

SEAN MCDOWELL

# CHASING LOVE

## HEY PARENTS!

We are so excited that you have decided to lead your teen through this book! I don't have to tell you how widespread sex is in our culture. It is vital that your child understands sex from God's perspective. This book is all about helping students know that although sex is a good gift from God, His design runs contrary to what the world teaches and practices. Helping your child know and practice God's good design for love, sex, gender, and relationships will free them from the hardships, heartbreaks, and heartaches that so many of their peers experience.

This topic is intimidating—I totally get it. But your willingness to tackle it with your child is a huge first step that honors the Lord and brings Him glory. You don't have to be a master teacher or an expert to lead your student through this book—just be willing to have discussions with her or him and turn to God's Word for the answers. He is truth, and He will guide you in all truth!

## FOR THIS STUDY YOU WILL NEED:

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- *Chasing Love* Bible study book for yourself
- *Chasing Love* Bible study book for your teen(s)
- *Chasing Love* video sessions (available through the Lifeway On Demand app or at [lifeway.com/chasinglove](http://lifeway.com/chasinglove) [see instructions on page 7])

## HOW TO UTILIZE YOUR MATERIALS TOGETHER:

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### NOTICE

You can find tips for how to use this study on page 6 of the *Chasing Love* Bible study book. These tips will be helpful not only for you as you lead but also for your teen as he or she participates in the study. This is a weekly Bible study that has nine sessions. It also has a three days of personal study that are very helpful. The Leader Guide beginning on page 110 will also be a helpful tool as you lead your teen each week.

### WATCH

Watch the nine weekly videos with your teen. These videos are intended to speak directly to your teen and the station of life she or he is currently in. As you know, no two teens are alike; steer your conversation to where your teen is in his or her walk with the Lord. Trust God and listen for His voice. He will give you discernment as you lead through the study.

## STUDY

*Don't forget to pray!*

Work through your *Chasing Love* book throughout the week. We encourage you to discuss what the Lord is teaching you personally. You'll be most productive in leading this study if you do all the days of study. Gently encourage your teen to stay on track, and push yourself to do the same. We realize your lives are busy and that many teens are stretched too thin, but this book will be most effective when students work through it one day at a time, rather than cramming multiple days together just to get it done.

## CONNECT

- **Plan time each day to work through the book and keep each other accountable.**
- **Be open with your teen throughout the week about things you learn or have questions about.** Provide a safe place for him or her to do the same.
- **Don't stress! Make a plan and follow through.** If you need to go at your own pace, that's fine. Just don't give up if the road gets rough. The destination is worth the journey!

## FAQ

**Q: How old does my teen need to be for this study?**

**A:** This study is recommended for teens ages 13 and up, but use your discernment. These topics are sensitive, but it's better for them to hear the truth from you than to believe the lies the world tells about sex.

**Q: Do I have to purchase the videos to watch with my teen?**

**A:** Yes. The videos can be found in the Lifeway On Demand App or at [lifeway.com/chasinglove](http://lifeway.com/chasinglove). Instructions for purchasing and viewing the videos can be found on page 7 of the book.

**Q: Are there other studies I can do with my teen after this study is over?**

**A:** Yes! Lifeway offers studies for all audiences. See our full range of offerings at [lifeway.com/students](http://lifeway.com/students).

**Q: What if my child asks a question to which I don't know the answer?**

**A:** Be open and honest—don't just make something up. Seek counsel from trusted sources like pastors and counselors. Also, Dr. McDowell has a wealth of resources on his YouTube channel, [youtube.com/@SeanMcDowell](http://youtube.com/@SeanMcDowell).