

BIBLE
journaling
W·O·R·K·B·O·O·K

We are SO glad
you are **HERE!**

We hope journaling in your Bible will open up a whole new way to spend time with the Lord. It's all about reading and studying the Word and letting it lead you to be creative in the way you memorize and record Scripture. Whether you are an experienced Bible journaler or a newbie, this workbook will walk you through the experience of journaling in your Bible.

TOOLS + tips

Helpful hint: Prime your paper with a clear **gesso** to ensure that the ink, watercolor, paint, or markers don't bleed through your page. Put gesso on in a thin layer and allow it to dry overnight before journaling on it for best results.

- Look for **pens** with archival ink and low bleed-through, then test them before use to make sure they don't bleed through the page.
- **Colored pencils** add color without having to worry about colors bleeding through to the next page.
- **Stencils** provide a fun way to add a pattern or shape without having to draw freehand.
- **Watercolors** are available in a wide range of forms like watercolor paints with traditional paint brushes, water brushes, watercolor pencils, and watercolor markers. Always make sure to have a paper towel under the page if you do not prep the page with gesso, and use the paper towel to dab the excess water. Let the watercolor dry before closing your Bible.

TOOLS + tips

- **Tracing paper** comes in handy for transferring designs from one surface to another. Take time to sketch out your design on another sheet of paper, and use tracing paper to move the design into your Bible.
- **Acrylic paint** is great for adding color and texture; just make sure to let it dry before closing your Bible.
- **Washi tape** is less permanent and therefore easier to remove from thin paper. Cut out a design or draw on a separate piece of paper, and use washi tape to place the design in your Bible. This will help if you are not sure you want to make the design permanent.
- There are many other tools available as well—**stickers**, **stamps**, and **tabs**, to name a few. Be creative and try different options. There is no wrong way to journal!

be still

Take time to be still before the Lord. Pray and prepare your heart. Read the Scripture closely and learn what it is saying. Some people just write out the verse. Some simply write notes on a passage in the margins, while others take notes from a sermon or what they have learned from a book. Again, there is no right or wrong way to Bible journal.

QUESTIONS TO ASK BEFORE YOU GET STARTED:

- Which part of the Scripture is most important to you?
- Which words stand out to you?
- How can I express the meaning visually?

Let's START - JOURNALING -

Write out the verse or phrase you want to use. For this example, I will be using Psalm 9:1 from the new CSB translation, which reads, "I will thank the LORD with all my heart; I will declare all Your wondrous works."

I underlined words that stuck out to me below:

I will thank the lord with all my
heart; I will declare all Your
wondrous works.

This is also a good time to sketch out how you would like for it to be situated in your Bible.

I will
thank
the lord
with all
my heart,
I will
declare
all your
wondrous
works.

lettering STYLES

DECLARE

BOLD LETTERS: I use this lettering for words that seem strong to me or that I really want to stand out.

WONDROUS

WHIMSICAL LETTERS: I use this lettering style for words that are a little more fun or happy.

Lord

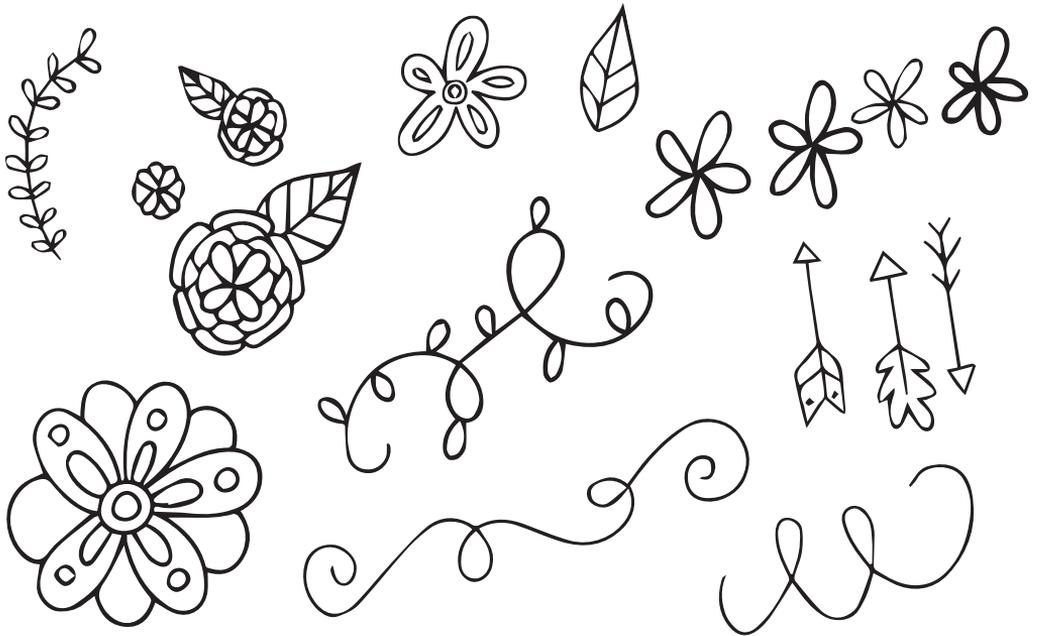
FAUX CALLIGRAPHY LETTERING: I use this for words that feel elegant to me.

grace grace grace

HELPFUL TIP: To achieve the look of faux calligraphy, just write the word in cursive and make any down strokes thicker.

PATTERNS & borders

Patterns, doodles, and borders are a fun way to bring your design to life. I drew some of my favorite doodles below. Add some of your favorites, too!



CALL
ON *me*
IN A DAY
OF
TROUBLE;
I WILL 
rescue
you
→ YOU ←
& YOU WILL
HONOR
me.

PSALM 50:15

-BECAUSE-
OF THE
Lord's
FAITHFUL
LOVE
WE DO NOT
PERISH,
FOR
HIS
mercies
NEVER
END.

LAMENTATIONS 3:22

30 DAYS OF BIBLE journaling

Share your journaling with us using #noteworthyTruth

1. Psalm 50:15
2. Ezekiel 36:26-27
3. John 8:36
4. Romans 8:1
5. 2 Corinthians 5:17
6. Psalm 61:3
7. Matthew 17:20
8. James 4:7
9. Psalm 9:9-10
10. Psalm 34:17
11. Isaiah 41:10
12. Isaiah 54:10
13. Isaiah 46:4b
14. Isaiah 44:3
15. Exodus 14:14
16. Deuteronomy 31:8
17. Isaiah 41:13
18. Isaiah 43:2
19. Luke 11:9
20. 2 Samuel 22:33-34
21. 1 John 1:9
22. Genesis 28:15
23. Psalm 32:8
24. Isaiah 65:24
25. Jeremiah 33:3
26. Psalm 146:7
27. John 14:27
28. Joshua 1:9
29. Philippians 4:19
30. Philippians 4:13

Two columns of horizontal lines for journaling, each consisting of 20 lines.

practice SPACE

show us your
journaling.
use #noteworthytruth

positive
SPACE

show us your
journaling.
use #noteworthytruth

Lined writing area on the left side of the page.

Lined writing area on the right side of the page.

proactive SPACE

show us your
journaling.
use #noteworthytruth



ABOUT THE ARTIST

Originally from Georgia, Laurel Keller now lives in Nashville, Tenn., where she is a part of the marketing team for LifeWay Christian Stores. She has long had a deep love of art and connecting it to God's Word. In addition to painting and drawing, she loves reading and spending time with her husband, Jake, and their dog, Hooper.

You can find more of her art and designs online.

 [anchorandgaildesigns](#)

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