

to: \_\_\_\_\_

from: \_\_\_\_\_





PRAY  
LIKE  
*This*

A decorative illustration of a golden wheat stalk with a full head of grain, positioned to the right of the word 'LIKE' and extending upwards and to the right.

*A 52-WEEK PRAYER JOURNAL*

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## HOW TO USE THIS DEVOTIONAL

This journal provides a 52-week guided experience for individuals to explore the Lord's Prayer and apply it to their prayer lives. Each week is divided into five days of personal study with journal space to record what you learn. As you study each assigned Scripture reading, you'll be prompted by the following questions:

- **What does this passage teach me about God?**
- **How does it instruct my prayer life?**
- **Am I obeying this Scripture?**
- **If not, what changes do I need to make?**

Use the space provided to record your thoughts and reflections. It's also a good idea to write down your prayer requests and then go back and record how God responded to your prayer requests, what you are learning, and new insights you've gained from your Bible reading.

## INTRODUCTION

Jesus was a prayer warrior. Although He was the Son of God, He recognized the necessity of constantly abiding in a relationship of dependency on His Father. His disciples, noticing Jesus' habit of seeking time alone with the Father, requested, "Lord, teach us to pray, just as John also taught his disciples" (Luke 11:1). Jesus' response, as recorded by Matthew, was both simple and profound, both practical and deeply spiritual:

Our Father in heaven,  
your name be honored as holy.  
Your kingdom come.  
Your will be done  
on earth as it is in heaven.  
Give us today our daily bread.  
And forgive us our debts,  
as we also have forgiven our debtors.  
And do not bring us into temptation,  
but deliver us from the evil one.

*Matthew 6:9-13*



The Lord's Prayer, as it's known today, is one of the most familiar passages in Scripture. Yet far too many Christians, caught up in the rush of daily life, don't make time to pray. In failing to follow Jesus' example, they're neglecting a discipline that's absolutely critical to an intimate, growing relationship with God.

*Pray Like This* takes a fresh look at each phrase in the Lord's Prayer to reveal its meaning and its implications for our prayer lives and our daily lives. We'll understand the significance of calling on God as Father, honoring His holy name, seeking His kingdom and His will, acknowledging our dependence on Him for every daily need, forgiving other people as He has forgiven us, and relying on His protection and deliverance from evil.

Following Jesus' Lord's Prayer will lead us to fall more in love with our heavenly Father and grow in our desire to engage in conversation with Him. As we study and apply Jesus' words, may we develop a more vibrant prayer life that leads to worship, spiritual maturity, dependence on God, and a knowledge of His will.



OUR FATHER IN HEAVEN,  
YOUR NAME BE HONORED AS HOLY.  
YOUR KINGDOM COME.  
YOUR WILL BE DONE  
ON EARTH AS IT IS IN HEAVEN.  
GIVE US TODAY OUR DAILY BREAD.



AND FORGIVE US OUR DEBTS,  
AS WE ALSO HAVE  
FORGIVEN OUR DEBTORS.

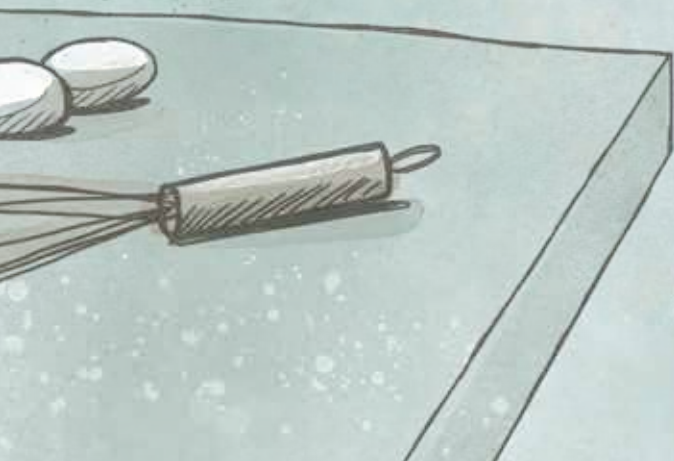
AND DO NOT BRING US  
INTO TEMPTATION,  
BUT DELIVER US  
FROM THE EVIL ONE.

MATTHEW 6: 9-13 CSB



# Section One

LORD, TEACH  
US TO PRAY





## WEEK 1 WHY PRAY?

As Christians, most of us know we should pray, but how often do we ponder the question, “Why pray?” If we view prayer as simply something we should do, we will never experience the vibrant prayer life God intends for us to enjoy. But if we are mindful of why we pray, we’ll have good reason to devote ourselves to prayer. God created us to have a relationship with Him. Prayer—along with Scripture reading—are two of the primary ways we come to know God and experience Him in day-to-day life. As our prayer life develops and matures, our intimacy with God increases. There’s a dramatic difference between simply knowing about God and knowing God. In our relationships with other people, we grow closer as we spend time together and communicate with one another. It’s impossible to know someone well if we don’t invest time in the relationship.

The same is true of our relationship with God. Prayer is our opportunity to communicate with our Creator. We have the privilege of telling Him what's on our heart, asking for His provision, confessing our sins, giving thanks, and offering praise and worship. It's through the process of prayer that God aligns our will with His, imparts His strength, and guides our daily life. As you read the assigned Scriptures this week, ask yourself: What does this passage teach me about God? How does it instruct my prayer life? Am I obeying this Scripture? If not, what changes do I need to make? Journal your answers and reflections.



**DAY 1**  
PHILIPPIANS 4:6-7

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## DAY 2

HEBREWS 4:15-16

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## DAY 3

PSALM 142:1-5

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**DAY 4**  
ROMANS 12:12

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**DAY 5**  
EPHESIANS 6:18

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## WEEK 2 THE POSSIBILITY OF PRAYER

Prayer is a subject that is or should be close to the core of every Christian's walk with God. Despite that, many of us live with a sense of longing when we think about our prayer lives. We know we should pray, we might even desire to pray with greater fervency, yet we aren't growing in our capacity for joy in prayer. But the Bible clearly teaches that God intends for His children to enjoy a vibrant prayer life.

Perhaps part of our struggle is we don't always know how to pray. If that's the case, we find ourselves in good company because Jesus' disciples felt the same way. When Jesus' closest followers asked Him to teach them to pray, He answered with what we know as the Lord's Prayer, a text that still instructs

Christ followers today in the discipline of talking and listening to God (Matt. 6:9-13). In the coming weeks, we'll take a close look at the Lord's Prayer. As we prepare to study the Lord's Prayer, we'll spend time this week examining Scriptures that show us what is possible in the life of someone who is devoted to prayer. God has called His people to prayer and He works mightily through our petitions. As you read the assigned Scriptures this week, ask yourself: What does this passage teach me about God? How does it instruct my prayer life? Am I obeying this Scripture? If not, what changes do I need to make? Journal your answers and reflections.



## DAY 1

PSALM 34:4-6

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## DAY 2

EZRA 8:21-23

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## DAY 3

1 JOHN 5:14-15

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**DAY 4**  
DANIEL 10:12

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**DAY 5**  
JAMES 5:13-15

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