SESSION 1: Work
Work is neither a master to be served nor a villain to be avoided.
Psalm 127

SESSION 2: Happiness
True happiness comes from knowing and conforming to God’s design for our lives.
Psalm 128

SESSION 3: Perseverance
Though kicked around by circumstances and the enemies of God, disciples persevere, knowing God sticks with us.
Psalm 129

SESSION 4: Hope
Suffering is a reality of life, but so is the opportunity to hope in God.
Psalm 130

SESSION 5: Humility
Humility is confidence in God, the contented space between thinking too much of ourselves and thinking too little of ourselves.
Psalm 131

SESSION 6: Obedience
For the Christian, obedience to God is not primarily a leap of faith in the dark but a hope built on His faithfulness in the past.
Psalm 132

SESSION 7: Community
God designed Christians to live in community.
Psalm 133

SESSION 8: Blessing
Blessing is a two-way street: as we receive blessing from God we are to bless (praise) Him in return.
Psalm 134

SESSION 9: The Reality of Spiritual Warfare
Satan desires to influence our hearts and minds to divert glory from God and to keep us from victorious obedience to God.
Ephesians 6:10-18

SESSION 10: The Nature of Our Enemy
Satan is a fallen angel who has made himself to be the adversary of humanity and is not to be trusted.
Revelation 12:7-10

SESSION 11: The Nature of Our Enemy (cont.)
In addition to being the adversary and deceiver, Satan is also the tempter and hinderer of humanity.
1 John 2:15-17

SESSION 12: Satan’s Favorite Fiery Darts
Though Satan has many weapons with which to attack us, we must recognize his favorite and prepare for them.
Ephesians 6:16

SESSION 13: Adversity, Satan’s Most Effective Weapon
Adversity can drive us from God or drive us closer to Him, our choice.
John 16:33; 2 Corinthians 6:3-5