

EVERYDAY THEOLOGY

For Teens

WHAT YOU BELIEVE MATTERS

HEY MOM!

We are so excited that you have decided to complete this study with your teen.

Theology isn't just for moms—your teen needs it, too! And what better way to learn theology than to learn it together. *Everyday Theology* will allow you both to wrestle with the hard questions and grow closer together as you go deeper in your walk with God. We hope this guide will serve as a tool to help you make the most of your time together.

YOU WILL NEED:

- *Everyday Theology: Women's Bible Study Book for yourself*
- *Everyday Theology: Teen Bible Study Book for your teen(s)*
- *Optional: Everyday Theology: Women's Video Sessions (additional purchase)*

HOW TO UTILIZE YOUR MATERIALS TOGETHER:

You'll notice the teen Bible study book is nine sessions compared to the eight sessions found in the women's book. This is because the first session of the teen book is an introduction to help get you started. You will still cover the same eight theological truths in both books.

Getting Started

We recommend beginning with Session 1 of the *Everyday Theology: Teen Bible Study Book*. Grab some paper or a notebook to help write down what questions you and your teen have about the topics that will be covered.

Personal Study

Once you finish Session 1, you will begin with the personal study covering the first theological truth—Scripture. (This is Session 2 of the teen Bible study book and Session 1 of the women's Bible study book).

As you both work through your individual Bible study books, you will discover that the teen version might be slightly different as we altered some language and content to be

appropriate for teens. However, there are very few differences in the studies and we encourage you to discuss what the Lord is teaching you individually.

Discuss

When you've completed each session's personal study, utilize the Group Time at the end of each session. Optional: To go deeper, you can purchase the *Everyday Theology* women's videos found at lifeway.com/everydaytheology.

CONNECT:

- Plan days to work on personal study together to keep each other accountable.
- Be open with your teen throughout the week about things you learn or have questions about. Provide a safe place for them to do the same.
- Don't stress! Some weeks will be easier than others to accomplish the personal study days. Just keep pressing forward and making it a priority to meet together each week regardless of how much personal study work was actually done.

FAQ

Q: Any other tips on how to lead this study with my teen?

A: You can use the *Leader Guide* found on pages 220-221 at the back of the teen Bible study book to help you make the most of your time together.

Q: How old does my teen need to be for this study?

A: This study is recommended for teens ages 11 and up.

Q: Are there teen videos available to watch?

A: There are no teen specific videos available for this study. It is optional to use the *Everyday Theology* women's videos with your teen, but we recommend watching them on your own. Those videos can be found at lifeway.com/everydaytheology.

Q: Are there other studies I can do with my teen after this study is over?

A: Yes! Check it out at lifeway.com/students.