

ENCOUNTERING GOD

*Cultivating Habits of Faith
Through the Spiritual Disciplines*

by Kelly Minter

In this 7-session Bible study, Kelly Minter unpacks the biblical foundation for these sacred habits along with approachable ways to practice disciplines like prayer, study, worship, rest, simplicity, generosity, celebration, and many more. These habits of faith will not only provide peace and rest as we follow Jesus closely, they will help us discover what it means to have a vibrant spiritual life and to know God intimately.

TO FIND OUT MORE ABOUT THIS STUDY, CHECK OUT LIFEWAY.COM/ENCOUNTERINGGOD

Here's an overview of the seven sessions:

- **Session 1:** Introduction
- **Session 2:** Study
- **Session 3:** Pray
- **Session 4:** Express
- **Session 5:** Quiet
- **Session 6:** Simplify
- **Session 7:** Engage

A NOTE TO PARENTS:

Date: _____ Time: _____ Location: _____

ENCOUNTERING GOD

*Cultivating Habits of Faith
Through the Spiritual Disciplines*

by Kelly Minter

In this 7-session Bible study, Kelly Minter unpacks the biblical foundation for these sacred habits along with approachable ways to practice disciplines like prayer, study, worship, rest, simplicity, generosity, celebration, and many more. These habits of faith will not only provide peace and rest as we follow Jesus closely, they will help us discover what it means to have a vibrant spiritual life and to know God intimately.

TO FIND OUT MORE ABOUT THIS STUDY, CHECK OUT LIFEWAY.COM/ENCOUNTERINGGOD

Here's an overview of the seven sessions:

- **Session 1:** Introduction
- **Session 2:** Study
- **Session 3:** Pray
- **Session 4:** Express
- **Session 5:** Quiet
- **Session 6:** Simplify
- **Session 7:** Engage

A NOTE TO PARENTS:

Date: _____ Time: _____ Location: _____