

MASTERWORK[®]

ESSENTIAL MESSAGES FROM GOD'S SERVANTS

Session Overview – Fall 2019

Studies based on *Choosing Forgiveness* (Nancy Leigh DeMoss) and *Worry Less Live More* (Robert J. Morgan)

SESSION 1: What Happens When We Refuse
Harboring bitterness and unforgiveness in our hearts
opens us to devastating consequences.
Matthew 18:21-35

SESSION 2: The Promise of Forgiveness
God expects us to forgive others because He has
forgiven us.
Matthew 5:44; Romans 12:19

SESSION 3: The Art of Forgiveness
Forgiving others, as hard as it might be, is a choice.
Matthew 7:3-5; Mark 11:25

SESSION 4: What True Forgiveness Is—And Isn't
Myths about forgiveness keep people confused and
frustrated on their journey to freedom.
2 Timothy 4:14-18

SESSION 5: Returning a Blessing
For believers, forgiveness is not the endgame—we are
to go beyond forgiveness to doing good to those who
mistreat us.
Luke 6:27-28; Romans 12:14-21

SESSION 6: The Practice of Rejoicing
The practice of rejoicing helps to overcome worry.
Philippians 4:4

SESSION 7: The Practice of Gentleness
The practice of gentleness helps to overcome worry.
Philippians 4:5a

SESSION 8: The Practice of Nearness
The practice of nearness helps to overcome worry.
Philippians 4:5b

SESSION 9: The Practice of Prayer
The practice of prayer helps to overcome worry.
Philippians 4:6

SESSION 10: The Practice of Thanksgiving
The practice of thanksgiving helps to overcome worry.
Philippians 4:6

SESSION 11: The Practice of Thinking
The practice of thinking helps to overcome worry.
Philippians 4:8

SESSION 12: The Practice of Discipleship
The practice of discipleship helps to overcome worry.
Philippians 4:9

SESSION 13: The Practice of Peace
The practice of peace helps to overcome worry.
Philippians 4:7,9