

Peer pressure from classmates



Think back on your journey (not just with this book, but as a follower of Jesus). What have you gained along the way? How can these "elixirs" be used to bless others?

Wisdom: What was gained:	Skill: What was gained:
How it can bless others:	How it can bless others:
Purpose:	Accomplishment:
Purpose: What was gained:	Accomplishment: What was gained:
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