LIVING WITH HOPE IN A BROKEN WORLD
A Bible study from 1 Peter on how to maintain hope in life.

HOW SHOULD I RESPOND TO POLITICS?
A Bible study on respecting authority.

WHY DO I NEED THE CHURCH?
A Bible study on the benefits of living in Christian community.
HIGHWAY TO HEAVEN

You won’t find it on a map, but a highway to heaven does exist. “The Roman Road” is explained in the Book of Romans in the Bible, and it tells how to go to heaven.

The road begins at Romans 1:16: “For I am not ashamed of the gospel, because it is the power of God for salvation to everyone who believes.” God is the source for our journey to heaven. He gives power for salvation to all who believe.

We need God’s power because we have a problem with sin. “For all have sinned and fall short of the glory of God” (Romans 3:23). “Sin” means missing the mark or missing God’s intended destination for us. None of us can reach that destination on his or her own because everyone is a sinner.

When we work, we earn money. Sin earns wages as well—wages of death. Because God loves all sinners, He has provided another route: “For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord” (Romans 6:23).

The highway to heaven is found in Romans 10:9: “If you confess with your mouth, ‘Jesus is Lord,’ and believe in your heart that God raised him from the dead, you will be saved.” We need to confess our sin and ask God for forgiveness. To confess Jesus as Lord involves agreeing with God about your sin and your need for salvation. You must repent of your sin, turning away from the direction in life in which you are going. To “believe in your heart” is to place your faith in Jesus, trusting that He died on the cross to pay for your sins. “But God proves his own love for us in that while we were still sinners, Christ died for us” (Romans 5:8).

If you would like to have salvation in Jesus Christ, sincerely pray a prayer like this one: “Dear God, I confess to You my sin and need for salvation. I turn away from my sin and place my faith in Jesus as my Savior and Lord. Amen.”

Share your faith in Jesus with a Christian friend or pastor. Becoming a Christian is your first step on the lifelong road of spiritual growth and service God desires for you. Follow Christ in believer’s baptism by immersion and join a local church.
Staying Fit … Spiritually

We talk a lot about the importance of staying physically fit, but what about the health of your spirit? Connect, Grow, Serve, Go is a call to evaluate your present spiritual condition and discover ways to improve your spiritual health. Packed into each biblical concept—Connect, Grow, Serve, Go—is a simple way you can move forward, not remain stagnant. Best of all, these tools will stand the test of time—no “fad” diets here. They will help you become spiritually healthy, and stay that way.

Connect urges you to worship, pray, fellowship, and relate to others in positive relationships at work, at home, and in other settings. Spiritual fitness results when you connect with God, with others, and with your church family.

Grow refers to learning and understanding more about God and His expectations of His people, which comes through Bible study. You grow by applying that knowledge to your everyday living.

Serve describes the work you do inside your church. Your church is full of ministry and service opportunities. You serve by using your spiritual gifts, skills, and passions to glorify God. All of us must work together for the church to function as God intended.

Go moves you outside the church and into the community and the world. Evangelism and missions are ways to go into your community and the world in the name of Jesus Christ. It might be uncomfortable at first, but you will experience firsthand the difference Christ can make through you.

Connect, Grow, Serve, Go must impact YOU, the individual, before it can permeate your circle of friends, your Bible study group, and then the church as a whole. But balance is the key! We must be actively participating in all four areas if we want to be spiritually healthy. All Go and no Connect with God or other believers results in powerless activity and wears you out. A steady diet of Grow without the action of Serve or Go leads to unhealthy spiritual obesity and laziness. We need a balanced spiritual diet to remain fit and able to serve God in the ways He has gifted us.

The YOU lessons will help you Connect 💖, Grow 🧠, Serve 🔄, and Go 🚶. Look for these icons throughout this issue. They will help you check and maintain your spiritual health.
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Have you ever played with Rock ’Em Sock ’Em Robots®? They came out in 1964 and are still sold today. The object is to cause your opponent’s head to go up by punching it using little plungers.

One time my brother and cousin got into a real fight over them. Rather than fight like them, I let the robots do all my punching. I found it just took a good one-two punch to win at Rock ’Em Sock ’Em Robots.

Winning at life often takes a one-two punch, as well. We’re going to be doing that with a series based in 1 Peter called “Living with Hope in a Broken World,” before moving into a study from Ephesians called “Why Do I Need the Church?” First Peter is one of my favorite books. His readers were going through tremendous persecution, but Peter gave them a God-oriented point of view and a God-sized hope. He reminded them, and us, that the trials we go through will “result in praise, glory, and honor at the revelation of Jesus Christ” (1 Pet. 1:7). Bam! That’s punch one! Then we will learn from Ephesians exactly why the church is so important for all of us. Bam! That’s punch two!

Finally, please plan to join me at our Black Church Leadership and Family Conference, July 20-24, 2020, in Ridgecrest, N.C. Each year we plan something new to keep it fresh and to make it better. This is the place to bring your church leaders and their families to be retooled, refocused, and refreshed. Get all the details at LifeWay.com/BlackChurchLife.

Now, grab your Bible and allow God to speak through YOU!

Dr. Mark A. Croston, Sr.
YOU General Editor
National Director of Black Church Partnerships
www.lifeway.com/BlackChurchLife
People give up every day. We give up on friendships, marriages, sobriety, businesses, dreams, diets, you name it. Even life itself! Hard times come. We can’t see a future—or we believe can’t bear the future we see—and we give up. We give up because we lose hope.

My first wife, Karen, was diagnosed with stage 1 breast cancer and subsequently went through two rounds of chemotherapy and treatments of radiation. Five years later, the cancer returned as stage 3, and so did another brutal round of chemotherapy. In another five years, stage 4 appeared. There was more crippling chemo and then utterly exhausting special chemo trials. In all this, Karen kept going because she maintained the hope that God would heal her body. She held that hope until her last day. And our children and I needed that hope for the days and months that followed.

That’s what hope is all about. In the face of life’s longest, heaviest, and greatest trials hope is the motivation that gets us out of bed every morning. My favorite definition for hope is, “the belief that something good is going to happen to you.”

What is most powerful about a Christian’s hope in God is that even if things don’t work out as we hope in this life, our hope does not die. First Corinthians 15:19 reminds us that “If we have put our hope in Christ for this life only, we should be pitied more than anyone.”

Ultimately, our hope is only as great as what we put our hope in. Hope in the stock market, but it may fall. Hope in our marriage, but it may leave us frustrated. Hope in our health, but it may fail.
It’s been said that, we can live forty days without food, eight days without water, and four minutes without air—but only a few seconds without hope! Not a week goes by when we do not hear about someone who needs hope. The Bible reminds us that the greatest three needs of the human spirit are faith, love, and hope (1 Cor. 13:13).

Christian hope isn’t based on fuzzy dreams of the future. It’s grounded in the remembrance of how we made it through the past with God’s help.

In a recent *Psychology Today* article, Joseph Hallinan reviewed the experiments of Curt Richter, a researcher at Johns Hopkins. Richter conducted experiments to see if hope really had an impact on those going through difficult times. Two sets of lab rats were placed in separate large jars of water. The researchers left one set in the water and found that within minutes they had all drowned. The other rats were lifted out of the water just before they were expected to give up and die, and then returned to the water. When that happened, the second set of rats did not give up! They did not die! Why? Not because they were given a rest, but because they suddenly had hope!

“After elimination of hopelessness,” wrote Richter, “the rats do not die.” Hallinan concluded, “There are obviously many differences between humans and rats. But one similarity stands out: We all need a reason to keep swimming.”

Did you know there are at least 3,622 Christian songs about hope? Here are the words from a few of those songs:

- O God our help in ages past, our hope for years to come. Our shelter from the stormy blast and our eternal home.
- Time is filled with swift transition, naught on earth unmoved can stand, build your hopes on things eternal. Hold to God's unchanging hand.
- In Christ alone my hope is found, He is my light, my strength, my song.

The one that continually sustains me is this one:

- My hope is built on nothing less than Jesus' blood and righteousness. I dare not trust the sweetest frame, but wholly lean on Jesus' name. On Christ the solid rock I stand, all other ground is sinking sand.

Whenever you find yourself in a time of struggle, remember one thing—Keep Hope Alive!
The Pathway of Discipleship

Growing in Christ is a journey—a lifelong journey—but what does that look like? LifeWay’s research reveals eight markers consistently present in the lives of believers who are growing spiritually. Each year, Bible Studies for Life engages all eight of these areas. Following this intentional plan for discipleship ensures progress on the pathway to becoming more like Christ.

Visit www.BibleStudiesforLife.com for a fuller picture of this discipleship plan through 2022.

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As a kid, you might have wished upon a star. Or maybe you threw a coin in a wishing well. Or made a wish while you blew out the candles on a birthday cake.

Those are just things kids do. But, as an adult, you learn pretty quickly that wishing isn’t enough. You need hope.

That’s one of the main things Peter taught his audience. They were suffering and struggling, so he wrote to them about what it means to hope in Christ. Over the next six lessons, you’re going to learn what Peter had to say about hope. You’ll discover . . .

- How to find genuine hope,
- How to live out that hope in the world,
- How to share your hope with others,
- How hope gets you through tough times,
- How hope produces joy in your life, and
- How hope affects your future.

Hope can be tough to find in this broken world. But Jesus wants you to find your hope in Him—and to let it make a difference in all you do.
The leader pages for this lesson are found on pages 102–105.

UNIT 1, LESSON 1

The Basis for Our Hope

BACKGROUND PASSAGE: 1 PETER 1:1-12
LESSON PASSAGE: 1 PETER 1:1-9

THE QUESTION: WHAT CAN I REALLY COUNT ON IN LIFE?
THE POINT: ONLY HOPE IN CHRIST IS SURE AND CERTAIN.

LESSON PASSAGE

1 PETER 1:1-9

1 Peter, an apostle of Jesus Christ: To those chosen, living as exiles dispersed abroad in Pontus, Galatia, Cappadocia, Asia, and Bithynia, chosen according to the foreknowledge of God the Father, through the sanctifying work of the Spirit, to be obedient and to be sprinkled with the blood of Jesus Christ. May grace and peace be multiplied to you. 3 Blessed be the God and Father of our Lord Jesus Christ. Because of his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead.

4 And into an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you. 5 You are being guarded by God’s power through faith for a salvation that is ready to be revealed in the last time.

6 You rejoice in this, even though now for a short time, if necessary, you suffer grief in various trials so that the proven character of your faith—more valuable than gold which, though perishable, is refined by fire—may result in praise, glory, and honor at the revelation of Jesus Christ. 8 Though you have not seen him, you love him; though not seeing him now, you believe in him, and you rejoice with inexpressible and glorious joy, because you are receiving the goal of your faith, the salvation of your souls.

KEY WORDS

- **Foreknowledge:** Know beforehand. Since God is both omniscient and omnipotent, He not only knows everything, but He also has the power to work through people and events to accomplish His eternal plan.

- **Sanctifying:** Making something or someone holy. It also refers to people or things set apart for God’s purposes.

- **Living hope:** The active confidence that this world is not all there is to life. Peter’s audience was undergoing persecution, but he wanted them to hold tightly to the expectation that God had a secure and blessed future for them.

- **Refined by fire:** Like the heat of fire purifies gold, trials and persecution remove impurities from the lives of believers and allow them to reflect Christ more accurately.

MEMORY VERSE

1 Peter 1:3

Blessed be the God and Father of our Lord Jesus Christ. Because of his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead.

For more information about key words (*), visit the glossary on pages 160–161.
In 1950, champion long distance swimmer Florence Chadwick swam 21 miles across the English Channel faster than any woman in history. In 1952, she set a goal to swim 26 miles to the California mainland. Despite obstacles, she swam for nearly 16 hours. When she couldn’t see the shore she thought she was swimming in circles so she lost hope and quit less than a mile from her goal. Like Florence, we can lose hope. The apostle Peter reminds us we have victory when our hope is in Christ.

OUR HOPE IS BASED ON THE DEATH AND RESURRECTION OF JESUS
(1 Pet. 1:1-3)

OUR HOPE IS SECURE FOR ETERNITY
(1 Pet. 1:4-5)

OUR HOPE IS DISPLAYED THROUGH GENUINE FAITH
(1 Pet. 1:6-9)

Following Jesus’ ascension, Peter quickly emerged as a primary leader of the new church. While he was among the first Christians to openly reach out to Gentiles (Acts 10–11; 15:6-11), His ministry was primarily as an apostle to the Jews (Gal. 2:7-8). Jesus had commanded Peter to feed His sheep (John 21:15-19), and in 1 Peter, he wrote to encourage believers under stress not to give up.

Peter understood persecution. He had experienced his own fair share of trials as a Christ-follower. And church tradition says he eventually died as a martyr for his faith. But he also believed that God is always at work in every situation. And that’s the message of hope he wanted his readers to embrace.

When have you felt discouraged as a Christian? What reminded you not to give up?

Read 1 Peter 1:1-3. Among their other struggles, Peter’s readers were living as exiles and scattered across northern...
Asia Minor (modern-day Turkey). Although we often think of exile as a form of punishment, this exile was more spiritual. They were strangers and disconnected from the main centers of Christianity, so their exile was a reminder that this world was not their home.

Ultimately, that’s true for all believers in Christ. This world is not our permanent residence. This world is just a temporary stop on the journey toward our true home.

Along with being disconnected, they faced serious opposition. Nero, the reigning emperor, was known for his cruelty and his hatred of Christianity. Over time, his persecution of Christians only intensified. Peter knew things would get worse before they got better (1 Pet. 4:12), so he encouraged his readers to hold fast to their hope in Christ.

While going through trials, some of these believers thought they had fallen out of favor with God. Peter reminded them of their identity in Christ. God had chosen them by His a foreknowledge, and He was b sanctifying them through His Spirit. Their salvation—and the favor of God—wasn’t affected by persecution or struggle. It was secure in Christ.

Peter also reminded his readers that this security ensured something else: hope. Christians enjoy a c living hope because we completely trust God. This living hope was secured by Christ’s work on the cross—not some wishful thinking or good deeds. It was all about what Jesus did, not what we do.

How do people try to find hope today? What makes them think these options are better than the hope Peter wrote about?

OUR HOPE IS SECURE FOR ETERNITY

1 PETER 1:4-5

What products come with an expiration date? What are the dangers of ignoring an expiration date?

We all understand the issues related to an expiration date. Nobody wants to deal with the pain and anguish of drinking milk that’s gone bad or eating meat that is too old. Spiritually speaking, Peter reminded his readers that people technically have no expiration date. While our bodies die, this world is not
Peter described his readers as exiles dispersed abroad. The phrase “dispersed abroad” translates one Greek word, diaspora. In Jewish history, diaspora referred to Jews scattered/exiled from the land of Israel through the centuries, many because of various wars (John 7:35). However, Peter and other Christians also used the term to describe Christians who were scattered due to persecution (Acts 8:1). In a sense, every Christian is living as a stranger in a strange land. Read the following verses and record what each teaches about our “exile” on earth:

- Matthew 22:15-22
- 2 Corinthians 5:20
- Philippians 3:20
- Hebrews 11:13-16

Read 1 Peter 1:4-5. Peter noted that our living hope should point us toward eternity. Hope is not rooted in anything earthly, and the apostle used three adjectives to emphasize the certainty of that inheritance.

First, our inheritance is imperishable. It can’t be corrupted, and it can’t be stolen. Nothing can destroy it. Second, our inheritance is undefiled. It’s entirely pure and protected from the perversions of the world. Finally, our inheritance is unfading. Other treasures may diminish in value, but our inheritance will never fade.

Our hope is tied to Christ’s resurrection, and our salvation is guarded by the power of God. The Greek words Peter used here paint the image of a soldier protecting someone or something with his life. The idea is that he should do whatever is necessary to maintain security.

So, we can stand firm on the hope of Christ even when circumstances may tempt us to believe otherwise. When we remember who God is and what He has done for us, we can focus on what is reserved for us in heaven.

What painful or frustrating circumstances are you facing? How can you stay hopeful in those situations?

**OUR HOPE IS DISPLAYED THROUGH GENUINE FAITH**

1 Peter 1:6-9

When I was kid, my dad sometimes used a needle to remove splinters from my finger. But before he started, he would light a match and hold the tip of the needle in the flame for a few seconds. That was his way of sterilizing the needle. The heat removed the impurities that could cause an infection.

How do the difficult times you face feel like a fire? Why?
Read 1 Peter 1:6-9. Peter knew his readers were suffering. But he also knew something more. The pain they felt right now was temporary. It would pass and eventually seem like nothing compared to the glories of heaven. But his friends needed to realize that God still had a plan for everything they experienced—including persecution.

Our hope is best demonstrated through the way we live out our faith. For Peter’s audience, their faith—and their hope—helped them endure their suffering. It also reminded them that He is all they needed in every circumstance.

To illustrate this idea, Peter pointed them to a process they would have understood well. Gold was purified by exposing it to extreme heat. When the temperature was turned up, the impurities rose to the top and could be skimmed away.

Eventually, when the gold was truly pure, the refiner could see his reflection. Like gold, we are d refined by fire. God uses our trials to purify our imperfections so the world can see His reflection in us.

When has a trial made your faith stronger? How did it help you face the next trial that came your way?

SO WHAT? How does this apply to me?

We all face trials. But we don’t have to face them alone. Just like his first-century readers, Peter’s words encourage us to remember the hope we have in Christ. We need to rest in that hope. What’s more, we should encourage each other to hope in Christ. Genuine hope is not some wish upon a star. It’s a firm foundation for enduring trials and growing stronger in our faith. If you want your life to be as pure as gold and reflect our Savior well, the path includes some hard times—and the hope to get through them.

• After studying this lesson, what can you do to encourage another believer who’s going through trials or suffering?

• How confident are you that God’s power can guard you through your trials? Why?

• What is one thing you will commit to do this week to share your hope in Christ with someone else?
Step 1: Read the Lesson and study the Leader Commentary.

Step 2: Prepare to teach an exciting lesson using the Before You Teach page for each lesson.

Step 3: Use the Teaching Plan for each lesson to prepare and facilitate an in-depth discussion of the lesson passage. Don’t forget that you can cut out the Teaching Plan if you want to be on the same page as members of your group.

Step 4: Visit www.lifeway.com for more leader commentary, articles to enhance your understanding of the lesson passage, and a midweek plan that can be adapted for midweek or worship services.
GET ORGANIZED.
As you begin this new unit, take time to skim through the lessons. Note special assignments in the Teaching Plan, the Object Lesson, or other specific instructions. Then start gathering the materials and doing the necessary research. Finally, keep everything in a special place for easy access.

PREPARE SPIRITUALLY.
Teaching the Bible requires cooperation with the Holy Spirit. Take time to seek His anointing for the power you need to connect with the hearts and minds of group members. Through prayer and personal devotion, submit yourself to God rather than relying on your intellect. Without the Spirit's anointing, you are powerless to nurture spiritual transformation.

LISTEN WELL.
The first question on the learner pages requires deep thought as students reflect on personal challenges. Take time to listen well to their responses. The art of listening requires doing so without prejudice. Repeat back what you heard them say. If necessary, ask more questions for clarity.

BE RELEVANT.
Most of your students remember the hopelessness of past events, and many of them are presently dealing with their own hopeless situation. This lesson can provide a step toward healing. Include a personal or historical story that will connect to the struggles of Peter's audience—and the hope he offered them through Jesus.

GUITAR
Use this object lesson with verses 6-7. Bring a guitar with you and display it in front of the class. Say: This guitar string is made of metal, but it has been tempered so that it’s not too rigid and can even be stretched. Invite a volunteer to pluck the strings on the guitar. Tell learners that in order for the strings to make a pleasing tone, some tension must be placed on them. Ask: Why do you think it is necessary to place tension on the strings to create sounds? Say: Adding tension plays a huge role in the sounds that come from the guitar. Emphasize that in the same way, a believer’s faithful response to God during tension or trials can produce beautiful praise, glory, and honor for Him.
INTRODUCTION

In advance, download the Emily Dickenson poem, “Hope Is the Thing with Feathers.” Make enough copies for each learner to have one. During the session, share a brief summary of Emily Dickinson’s life, then read the poem aloud. Ask: How does the poem describe hope? Encourage several learners to share their thoughts and reflections on the poem.

Say: We don’t usually view hope in the same way as Emily Dickenson did in her poem. Her description of hope gives it a unique characteristic—life. In some ways, she has created a metaphor of the hope we have in our hearts, because our hope is a Living Hope.

Use the unit introduction on page 10 to provide an overview of this new unit. Explain that Peter was writing to a group of exiled believers who were suffering persecution and were feeling a desperate need for hope. Say: That’s not unlike a lot of people in our world today. They are hurting and need hope.

Transition into today’s lesson by explaining that Peter’s primary goal was to encourage these believers not to give up, lose hope, or grow weary. Provide additional background information from the commentary on page 105.

DIG INTO THE TEXT

OUR HOPE IS BASED ON THE DEATH AND RESURRECTION OF JESUS
1 PETER 1:1-3

• Invite a volunteer to read aloud 1 Peter 1:1-3. Summarize the first two paragraphs on page 12 to set the context. Lead learners to discuss the question: “When have you felt discouraged as a Christian?”

• Lead a discussion on what the believers were facing. Point out that we also live in a kind of exile today. Say: We live as exiles here because heaven is our real home. Discuss the role hope plays when believers are suffering. Say: Peter encouraged his readers to hold on to their hope in Christ.

• Invite volunteers to share what causes them to lose hope while facing suffering. Explain that Peter reminded us that we have “the sanctifying work of the Holy Spirit” (v. 2). Share that sanctification gives us a new identity. Say: We are sanctified (set apart) to be like Jesus. Explain that through salvation, we have hope in Christ. As a result, our hope is not based on anything we can do. Emphasize that our Living Hope died on the cross and was raised from the dead. Ask: How does our hope in Christ help us to face suffering and opposition? Discuss responses.

OUR HOPE IS SECURE FOR ETERNITY
1 PETER 1:4-5

• Write this statement on the board: “Nothing can stop hope, decrease hope, change hope, move hope, or destroy hope.” Read aloud 1 Peter 1:4-5, then read the statement on the board. Ask: How does Christ make this statement true?

• Invite a volunteer to read the second paragraph (p. 14) that includes the three adjectives that Peter used to describe the inheritance of the hope we have received. Guide a discussion of the questions in the middle of page 14: “What painful or frustrating circumstances are you facing? How can you stay hopeful in those situations?”

• Re-emphasize that our hope is tied to Christ’s resurrection, and our security is tied to the power of
OUR HOPE IS DISPLAYED THROUGH GENUINE FAITH
1 PETER 1:6-9

- Invite a learner to read aloud 1 Peter 1:6-9. Point out that Peter used these verses to address the present faith and the future faith of believers. Ask: How does our present faith help us endure suffering? Explain that our present faith reminds us that we have a brighter future in Christ.

- Use the Object Lesson (p. 102) to help learners understand why they can praise God despite their hardships. Say: We can rejoice in whatever we are going through because of the faith we have in Christ, who is our hope.

- Direct learners to reflect on the illustration of gold refinement on page 15. Emphasize that God always has a purpose for our suffering. Say: Our pain makes us more like Him. Plus it provides a witness to the world around us. Share that this is what genuine faith looks like.

SO WHAT? HOW DOES THIS APPLY TO ME?

Today’s lesson has focused on the point that our hope in Christ is sure and certain. Life’s difficulties may cause us to place our hope in money, our jobs, our families, even our churches. But if that is what we are trusting in life, then our hope is misplaced. God has given us a living hope because of the life, death, and resurrection of Christ. He is the only One who can enable us to rise above our circumstances and praise God through in every situation.

- What can help you be more aware of the hope you have in Christ during times of difficulty?

- In times of personal crisis, what can you do to lean more on Jesus and not on anything else?

- Describe the role of praise in the hope you experience right now? How does it make you stronger in your faith?

CLOSE THE SESSION

Direct learners’ attention to the Live It! challenge on page 15. Summarize the first paragraph. Invite learners to briefly review the plan of salvation on the inside front cover of this book. Encourage those who have not accepted Christ to consider making the decision today. Encourage believers to use this page as a resource in leading others to Christ. Read aloud the Memory Verse for this lesson, 1 Peter 1:3. Refer to the Memory Cards on pages 99-100 and encourage learners to meditate on this verse throughout the coming week. Before closing in prayer, challenge learners to complete the Live It! activity and to be ready to share what they learn.