

# New Creation

**Therefore, if anyone is in Christ, he is a new creation; the old has passed away, and see, the new has come!** *2 Corinthians 5:17*

Discussing the concept of being made new in Christ is an opportunity to explore the changes that faith can bring into one's life. It's important for teens to understand that this renewal is not just a one-time event but an ongoing process of growing closer to God and becoming more like Christ. Encourage teens to think about how this new identity in Christ can influence their thoughts, actions, and decisions. Reassure them that while change isn't always easy, the grace of God is always available, and His love is constant.

## ➤ conversation starter

What does being a new creation in Christ mean to you? How do you think it changes the way we live our lives?

Do you ever think about the old self versus the new self in Christ? Let's talk about what that transformation looks like.

## ➤ navigating the conversation:

- **Discuss the Meaning of New Creation:** Explain that being a new creation means our old ways of thinking, behaving, and living are transformed. It's about adopting a new identity rooted in Christ.
- **Emphasize Ongoing Transformation:** Highlight that this change is a continuous process. It involves growing in faith, understanding God's Word, and increasingly reflecting Christ in our lives.
- **Talk About Grace and Forgiveness:** Stress the importance of grace. Being new in Christ means we are forgiven and can move past our old sins. God's grace also helps us to grow and change over time.
- **Share Personal Experiences:** Share stories of your own journey in becoming new in Christ. Discuss both the challenges and joys of this transformation.
- **Address Misconceptions:** Clarify any misconceptions about instant perfection. Being new in Christ doesn't mean we won't make mistakes; rather, it's about a heart and life increasingly aligned with God's will.
- **Discuss Practical Implications:** Talk about the ways this transformation can impact everyday decisions and relationships. Discuss how a Christ-centered perspective changes our priorities and actions.
- **Explore Spiritual Disciplines:** Discuss how practices like prayer, Bible study, and fellowship with other believers can support and encourage this new life in Christ.
- **Pray Together:** Offer to pray with them for guidance, strength, and continued growth in their new identity in Christ.
- **Encourage Faith Community Involvement:** Suggest getting involved in church or youth group activities where they can learn from and grow with others who are also on this journey.

