

BREAKOUTS

Each breakout is designed to fit inside one of four “tracks” to make it easier for you to decide which ones to attend!

You can take classes in each of the different tracks. We encourage you to attend breakouts that will challenge and stretch you!

FOUNDATIONS

If you’re trying to learn and grow in your walk with Jesus or have questions about your faith, these breakouts are for you.

CREATIVE

These hands-on breakouts are great for girls who are looking for a way to use their creative gifts for God’s glory!

INFLUENCE

These breakouts are great for high school girls who are looking to grow in their leadership skills and influence.

LEADERS ONLY

Whether you’re a full-time Girls Minister, volunteer, or a mom who wants to know how to walk alongside her daughter during these critical years, we have something just for you. These breakouts were designed to allow you time to connect with and learn from others who are involved in the world of ministry to teenage girls!

BREAKOUT ONE

FRIDAY 8:15 - 9:00 PM

FOUNDATIONS

ROOM: 202

WHEN GOD WRITES YOUR INSTAGRAM HANDLE

KIM WHITTEN (@KIMWHITTEN3)

Sometimes it feels like social media is #everything! It's on our phones and in our lives and can sometimes ruin our day. But what if it didn't have to? What if we could find a way to make Instagram and social media work for us instead of against us? Let's really look at our lives without a filter and see if God's Word has something to say about the way we define ourselves to the watching world. Bring your phones, or a friend, and let's leave with a new handle that will have the world in #wonder.

CREATIVE

ROOM: FELLOWSHIP HALL

CREATED TO CREATE

EMILY POWELL (@EMILYPOWELLTV)

Come and spend time with the Stage Host to take a biblical look at creativity. You will walk through her process on how to create a spoken word piece.

INFLUENCE

ROOM: 203

GIFTED

ANGELA SANDERS (@ASWRITES)

In our social media-driven culture, it's hard not to compare yourself to others and easy to believe you're not enough, but if you have put your faith in Jesus Christ for salvation from the consequences of your sin, sister, you are enough. The Holy Spirit, God Himself, lives in you, and the Holy Spirit plus anything is everything! Come discover the Holy Spirit's role in God's redemption story, the implications of His presence in your life, and how to make the most of this precious gift from your Heavenly Father.

LEADERS ONLY

ROOM: W-102

GIRLS MINISTRY 101

MEGHAN GOAD (@MEGHANGOAD1)

If you're a new Girls Minister, or a gal who has a passion to reach this generation of girls, this session is for you. Join us as we look into the basics of beginning, maintaining, and thriving in your girls ministry. Our focus will be on forming mission statements, formulating budgets, organizing creative events, planning Bible studies, and researching new mission and service ideas.

ROOM: STUDENT WORSHIP CENTER

MORE THAN PRETTY: DEFINING BEAUTY THROUGH SCRIPTURE

OCIELIA GIBSON (@OCIELIA)

Beauty is about so much more than what culture has conditioned us to believe. It's not just a physical trait; it encompasses our entire being as we point others to Christ. This session will explore true beauty through Scripture and how to develop multifaceted beauty that ultimately honors God.

ROOM: KIDS WORSHIP CENTER

CAPTIVE: LEARNING TO FIGHT ON THE BATTLEFIELD OF YOUR MIND

KATE DOWNING (@KATEDOWN)

Have your thoughts held you captive? Thoughts of worry, anxiety, fear, and worthlessness can so quickly take our minds captive. Your mind is the greatest battlefield you will ever fight on. If the enemy can control your thoughts, he can render you useless to God's Kingdom. Come learn what it means to fight well, to take your thoughts captive, and to live in freedom!

ROOM: W-103

CALLED TO MINISTRY: SET FREE TO LOVE

STEPH WILLIFORD (@STEPHIEWILLIFORD)

What in the world does it mean to be called to ministry as a teenage girl? How can God be calling me? Learn what Scripture says about what it means to be called to full-time ministry and missions. Plus learn what that means for you now—not five or ten years from now!

ROOM: W-104

FIGHTING THE GOOD FIGHT

SHANELLE WAGNER (@SHAWAGNER)

In this breakout, we're going to explore strategies for staying in the fight when discouragement, fear, and doubt creep in. Recognizing the subtle symptoms of physical, emotional, and spiritual fatigue is critical to leading well. You'll learn some self-care strategies for staying in the fight when you're exhausted.

BREAKOUT TWO

SATURDAY 10:15 - 11:00 AM

FOUNDATIONS

ROOM: W-103

THE HONEST TRUTH

MEGAN GOVER (@MEGANMGOVER)

Our society is quick to say truth is relative. But, is it really? In a world where truth is fleeting and fades with fads, we must know what Christ deems as true. After all, the truth sets us free! This breakout will help you tap into the power of God's Word, why it's necessary for us to hide away truth in our hearts, and provide practical tips to remain rooted in Scripture.

CREATIVE

ROOM: KIDS WORSHIP CENTER

WOMEN AND WORSHIP

JOURDAN JOHNSON (@JOURDANJOHNSON)

Join our worship leader, Jourdan Johnson, for a conversation on women leading worship in today's culture.

INFLUENCE

ROOM: 202

HUNGRY FOR MORE

LIZ STECKEL (@LIZGREGORSTECKEL)

Have you ever asked God questions like, "Why did she get the boy and I didn't?" "God, why don't you step in and stop _____ from happening?" or even "Why can't I just be in college now?" In Jeremiah 12, Jeremiah pleads to understand God's goodness and faithfulness when life didn't make sense. So often we long for the next chapter of life, forgetting that the here and now is where God longs to display His power. This breakout will unpack what trusting God in your present circumstances looks like while also preparing you for the future.

LEADERS ONLY

ROOM: W-102

REACH

STEPH WILLIFORD (@STEPHIEWILLIFORD)

Let's take some time to brainstorm together ideas and methods to reach out to students around us. How can we better connect our fringe students or create environments for students to invite their lost friends? How can we support and be a part of schools in our communities when they seem to be getting further and further away from wanting our support?

ROOM: STUDENT WORSHIP CENTER

KINDRED SPIRITS

ERIN EDWARDS (@EEEDWARDS)

What does it mean to be a friend? How am I to choose my friends? What if my friend has betrayed me? When selfishness and self-gratification seem to be what is praised and is the currency of most friendships, how am I supposed to be different? Does the Bible have anything to say about how I build friendships? Spend some time defining what friendship is (and what it isn't) and see how we can glorify the Lord in how we love others.

ROOM: FELLOWSHIP HALL

FREE FROM INSECURITIES

BRITTANY GREEN (@BRITTANYGREENBEAN)

The world you live in puts you under a microscope. Everything you do is amplified through a phone screen. We can easily make good grades, perform well enough in sports or band, put on a good filter and smile, but what is going on inside? Are we really as confident and brave as we seem? Let's get creative, make some art, and talk about identity and insecurities—those things that hold us back from living in the truth of who God says we are and living free, joyful lives.

ROOM: 203

MISSIONS: ALL DAY EVERYDAY

LIZ ENCINIA (@LIZENCINIA)

Missions is more than a trip! It's actively obeying God's command to share the gospel everyday. This breakout provides you with real-life tools to live on mission today!

ROOM: W-104

BEGINNING BOUNDARIES

KATE DOWNING (@KATEDOWN)

The conversation about boundaries often begins with physical boundaries: how far is "too far," a list of do's and don'ts on what to watch, wear, and listen to. These physical boundaries are incredibly important to discuss; however, the conversation shouldn't start here. Before we can help our girls set God-honoring physical boundaries, we must help them set mental and spiritual ones. Let's talk together about helping our girls understand where healthy boundaries begin.

MEGA BREAKOUTS

SATURDAY 11:15 AM - 12:00 PM

During Mega Breakouts, follow your nametag to know which breakout you are attending.
Leaders should continue to follow the Leaders Only track.

ROOM: WORSHIP CENTER

SET FREE IN RELATIONSHIPS

Relationships can be messy. Whether it's dealing with issues with friends or trying to navigate the world of dating and guys, they can be fun and point to Christ, or they can sometimes be really hard and distracting. You'll hear from people who have wisdom to share with you as we try to honor God and live set free in our relationships.

ROOM: FELLOWSHIP HALL/STUDENT WORSHIP CENTER

SET FREE TO CREATE

When we are dwelling in the spirit of God, there is freedom to be the unique people that He created us to be. In Him, we are free from comparison, free from insecurity, and free to use the gifts He gave us as a creative outlet for His glory. Come hang out and choose from three prints related to the "Set Free" theme that you will get to paint and take home with you at the end of the session.

LEADERS ONLY

ROOM: W-104

SURRENDER & SUBMISSION

SHANELLE WAGNER (@SHAWAGNER)

In this breakout, we're going to unpack what surrender and submission look like as a follower of Christ. Understanding the power of trust through Jesus' walk to the cross, we can find strength and courage to walk through our own adversity.

ROOM: W-102

WHO, ME? BE A GIRLS MINISTRY LEADER?

MEGHAN GOAD (@MEGHANGOAD1)

Yes, YOU! But let's get honest, sometimes the question of "Who, me?" can easily become the dreadful, "WHY ME?" We see so many women in the Bible who walked this same path, so join us as we redefine our calling, encourage our hearts, and seek out Scriptures to motivate our hearts.



MEGA BREAKOUTS

SATURDAY 1:00 - 1:45 PM

During Mega Breakouts, follow your nametag to know which breakout you are attending.
Leaders should continue to follow the Leaders Only track.

ROOM: WORSHIP CENTER

SET FREE IN RELATIONSHIPS

Relationships can be messy. Whether it's dealing with issues with friends or trying to navigate the world of dating and guys, they can be fun and point to Christ, or they can sometimes be really hard and distracting. You'll hear from people who have wisdom to share with you as we try to honor God and live set free in our relationships.

ROOM: FELLOWSHIP HALL/STUDENT WORSHIP CENTER

SET FREE TO CREATE

When we are dwelling in the spirit of God, there is freedom to be the unique people that He created us to be. In Him, we are free from comparison, free from insecurity, and free to use the gifts He gave us as a creative outlet for His glory. Come hang out and choose from three prints related to the "Set Free" theme that you will get to paint and take home with you at the end of the session.

LEADERS ONLY

ROOM: W-104

IMPACT DISCIPLESHIP

WHITLEY TRACY (@WHITLEYTRACY)

We toss the word "discipleship" around a lot, but do we really know what it means? Better yet, do we know what real discipleship looks like inside our ministries? Let's unpack together what Scripture teaches about discipleship: what it looks like and how to start a discipleship program that makes the most impact for the gospel!

ROOM: W-102

WORKING WHERE YOU WORSHIP

KIM WHITTEN (@KIMWHITTEN3)

For the Girls Minister, the Ministry Volunteer, the Lay Leader, or anyone who serves in their church, this session is for you! Ministry is certainly not for the faint of heart, and while we know this in our minds, it can also feel emotional, overwhelming, and downright exhausting. If you've ever had a moment where it's hard to see the work and ministry you do as worship, let's talk about that together. I want to hear from you! Can we all go together in the Throne Room and learn from Jesus how to worship in the same place that we work? (Also leaders, this may be the closest thing to nap time that you get! Let's hang out and leave refreshed and encouraged!)



BREAKOUT FIVE

SATURDAY 2:00 - 2:45 PM

FOUNDATIONS

ROOM: 202

THE COMPARISON GAME: HOW MEASURING UP STEALS OUR JOY

MEGAN GOVER (@MEGANMGOVER)

You name it, we compare it! If we aren't careful, comparisons steal our joy and distract us from the life Christ desired for us to live. Join us in this breakout as we learn how to hone in on the cycle of comparisons, areas we tend to compare, and tips to reclaim our joy.

ROOM: W-103

EVERYDAY EVANGELISM

KIM WHITTEN (@KIMWHITTEN3)

Girls, girls ... this is NOT another training session on how to share your faith with a total stranger but rather how to love your neighbors and those that God puts directly in your circle! Everyday Evangelism is about turning everyday conversations into gospel conversations and how to be intentional with the people who are different from you. In this session, you'll spend more time talking than sitting and hopefully we'll laugh at some common mistakes that we all make. We'll also talk about some basic apologetics and why you don't have anything to be afraid of when it comes to talking about your faith! This world needs Jesus and YOU GIRLS are the ones who will bring Him to them.

CREATIVE

ROOM: FELLOWSHIP HALL

ILLUSTRATING THE BIBLE

LIZ STECKEL (@LIZGREGORYTECKEL)

Genesis 1 launches into the creativity of God, that from nothing, God created. Illustrating God's Word on paper is a dynamic way to allow Scripture to sink in to the crevices of our hearts. Whether you journal, draw, or just plain highlight, this breakout will unpack creative ways to study and apply Scripture on an ongoing basis.

ROOM: STUDENT WORSHIP CENTER

FREE FROM INSECURITIES

BRITTANY GREEN (@BRITTANYGREENBEAN)

The world you live in puts you under a microscope. Everything you do is amplified through a phone screen. We can easily make good grades, perform well enough in sports or band, and put on a good filter and smile. But what is going on inside? Are we really as confident and brave as we seem? Let's get creative, make some art, and talk about identity and insecurities—those things that hold us back from living in the truth of who God says we are and living free, joyful lives.

INFLUENCE

ROOM: KIDS WORSHIP CENTER

GRL PWR

WHITLEY TRACY (@WHITLEYTRACY)

Have you ever asked yourself these questions: "What's my role as a teenage girl who loves Jesus?" or "How do I love the Lord and submit to authority when the world is shouting quite the opposite?" Join us for this breakout as we unpack what Scripture says about how God made us uniquely female, with great purpose, and how we can serve Him without raising our fists in defense.

ROOM: 203

SET FREE TO LEAD

STEPH WILLIFORD (@STEPHIEWILLIFORD)

Are you wondering how to make a bigger impact on your school's campus for Christ? How do you start and lead a Bible study at school? You feel called to step out and lead but don't know how or where to get started. This session will give you tips and put tools in your hands to help you lead for Christ!

LEADERS ONLY

ROOM: W-104

CAN YOU SEE ME NOW?

ERIN EDWARDS (@EEEDWARDS)

How do you find joy in serving the Lord when others constantly get credit for your hard work? We know our validation should come from Christ alone, but secretly we really would love for someone to acknowledge how much time we sacrificed. Far too often, we can feel like no one knows our name until we run out of something. We've all been there. But instead of camping out on the corner of bitterness and comparison, we can find true joy in serving even when no one else knows what we've done. Then, when and if a moment in the spotlight comes, our heart is in the right place and God gets the glory. Come learn about others in the Bible who maybe only have a few verses about them written but still devoted their lives to serving Jesus.

ROOM: W-102

GIRLS MINISTRY 201

MEGHAN GOAD (@MEGHANGOAD1)

If you're someone who's spent a few years in Girls' Ministry, let's talk more in-depth and share ideas together for ways to minister to teenage girls.