

# Hey Parents!

What an exciting time for your family! Your child has made the best decision of his or her life in becoming a follower of Jesus and now you get to help them start off their faith journey on the right foot. *Follower: Beginning Your Walk with Jesus* is designed to help new Christians learn about some of the basics that will guide them as they grow in their faith. This book can assist you in helping them learn and grow in their understanding and spiritual disciplines. You don't have to have mastered all of the topics covered in the book to lead your child through this study; just be open, honest, genuine, and consistent with them. Here are some tools to help you as you use this book.

## FOR THIS STUDY YOU WILL NEED:

- *Follower* book for yourself
- *Follower* book for your teen

## HOW TO UTILIZE YOUR MATERIALS TOGETHER:

### NOTICE

There are tips on how to lead teens through this study on page 5 in the *Follower* book. These tips are helpful for you as you lead but also for your teen as he or she works through the book.

### LEAD

Utilize the questions and activities found in each chapter of the *Follower* book.

The Group Guide beginning on page 102 will also be a helpful tool as you lead your teen each week.

There are no videos for this book, but there are four days of devotions at the end of each chapter. Encourage your teen to do these devotions and it would be most helpful if you did them as well.

### STUDY

***Don't Forget to Pray***

Work through your individual *Follower* books throughout the week. Gently encourage your teen to stay on track. We realize their lives are busy and many teens are stretched too thin, but this books is best when students work through it one day at a time and are not cramming multiple days together just to get it done.

## CONNECT

Plan time each day to work on personal study to keep each other accountable.

Be open with your teen throughout the week about things you learn or have questions about. Provide a safe place for him or her to do the same.

Don't stress! Make a plan and follow through. If you need to go at your own pace, that's fine. Just don't give up if the road gets rough. The destination is worth the journey!

For more resources visit [lifeway.com/follower](http://lifeway.com/follower)

## FAQ

**Q: *How old does my teen need to be for this study?***

**A:** This study is recommended for teens ages 13 and up, but as a parent use your own discernment.

**Q: *Do I have to purchase videos to watch with my teen?***

**A:** No, there are no videos for *Follower* that go along with the chapters of the book.

**Q: *Are there other studies I can do with my teen after this study is over?***

**A:** Yes! There are studies for both guys and girls and studies for all audiences. See our whole range of offerings at [lifeway.com/students](http://lifeway.com/students).