



# **Deep Discipleship**

STORY | BELIEF | FORMATION

# Editorial Team

**Reid Patton**

*Senior Editor*

**Brett McIntosh**

*Associate Editor*

**Cynthia Hopkins**

*Associate Editor*

**Katie Vogel**

*Assistant Editor*

**Jon Rodda**

*Art Director*

**Tyler Quillet**

*Managing Editor*

**Joel Polk**

*Publisher, Small Group Publishing*

**John Paul Basham**

*Director, Adult Ministry Publishing*

Published by Lifeway Press® • © 2025 J. T. English, Jen Wilkin, Kyle Worley

No part of this work may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying and recording, or by any information storage or retrieval system, except as may be expressly permitted in writing by the publisher.

ISBN 978-1-4300-9169-1 • Item 005847112

Dewey decimal classification: 268.434

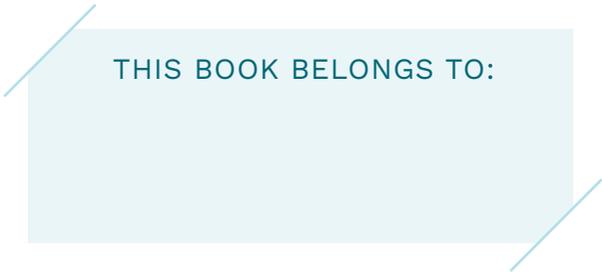
Subject headings: DISCIPLESHIP \ DISCIPLESHIP TRAINING \ EVANGELISTIC WORK

All Scripture quotations are taken from the Christian Standard Bible®, Copyright © 2017 by Holman Bible Publishers. Used by permission. Christian Standard Bible® and CSB® are federally registered trademarks of Holman Bible Publishers.

To order additional copies of this resource, write to Lifeway Resources Customer Service; 200 Powell Place, Suite 100; Brentwood, TN 37027-7707; fax 615-251-5933; call toll free 800-458-2772; online at [lifeway.com](http://lifeway.com); email [orderentry@lifeway.com](mailto:orderentry@lifeway.com).

*Printed in China*

Adult Ministry Publishing • Lifeway Christian Resources  
200 Powell Place, Suite 100 • Brentwood, TN 37027-7707



THIS BOOK BELONGS TO:

# Contents

The Authors . . . . .	7
About Deep Discipleship . . . . .	8
Course Map . . . . .	14
Overview of Assignments . . . . .	16

## Sessions

Introductory Week . . . . .	19
1. What Is Deep Discipleship? . . . . .	25
2. Who Is God? . . . . .	35
3. How Do We Know God? . . . . .	45
4. What Is the Story of Scripture? . . . . .	55
5. How Did We Get Here? . . . . .	65
6. Who Are We? . . . . .	75
7. What Is the Problem? . . . . .	85
8. What Is God's Plan? . . . . .	95
9. Does God Keep His Promises? . . . . .	105
10. Who Is God's King? . . . . .	115
11. How Do We Live with God? . . . . .	125
12. How Do We Live in Exile? . . . . .	135

13. How Does God Make Himself Known? . . . . .	147
14. What Is the Gospel of the Kingdom? . . . . .	157
15. Who Is Jesus? . . . . .	167
16. Why the Cross? . . . . .	177
17. Does Death Win? . . . . .	187
18. How Are We Saved? . . . . .	197
19. Who Is the Holy Spirit, and What Does He Do? . . . . .	207
20. What Is the Church? . . . . .	217
21. What Is Baptism? . . . . .	227
22. What Is the Lord's Supper? . . . . .	237
23. How Does the Story End? . . . . .	247
24. Where Do We Go from Here? . . . . .	257

## **Appendix**

Christian Formation Assignments . . . . .	266
Glossary of Terms . . . . .	288
Endnotes . . . . .	298
EBook Redemption . . . . .	304



# The Authors

## J. T. ENGLISH

---



J. T. English serves as a pastor, professor, and author. He is the author of *Deep Discipleship: How the Local Church Can Make Whole Disciples* and *You are a Theologian: An Invitation to Know and Love God Well*, co-authored with Jen Wilkin. He is also a co-founder of Training the Church and a co-host of the *Knowing Faith* podcast. J. T. received his ThM in Historical Theology from Dallas Theological Seminary and PhD in Systematic Theology from Southern Seminary.

## JEN WILKIN

---



Jen Wilkin is an author and Bible teacher from Dallas, Texas. An advocate for Bible literacy, she has organized and led studies for women in home, church, and parachurch contexts. She co-hosts the *Knowing Faith* Podcast and is the author of over twenty books and Bible studies, including *Women of the Word*, *None Like Him*, *Revelation: Eternal King, Everlasting Kingdom*, and *You Are a Theologian* (co-authored with J. T. English). You can find her at [jenwilkin.net](http://jenwilkin.net).

## KYLE WORLEY

---



Kyle Worley is a pastor, teacher, and writer. He is one of the hosts of the *Knowing Faith* podcast and the author of *Home with God: Our Union with Christ, Formed for Fellowship*, and the children's book *The Dragon Slayer and His Super Special Suit*. You can find Kyle Worley on social media @kyleworley or visit him at [kyleworley.net](http://kyleworley.net).

# About *Deep Discipleship*

## WHAT CAN YOU EXPECT?

---

*Deep Discipleship* is a comprehensive discipleship program (comprised of two twelve-week semesters) that empowers participants to grow deeply in their faith—ideally in the context of your local church or in community with other Christians. The program’s curriculum seeks to equip believers in three areas of discipleship: Christian Story, Christian Belief, and Christian Formation. The curriculum weaves these three elements together into a holistic approach to discipleship. Our hope is that when you complete this course, you will have a firm grasp of the story of Scripture, the essentials of the Christian faith, and basic spiritual habits that will help you grow as a Christian.

### Christian Story

Christian Story focuses on the message of the Bible. The assertion that God has made Himself known in Scripture is fundamental to Christian theology. We’ll spend most of this program working through major historical-redemptive events in salvation history in order to come to a greater understanding of who God is and what He has done to reconcile the world to Himself in the person and work of Jesus Christ. Additionally, we will compare how the Christian Story is fundamentally different from other stories our culture tells, and consider how disciples of Jesus are called to live into the Christian Story.

### Christian Belief

Christian Belief focuses on the study of doctrine. All Christian Belief and theology is rooted in what is revealed in Scripture. In this curriculum, we will spend significant time examining the central doctrines of the Christian faith. We will see that doctrine, insofar as it is rooted in the Christian Story, helps us fulfill the Great Commission of knowing and transmitting to others our historic faith.

## Christian Formation

Christian Formation focuses on the practices that flow from our understanding of Christian Story and Christian Belief. Christian Story and Christian Belief are not merely intellectual pursuits but the starting point of a transformation that affects heart, mind, and strength. We live differently when we live in light of Christian Story and Christian Belief. They function to form us into the kind of people who live in the world according to the way of Jesus Christ. We will learn to employ habits that help us live what we believe.

## ***WHY DEEP DISCIPLESHIP?***

---

The primary context for discipleship is the local church. Unfortunately, discipleship, theology, and the local church often find themselves in different worlds, but that's not how it is supposed to be. The local church is the place where God forms people through His Word into the image of His Son by the power of the Holy Spirit. Over the past several centuries, churches have increasingly followed a pattern of outsourcing discipleship and theological education to outside organizations. If believers have wanted to learn theology, they have had to go outside of the local church to do so. This curriculum is an important first step to help Christians and churches retrieve and re-deploy a vision for deep discipleship in the context of their own local churches. Discipleship, theology, and the local church are meant to coexist. We shouldn't have to leave our church home to be trained deeply in our faith!

## HOW TO BEST USE THE COURSE

---

The *Deep Discipleship* curriculum is structured for active learning. Rather than passively receiving information, participants actively partner in the learning process. Active learning environments result in stickier learning outcomes. Simply put, participants find these outcomes to be worth the work. To achieve an active learning environment, each week of study will include four essential elements:

- ▶ Pre-work
- ▶ Group discussion opportunities
- ▶ Video teaching
- ▶ Go and tell: Share what you are learning with others

## ELEMENTS OF ACTIVE LEARNING

---

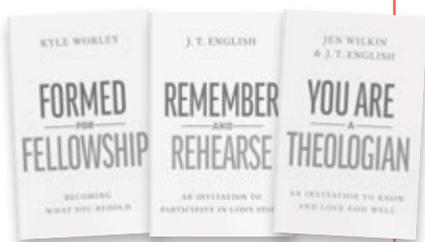
### 1. Pre-work

*(Reading, writing, interacting with biblical/theological texts)*

Each week, you'll engage in reading, writing, or other assignments that will prepare you for the upcoming video teaching and discussion. We strongly encourage you to complete the pre-work before your weekly group meeting. Pre-work is like stretching before exercise. It allows the other elements of the active learning environment to yield the most benefit to you because you have come to them prepared. Most weeks, your pre-work includes readings from the following books:

- ▶ *Formed for Fellowship* by Kyle Worley
- ▶ *Remember and Rehearse* by J. T. English
- ▶ *You Are a Theologian* by Jen Wilkin and J. T. English

**EBOOKS INCLUDED:** Ebook versions of these books are included with the purchase of this journal. For access, follow the instructions in the back of this journal on page 304. Participants who prefer physical copies may purchase them on [lifeway.com](http://lifeway.com).



## 2. Group Discussion

Theology is meant to be done in community. You were never meant to figure it all out on your own. Group discussion time is designed for you to learn alongside other participants. In your groups, you will:

### **Discuss the pre-work reading for the week.**

The group discussion will only be as fruitful as the preparedness of its members. Make sure you complete the pre-work reading before your meeting time and before watching the video teaching. Then, discuss the reading as co-learners. You don't have to be an expert with fully formed ideas, just a prepared participant with insights and questions to share and discuss.

### **Discuss the video teaching.**

The group discussion will continue as you discuss each week's video teaching together in community, learning from God and from one another.

### **Participate in Christian Formation Assignments.**

We want to learn biblical and theological material but not as an end in itself. We want those learnings to translate into spiritual habits and practices. We want not just our minds to grow but our whole selves. Each week, you will participate in Christian Formation Assignments that will coincide with what you are learning. You will complete formation assignments gradually over the course of the curriculum in the following areas:

- ▶ Life Story
- ▶ Sovereignty of God and Sabbath
- ▶ Prayer
- ▶ Image of Christ in You
- ▶ Story of Scripture
- ▶ Practicing Mission

For more information, see page 16.

## 3. Video Teaching

Each week, you will watch a video teaching on the topic at hand. Take good notes to help you retain what you learn and to fuel the group discussion that will follow. The better your notes, the more active your participation in the learning process and the more productive your shared learning experience in the group discussions.

## 4. Go and Tell

We haven't truly learned something until we can explain it to someone else. It is so important for you to talk about what you are learning! Throughout this program, make sure you regularly share what God is teaching you. Who will your conversation partners be outside of this course? Whether it's a spouse, a co-worker, a sibling, a parent, or a friend, take regular opportunities to articulate your learnings. Your conversation partner will be blessed, and your learning will be reinforced.

## OUR HOPE FOR PARTICIPANTS

---

We believe you can experience deep discipleship with Jesus. We believe that as you dive deeper into the story of Scripture, the rich doctrines of Christian Belief, and the practices of the church, you will experience a greater depth of worship, obedience, and joy in Christ. As you commit to this program, we hope and ask that you will hold to three particular values: community, love, and service.

### Community

Theology is best done in community. *Deep Discipleship* should be a place where you both learn about God and learn from others. We all come to the table with different backgrounds and different levels of biblical and theological literacy. Yet we need one another to get the most out of this program. God can use anyone in your group to help you grow, no matter how well-versed they currently are in the Bible. When someone in your group grows, your entire local church benefits. We want you to be each other's biggest cheerleaders.

Make a commitment here at the very beginning of this program that you'll celebrate and build up the people going through this with you. When you see others growing in their love and knowledge of God, acknowledge and be grateful for what God is doing in their life. As you learn deep theological truths, you will grow in deeper love for God and each other, resulting in a stronger, more unified church.

# Love

## 1 TIMOTHY 1:5

Now the goal of our instruction  
is love that comes from a pure heart,  
a good conscience, and a sincere faith.

All knowledge that is profitable yields love of God and love of neighbor. *Deep Discipleship* participants will be called to make progress in their walk with Christ and also to demonstrate a posture of love toward God and one another. Inevitably, over the course of this program, you will disagree with things we say, and others will disagree with things you say. But our obligation to love one another never stops.

We actually think it's beneficial when disagreement arises in the context of Christian community. It's the ideal setting to challenge what we believe, to consider other perspectives, and to learn from one another. In fact, in an age of "cancel culture," charitable disagreement in Christian community models the beautiful, better way. Discipleship is never an individual task but is, by definition, community-oriented. While communal discipleship may present challenges, it also presents opportunities for us to be charitable with one another. A charitable and loving spirit is required of all participants.

# Service

Our expectation is that over the course of this curriculum, you will remain deeply involved in the life of your local church. Prioritize regular attendance and faithful service in your church during your time in *Deep Discipleship*. This program is not a replacement for regular participation in your local church. In fact, we believe you will find it a catalyst for continuing to invest in your church with renewed excitement and joy.

# COURSE MAP

Week		STORY	BELIEF	FORMATION
1	<b>What Is Deep Discipleship?</b>			Life Story
2	<b>Who Is God?</b>		<b>Doctrine of the Trinity, Theology proper</b>	
3	<b>How Do We Know God?</b>		<b>Doctrine of Scripture</b>	
4	<b>What Is the Story of Scripture?</b>	<b>Genesis–Revelation</b>	<b>Metanarrative</b>	Sovereignty of God and Sabbath
5	<b>How Did We Get Here?</b>	<b>Genesis 1–2</b>	<b>Creation and Providence</b>	
6	<b>Who Are We?</b>	<b>Genesis 1–2</b>	<b>Doctrine of Humanity</b>	Prayer
7	<b>What Is the Problem?</b>	<b>Genesis 3</b>	<b>Doctrine of Sin</b>	
8	<b>What Is God’s Plan?</b>	<b>Genesis 12–50</b>	<b>Covenants</b>	
9	<b>Does God Keep His Promises?</b>	<b>Exodus–Deuteronomy</b>	<b>The Law</b>	
10	<b>Who Is God’s King?</b>	<b>Judges–2 Chronicles</b>	<b>Davidic Covenant</b>	
11	<b>How Do We Live with God?</b>	<b>Job–Song of Solomon</b>	<b>Wisdom</b>	
12	<b>How Do We Live in Exile?</b>	<b>The Prophets, Ezra, Nehemiah, and Esther</b>	<b>Prophecy</b>	

OLD TESTAMENT

Week		STORY	BELIEF	FORMATION
13	<b>How Does God Make Himself Known?</b>		<b>Incarnation</b>	Image of Christ in You
14	<b>What Is the Gospel of the Kingdom?</b>	<b>The Gospels</b>	<b>Kingdom of God</b>	Story of Scripture Practicing Mission
15	<b>Who Is Jesus?</b>	<b>The Gospels</b>	<b>Christology</b>	
16	<b>Why the Cross?</b>	<b>The Gospels</b>	<b>Atonement</b>	
17	<b>Does Death Win?</b>	<b>The Gospels</b>	<b>Resurrection and Ascension</b>	
18	<b>How Are We Saved?</b>	<b>The Gospels and Epistles</b>	<b>Soteriology</b>	
19	<b>Who Is the Holy Spirit, and What Does He Do?</b>	<b>The Gospels and Epistles</b>	<b>Pneumatology</b>	
20	<b>What Is the Church?</b>	<b>The Gospels and Epistles</b>	<b>Ecclesiology</b>	
21	<b>What Is Baptism?</b>	<b>The Gospels and Epistles</b>	<b>Ordinances of the Church</b>	
22	<b>What Is the Lord's Supper?</b>	<b>The Gospels and Epistles</b>	<b>Ordinances of the Church</b>	
23	<b>How Does the Story End?</b>	<b>Revelation</b>	<b>Eschatology</b>	
24	<b>Where Do We Go from Here?</b>			

**NEW TESTAMENT**

# OVERVIEW OF CHRISTIAN FORMATION ASSIGNMENTS

---

Deep Discipleship includes the following Christian Formation Assignments. Full descriptions and instructions for each assignment can be found in the Appendix beginning on page 265.

1	2	3	4	5	6	7	8	9	10	11	12
Life Story											
			Sovereignty of God and Sabbath								
					Prayer						

## Life Story

The goal of this assignment is to think through how your life story has, up to this point, been shaped by the stories of our time and how your story is being rewritten by the Christian Story. Anticipate spending one to three hours on this project, depending on how you choose to share your story.

## Sovereignty of God and Sabbath

The goal of this assignment is to rest with God. To do this, you will choose a specific time and place and spend two to three uninterrupted hours with God. Jesus perfectly lived into the Christian Story, and He made time to rest and be with the Father. This assignment is an opportunity to realize the world will keep moving while we stop to spend time with God, and we will be better for the time with our Maker.

## Prayer

The goal of this assignment is to deepen your relationship with God by engaging the prayer patterns we find in Scripture. Prayer is one of the richest ways for us to engage both our doctrine and affections in the Lord, rightly view ourselves, and effectively love our brothers and sisters. In order to strengthen your understanding of prayer, you will carefully craft your own written prayer based on one of the kinds of prayers we find in Scripture.

13	14	15	16	17	18	19	20	21	22	23	24
Image of Christ in You											
	Story of Scripture										
	Practicing Mission										

## Image of Christ in You

The goal of this assignment is to call attention to the “image of Christ” you see in the people around you. When your group meets, you will spend time encouraging one another with statements like, “I see the Holy Spirit shaping you . . .” and, “The image of Christ I see in you is . . .”

## Story of Scripture

The goal of this assignment is for every *Deep Discipleship* participant to be able to articulate the story of the Bible in 10-15 minutes—a comprehensive presentation of the story of the Bible from Genesis to Revelation. Throughout the presentation, you will highlight both important events from the Bible (e.g., Creation, Fall, Abrahamic Covenant, the Exodus) and important doctrines as they appear (e.g., Trinitarianism, imago Dei, total depravity, providence) through the lens of presence, people, place, and purpose.

## Practicing Mission

The goal of this assignment is to grow as an evangelist. During the second half of this program, we are asking every *Deep Discipleship* participant to explicitly share the gospel with a non-Christian in their life. This could be a friend, co-worker, family member, neighbor, or someone you providentially encounter going about your days.



## INTRODUCTORY WEEK

# Orientation

### MAIN POINT

The *Deep Discipleship* course is hard work—  
but it's worth the work. All good things are.

### ROMANS 11:33-36

Oh, the depth of the riches  
and the wisdom and the knowledge of God!  
How unsearchable his judgments  
and untraceable his ways!  
For who has known the mind of the Lord?  
Or who has been his counselor?  
And who has ever given to God,  
that he should be repaid?  
For from him and through him  
and to him are all things.  
To him be the glory forever. Amen.

## THE AIM OF THIS PROGRAM

---

### *J. T. English, Deep Discipleship*

Deep discipleship is radically committed to a God-centered, a Christ-centered, vision of all things. One of the greatest mistakes we will make as we seek to grow in our own walk with Christ, and as we seek to help others deepen their faith, is that we will try to give people more than Jesus. True discipleship is not more than Jesus, but more of Jesus. Ministry is only worth doing if Christ is the One who gets all the glory.

The invitation to deep discipleship in the local church is the invitation to enjoy the infinite God—to invite Him to cover His church with the knowledge of His glory, as the waters cover the sea. J. I. Packer asks these important questions of discipleship: What are we made for? What aim should we set ourselves in life? To both he answers: to know God.<sup>1</sup> He is absolutely right, and if we believe that, we also need to ask this question: How can we structure our churches and ministries to help people toward that end?

If God is who He says He is, then nothing is more valuable than deep discipleship. Everyone is a disciple of something, but only the triune God invites us into deep, holistic, never-ending fellowship. Our greatest hope in this program is that our churches will be reminded of who God is. He is more beautiful than we can ever imagine. Discipleship that is geared toward self-improvement or that caters to spiritual apathy evaporates when we see Him for who He is.

Discipleship should be deep because God is inexhaustible. He invites His church into rich and deep fellowship because His goodness is indeed bottomless, and you can never exhaust the bottomless beauty of God. Along with Paul we proclaim,

“Oh, the depth of the riches and wisdom and knowledge of God! How unsearchable are his judgments and how inscrutable his ways!”

**ROMANS 11:33**

The invitation to deep, holistic discipleship is first and foremost an invitation to see God for who He is, our highest good.<sup>2</sup>



## INTRODUCTION

---

*Theology is best done in community. Take 10-15 minutes before watching the orientation video to get to know the people with whom you'll share this experience.*

Introduce yourself to the group. Tell a little about yourself.

What led you to this group?

What makes you most excited about participating in Deep Discipleship, based on what you know so far?



### Orientation Video

*Watch the orientation video either with your group or on your own.*



## TEACHING NOTES

---

*Take notes while watching the orientation video.*

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....



## CLOSING DISCUSSION

---

Take 10-15 minutes with your group to discuss these questions together. Close out your group time by following the prompts below.

Why is your discipleship journey important to you?

In what area of discipleship do you feel you need to grow most (e.g. understanding Scripture, basic Christian beliefs, spiritual practices)?

Looking at the course map, which topic are you most excited to learn about?

End your group time in prayer, and ask God who He wants you to connect with to share what you've learned this week. Remember to complete the pre-work prior to the next group session.

- **GO AND TELL:** In the coming week, share your excitement or hopes about the *Deep Discipleship* program with someone else.
- **READ** The introduction to your journal (pages 8-17), if you haven't already.
- **READ** 1 Corinthians 2:6-16.
- **READ** "Introduction: What a Generation Forgot" and "Why Does Theology Matter?" from *You Are a Theologian*.
- **READ** Chapter 1: "The Power of Stories" and Chapter 2: "The False Stories We Live In," in *Remember and Rehearse*.



## WEEK 1

# What Is *Deep Discipleship*?

### MAIN POINT

We all inhabit a story, hold beliefs, and practice formative behaviors. *Deep Discipleship* seeks to root followers of Jesus in the Christian Story, Christian Belief, and Christian Formation.

### HABAKKUK 2:14

For the earth will be filled  
with the knowledge of the LORD's glory,  
as the water covers the sea.

## PRE-WORK

---

Complete your reading and assignments prior to your group meeting.

- **READ** 1 Corinthians 2:6-16.
- **READ** The introduction to your journal (pages 8-17), if you haven't already.
- **READ** "Introduction: What a Generation Forgot" and "Why Does Theology Matter?" from *You Are a Theologian*.
- **READ** Chapter 1: "The Power of Stories" and Chapter 2: "The False Stories We Live In," in *Remember and Rehearse*.
- **PRAY** Take five minutes to pray through Psalm 1. Read it once out loud and then use it to shape your prayer.

**Write down your biggest takeaway from the readings for this week.**

---

---

---

---

---

**In your own words, summarize the readings for this week.**

---

---

---

---

---

---

**What are two questions you have coming into this week's group session?**

---

---

---

---

---

---

## Foundational Reading

### *John Calvin, Institutes of the Christian Religion*

Nearly all the wisdom we possess, that is to say, true and sound wisdom, consists of two parts: the knowledge of God and of ourselves. But, while joined by many bonds, which one precedes and brings forth the other is not easy to discern. In the first place, no one can look upon himself without immediately turning his thoughts to the contemplation of God, in whom he “lives and moves” (Acts 17:28). For, quite clearly, the mighty gifts with which we are endowed are hardly from ourselves; indeed, our very being is nothing but subsistence in the one God. Then, by these benefits shed like dew from heaven upon us, we are led as by rivulets to the spring itself. Indeed, our very poverty better discloses the infinitude of benefits reposing in God. The miserable ruin, into which the rebellion of the first man cast us, especially compels us to look upward.

Thus, not only will we, in fasting and hungering, seek thence what we lack; but, in being aroused by fear, we shall learn humility. For, as a veritable world of miseries is to be found in mankind, and we are thereby despoiled of divine raiment, our shameful nakedness exposes a teeming horde of infamies. Each of us must, then, be so stung by the consciousness of his own unhappiness as to attain at least some knowledge of God. Thus, from the feeling of our own ignorance, vanity, poverty, infirmity, and—what is more—depravity and corruption, we recognize that the true light of wisdom, sound virtue, full abundance of every good, and purity of righteousness rest in the Lord alone. To this extent we are prompted by our own ills to contemplate the good things of God; and we cannot seriously aspire to him before we begin to become displeased with ourselves. For what man in all the world would not gladly remain as he is—what man does not remain as he is—so long as he does not know himself, that is, while content with his own gifts, and either ignorant or unmindful of his own misery? Accordingly, the knowledge of ourselves not only arouses us to seek God, but also, as it were, leads us by the hand to find him.<sup>3</sup>

**Want to go deeper? Check out this resource:**  
*Knowing Faith* podcast: Episode 84—“Deep Discipleship”





## GROUP DISCUSSION

---

*Theology is best done in community. Take 10-15 minutes before watching the teaching to discuss these questions with your group.*

What was your biggest takeaway from the pre-work this week?

What is your definition of theology?

What is the relationship between the Bible and theology?  
Is one more important than the other? Explain your answer.



## TEACHING NOTES

---

*Watch the roundtable discussion video and take notes.*

A series of horizontal dotted lines provided for taking notes.



A series of 25 horizontal dotted lines spanning the width of the page, providing a guide for handwriting practice.

**MAIN POINT REVIEW**

We all inhabit a story, hold beliefs, and practice formative behaviors. *Deep Discipleship* seeks to root followers of Jesus in the Christian Story, Christian Belief, and Christian Formation.

A series of horizontal dotted lines for writing.

## GROUP DISCUSSION

---

*Before watching the second teaching video, take 10-15 minutes with your group to discuss these questions together.*

What false story are you most prone to live in?

How would you summarize the story of Scripture?

Discuss the relationship between theology and discipleship.

Where do we learn theology?

Share some examples of formative practices you are already doing, Christian or otherwise.

What are some examples of distinctly Christian spiritual disciplines?

## TEACHING NOTES

---

*Watch the second teaching video and take notes.*

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....



## CLOSING DISCUSSION

Take 10-15 minutes with your group to discuss these questions together. Close out your group time by following the prompts below.

What is your main takeaway from this lesson?

What are some examples of distinctly Christian beliefs?

What formative practice (Christian or otherwise) do you participate in most faithfully or regularly? How does that practice reinforce or validate the story you live in?



### Closing Video

Watch this week's panel discussion video either with your group or at home between group meetings.

End your group time in prayer, and ask God who He wants you to connect with to share what you've learned this week. Remember to complete the pre-work prior to the next group session.

- **GO AND TELL:** In the coming week, with whom will you share something you learned? What do you plan on sharing with them?
- **CHRISTIAN FORMATION ASSIGNMENT:** Begin working on the "Life Story" assignment. (See Appendix page 266 for instructions. This assignment will be completed during Week 4.)
- **DUE NEXT SESSION:** Read John 13-17. Read "Who Is God?" and "What Is God Like?" from *You Are a Theologian*.