



HEY MOM!

We are so excited that you have decided to complete this study with your teen daughter! You are never too old or too young to learn about spiritual disciplines. We believe that doing this study together will only further you and your daughter's motivation and increase both of your desires to practice these disciplines.

For This Study You Will Need:

- Encountering God: Women's Bible Study Book for yourself
- Encountering God: Teen Girl Bible Study Book for your daughter(s)
- Encountering God: Video Sessions (purchase or rent)

How To Utilize Your Materials Together:

WATCH

- Watch the weekly video with your daughter.
- Utilize the questions found under the Discuss section of each week's Group Time located in the teen girl Bible study book.
- The Leader Guide on page 185 could also be a helpful tool for you as you lead your daughter each week.

A note about the video content: When studying together, you are welcome to watch the teen girls' or women's videos. The women's videos provide longer teachings from Kelly Minter, but the teen girl videos are edited down to provide more time for discussion and conversation with your daughter. Please note that in the women's version of the videos, there will occasionally be a reference to women and moms that would not be found in the teen girl version of the videos, but nothing you would need to review ahead of time.

STUDY

As you both work through your individual Bible study books, you will discover that the teen girls' version will be shortened. This means you may learn about something that she didn't get to in hers, so we encourage you to share anything that stands out to you as you study the text.

CONNECT WITH HER

- Plan days to work on personal study together to keep each other accountable.
- Be open with your daughter throughout the week about things you learn or have questions about. Provide a safe place for her to do the same.
- Don't stress! Some weeks will be easier than others to accomplish the personal study days. Just keep pressing forward and making it a priority to meet together each week regardless of how much personal study work was actually done.

FAQ

Q: How old does my teen need to be for this study?

A: This study is recommended for girls ages 11 and up.

Q: Do I have to purchase the women's videos, or can I use the teen girls' videos to watch with my daughter?

A: You can watch either the women's or teen girls' videos with your daughter. It's up to you! The teen girls' videos have been slightly edited with the teen audience in mind. Videos are available for purchase at lifeway.com/encounteringgod.

Q: Are there other studies I can do with my teen after this study is over?

A: Yes! Many of our studies have both women's and girls' materials available. Check it out at lifeway.com/girls.