

## **VOLUME 1: A MAN & HIS DESIGN**

### **SESSION 1 | MANHOOD REALITIES**

- Welcome your group to 33, a journey into authentic manhood as modeled by Jesus during his 33 years on earth.
- Explain the importance of processing what will be learned with another man or group of men. Challenge every man to participate in a small group discussion after the session.
- Invite each man to turn to page 8 of his Training Guide and then play the session.
- Following the session share something that resonated with you, maybe a Strategic Move that you wrote down. Call attention to the space provided on page 13 to write down one Strategic Move in response to the session today.
- Dismiss them to their group discussion time. You and your volunteers may need to help some men find or form groups.
- Challenge the men to invite a friend to join them for the next session of 33. Explain that anyone can download the sessions of 33 anytime at [authenticmanhood.com](http://authenticmanhood.com) and stay in sync with the series.

### **SESSION 2 | CREATE AND CULTIVATE**

- Welcome the men back to 33. Make sure that all new participants have a Training Guide and encourage them to remain after the session for small group discussion.
- After viewing this session, remind the men of the importance of writing down a Strategic Move from each session. You could share what you wrote down to illustrate how it is done. Explain that they will be taking all of their Strategic Moves and synthesizing them into a personal Action Plan at the end of the series.
- Encourage men to visit [authenticmanhood.com](http://authenticmanhood.com) to view the video explaining more about what it means to put their faith and trust in Jesus.
- Transition to the group discussion time and help any new participants find a group.

### **SESSION 3 | MANHOOD DEFINITION**

- Welcome your group. Reflect on something you gained from the previous session, or have one of the men in your group briefly share what he is learning, how his life is changing, and one of his Strategic Moves.
- Remind the men that any session they miss or wish to view again can be downloaded at [authenticmanhood.com](http://authenticmanhood.com).
- After viewing the session you may want to share with the group which component of the manhood definition challenges you the most.
- Remind the men to write down a Strategic Move then dismiss them to the group discussion time.

### **SESSION 4 | FOUR FACES: KING/WARRIOR**

- Welcome your group. Consider sharing how you were helped and challenged in the last session by having a clear definition of manhood. Lead the men in saying aloud the four parts of the manhood definition.
- After viewing this session you may want to share a brief story about someone you know and how they were called to put on the King Face or the Warrior Face.
- Dismiss the men to their groups.

### **SESSION 5 | FOUR FACES: LOVER/FRIEND**

- Welcome your group. You may want to invite a man from the group to briefly share how *33 The Series* is benefiting him. Be sure and give him advance notice and a time frame of only 2-3 minutes. (Chances are, he'll go 3-4 minutes! Remember shorter is better.)
- After viewing this session review the Four Faces with your group and remind them that some faces will be easier for us to wear than others. Remind them to write down a Strategic Move from this session in their Training Guide.
- Dismiss the men to the group discussion time.

## SESSION 6 | SEASONS

- Welcome your group. Begin this session by calling attention to the Action Plan on page 101. Challenge them to consider how they might compile and synthesize all of their Strategic Moves into a concise and doable Action Plan.
- After viewing this session congratulate the men on completing this volume of 33. Explain that the goal is not to fill in the blanks in our Training Guide but to begin to fill in the blanks in our life by processing the principles of manhood modeled by Jesus.
- Challenge the men to master this material:
  1. By reviewing the notes in their Training Guide
  2. By viewing some or all of the sessions again at [authenticmanhood.com](http://authenticmanhood.com)
  3. By guiding another man through this series
- Dismiss the men to their discussion groups.