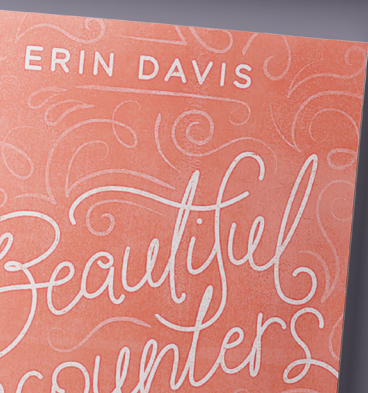
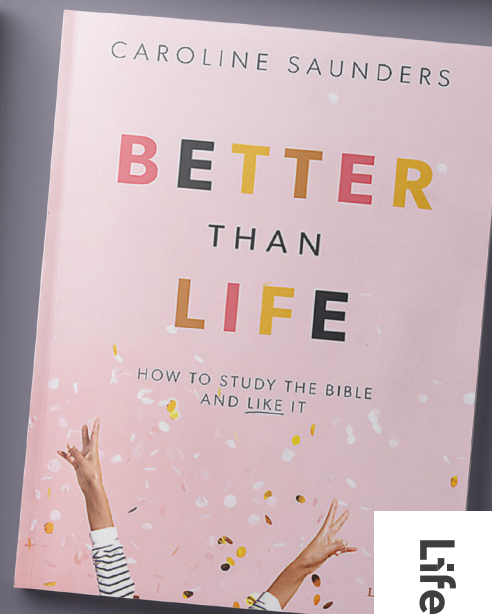
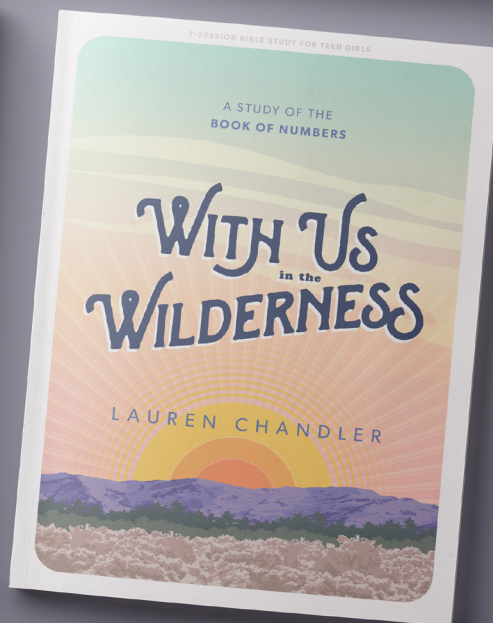
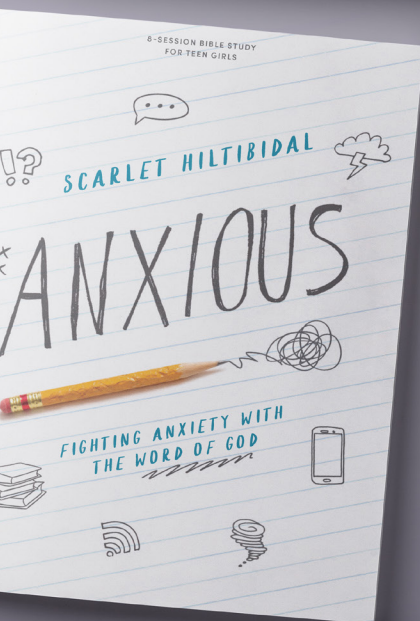
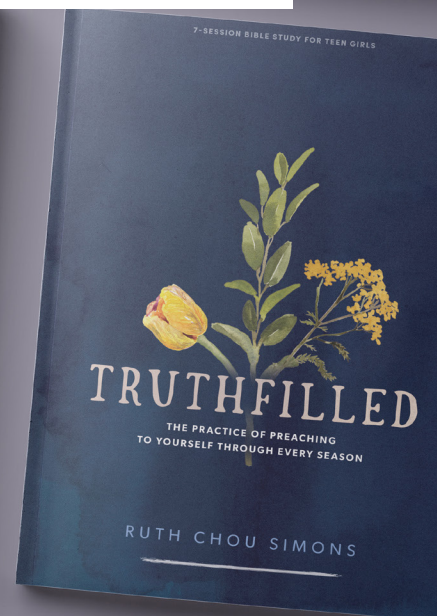
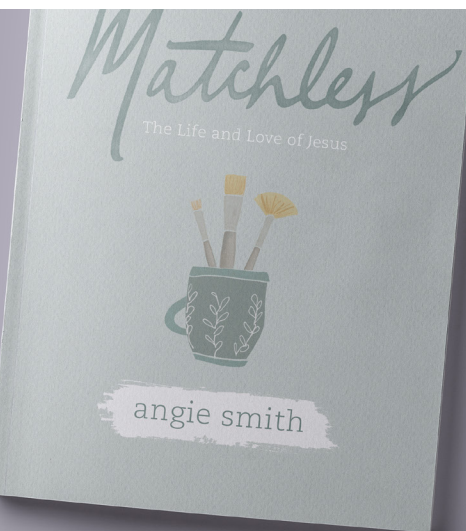


GIRLS MINISTRY CATALOG 2022



I have never believed in the importance of girls ministry more than I do today, and I think that if you are reading this, you feel the same. However, if we are being real with one another, girls ministry has become so complicated over the years. We've made it out to be fancy programs and expensive events, rather than daily discipleship and intentional gospel conversations. Don't get me wrong... I love Girls Wknd., a galentine's event, or a summer movie night just as much as anyone. But I think between all the planning and strategizing, we often forget that all teen girls want is to be known, seen, and loved.

They want someone to know their name, know who they are, and know their joys and hurts.

They want someone to see them for who God says they are despite all of their sins and struggles.

They want someone to love them as a picture of their Heavenly Father's perfect love for them.

And that sounds a lot like what it means for us to live out the gospel, doesn't it? Girls ministry will look different in every single context and for every single person, but our message—the gospel—must always be the same. And we must live out this message we teach!

My hope is that you will allow Lifeway Girls to link arms with you in your effort to disciple and minister to teen girls. Everything we do and create is to point teen girls back to the truth of the gospel, and we believe God has equipped both men and women to accomplish this holy task of girls ministry.

Cheering you on always,

Amanda Mejias
AMANDA MEJIAS

Lifeway Girls Brand Specialist
girls.ministry@lifeway.com



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DISCIPLESHIP STRATEGY

As a student ministry leader, you already have an abiding love for teenagers. You long to see them come to know Christ, grow in their relationships with Him, and for them to help others come to faith in Jesus also. Coupling your heart for students with an intentional and clear ministry strategy will make an incredible impact on their discipleship.

This discipleship plan gives you a specific filter to pass every decision through. As you choose studies for your ministry, consider choosing a healthy mix of each to help develop well-rounded disciples.

Within this catalog, you'll find that each resource is labeled according to one of these three categories. We hope this helps you carefully craft your discipleship strategy for the coming year.

This discipleship plan is built around three words: DISCOVER, DELIGHT, and DISPLAY. Each category focuses on core facets of your students' spiritual development.



DISCOVER (Identity + Theology): Who is God? Who am I in light of who God is? These are two of the most important questions students can ask because in discovering who God is, they learn who He has created them to be. Studies within the Discover category will help students align their lives under God's rule, which will give them confidence in who they are as God's children.

DELIGHT (Spiritual Disciplines): What does it mean to delight in God? What leads to delight in God? Helping students see God in every detail teaches them to delight in Him. When students find their delight in God, they will learn what it means and how to be in relationship with Him.

DISPLAY (Leadership, Mission, + Disciple Making): How do students display the glory of God? How do they help others grow in their relationship with Him? How can they lead others to display the truth of God? Through students learning to lead, live on mission, and make disciples, God's glory is on display and His kingdom is expanded.

NEW RELEASE

Elijah

By Priscilla Shirer

Strength of faith, character, and boldness can only be shaped in the hidden fires of silence, sameness, solitude, and adversity. Those who patiently wait on God in the darkness emerge with their holy loyalty cemented, their courage emblazoned, and their confident belief in Him set afire. Join Priscilla Shirer on a journey through the life and times of Elijah, and discover how the emboldened, fiery faith you desire is being fashioned by God in your life right now.



BIBLE STUDY BOOK (005831695): \$14.99

7-SESSION BIBLE STUDY
FOR TEEN GIRLS

FAITH AND FIRE

Elijah

for Teen Girls

PRISCILLA SHIRER

7-SESSION BIBLE STUDY FOR TEEN GIRLS



TRUTHFILLED

THE PRACTICE OF PREACHING
TO YOURSELF THROUGH EVERY SEASON

RUTH CHOU SIMONS

NEW RELEASE

Truth Filled

By Ruth Chou Simons



Despite what our culture might have you believe, truth is not relative.

Every day, we are called to discern what to believe, whom to listen to, and what information to trust.

Even the thoughts that form in our own minds about ourselves, our circumstances, and our God must be tested. Join Ruth Chou Simons as she walks through the Book of Colossians to demonstrate a pattern of being filled up with the truth of God's Word. (7 sessions)

BIBLE STUDY BOOK (005834139): **\$14.99**

NEW RELEASE

With Us in the Wilderness

By Lauren Chandler

The Book of Numbers is a story of wilderness wandering, but it's also a story of God's presence among His beloved. Join Lauren Chandler in this in-depth study of Numbers and God's people. Discover how even when they rebelled—and this book tells of many rebellions—God's love and promises remained. It's in that love and those promises that the children of Israel found their identity and where we must find ours today. Girls will learn that God's character is steady through every wilderness season.



BIBLE STUDY BOOK (005834131): \$14.99

7-SESSION BIBLE STUDY FOR TEEN GIRLS

A STUDY OF THE
BOOK OF NUMBERS

With Us in the WILDERNESS

LAUREN CHANDLER



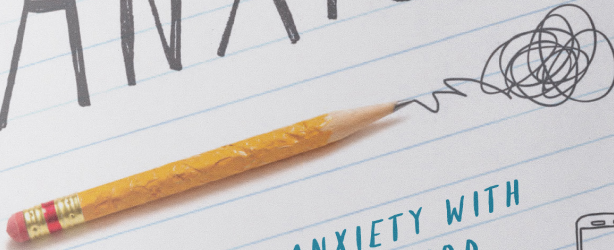
8-SESSION BIBLE STUDY
FOR TEEN GIRLS



SCARLET HILTIBIDAL



ANXIOUS



FIGHTING ANXIETY WITH
THE WORD OF GOD



NEW RELEASE

Anxious

By Scarlet Hiltibidal



True peace comes when we learn to hold God's Word up to what worries us. There, we learn we can't fix ourselves and we can't protect ourselves. Instead, the Bible tells us we can rest, knowing that Jesus walked into the broken, sad, scary places to rescue us and love us. He is the One who fixes. His is the only protection that matters.

Join Scarlet Hiltibidal as she shows girls how we can practically take hold of the perfect peace that is only available through God as we dive deeply into His Word, embrace the practice of prayer, and live authentically in the support of our communities of faith. (8 sessions)

BIBLE STUDY BOOK (005830166): **\$14.99**

AUTHOR SPOTLIGHTS



RUTH CHOU SIMONS | @ruthchousimons

TruthFilled

Tell us a little about yourself!

I am a wife to my husband, Troy, and a mom to SIX boys, so my life is wild and fun! It's such a treat to invest in young women, since I'm usually discipling young men. I'm also an author and artist, and I have had that real honor to bring together my love of watercolor art and intersect it with God's Word and the gospel. I use the expression of art as my interpretation of what God has created to reveal the beauty of God's Word.

Some of my favorite things to do other than art and spending time with family would be cooking a very big meal, styling a friend, or working on a house project!

Share about *GraceLaced*!

About thirteen years ago in a different season of life, I started a blog called *GraceLaced* where I was trying to find how grace intersected or "laced" through my everyday life. Because like many people, I found myself in a circumstance or season of life that I didn't expect or sign up for. We often think, "These aren't the ideal ways I want to use my gifts or serve the Lord." I thought I'd be a missionary somewhere across the world using my gifts exactly how I wanted to, but God called me in that season to be a young mom. And I was spending my time ministering to youth and college girls (which is why I have a heart for teen girls today)!

Years later it became a full-blown lifestyle brand and a store, where I took my writing and art and turned them into products for women around the world to enjoy. These products were meant to help women shift their gaze and see God's Word in a different light. Today, I primarily work with four strong sisters in Christ who love God's Word and are creatives to help me run that side of *GraceLaced*.

My heart is for women to see that they don't have to choose between truth and beauty, but they can have both together.

What are you most excited about how teen girls will use *TruthFilled*?

I wish I could sit down with each girl over a latte and tell her, "You don't have to live the way you're living. You don't have to feel the way you're feeling. You don't need to be bossed by social media, or by a scale that tells you how much you weigh, or by your friends' acceptance, or by the general narrative of what you think you're supposed to do. You first need to align with Christ."

My biggest desire is that teen girls would see that they can be made as new creations through the Word of God. I just want to tell them that they have the tool in their hands to change their life—the Bible. Because even if they don't understand everything or find it boring at times, it is a love letter written to them by God. And if they learn how to preach the truth of His Word to themselves, they don't have to be slaves to their feelings anymore.

SCARLET HILTIBIDAL | @scarlethiltibidal

Anxious

Why a Bible study on anxiety? What led you to write this?

I've been battling my own anxiety since 1986 (wow, am I old? That's when I was born. :)) When I was younger, I would read the Bible and feel pressure to excel at rules. But, as I've grown, I've learned that the Bible is a gift—it's our chance to experience God in His living Word. It's our opportunity to reflect on and remember that we WON'T get all the rules right, so thank Jesus we're forgiven! I love the Bible. And it's changed my life and helped me remember why I really have nothing to fear. I want my daughters and my friends and their daughters to experience the freedom of walking with Jesus, and remembering He has already defeated the broken, sad, scary things.

Did you ever experience anxiety as a teen girl? How might you relate to girls who pick up this study?

One million percent, yes. I don't know that I would have called it "anxiety" back then. But, I sure lived with a lot of panic. I was so so so nervous about failing. I wanted teachers to love me. I wanted my parents to be proud of me. I wanted all the football players to want to date me. 😊 It was exhausting and impossible and I always felt like a failure. I pray this study helps teen girls learn to experience the rest of walking with Jesus way sooner than I did. 😊

Can you share some encouragement to leaders or parents who might do this with their teen girl(s)?

One of my daughters struggles with anxiety big time. I used to feel so bad about that and I would blame myself for her struggle. But, a dear friend encouraged me by telling me God could use my struggle to help me empathize and encourage my daughter. I have this beautiful opportunity to help her the way I've been helped through the questions and the tears and the fears. I know God can use all of us to help younger hearts see that they are safe in the ways that matter most, even though this world we live in feels anything but safe. And maybe you don't struggle with anxiety much, but you love someone who does. I think it's so incredible when the Lord gives us compassion and understanding for people who don't struggle in the same ways we do. I think whether or not you feel like you "get" the struggles of the teens you're leading through this, the Lord can use you to be a comfort and a help in this.



LAUREN CHANDLER | @laurenchandler

With Us in the Wilderness

Tell us about yourself:

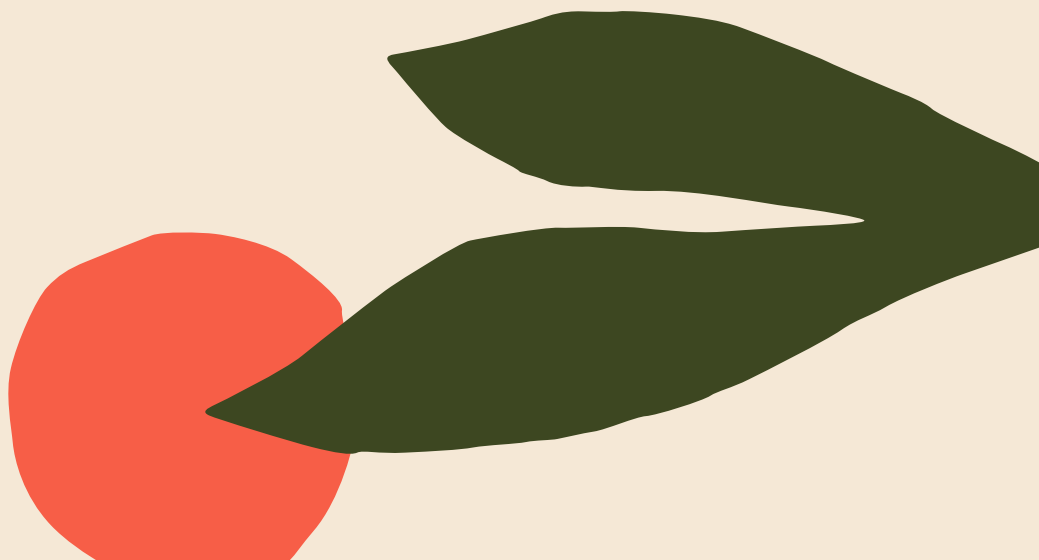
I am a wife, mom, worship leader, author, Bible study writer, and songwriter. My husband Matt is the pastor of a church in Flower Mound, Texas. We have been married for almost 22 years! Our kids are 18, 15, and (almost) 12. One of our favorite family vacations is a dude ranch in Colorado with friends. We love to be together outdoors, usually eating something delicious.

Why do you think teen girls can benefit from *With Us in the Wilderness*?

The teenage years can feel a bit like the wilderness—a time of transition from childhood to adulthood. It can be an exciting but also overwhelming and confusing time. It mirrors a lot of what God's people experienced in the wilderness. More fundamentally, understanding who God is and who we are through the Scriptures is foundational to our faith. My prayer is that this study would help girls realize they can understand who God is and who they are even through the Book of Numbers!

You have teen girls of your own! What is something you'd tell them before starting the study?

Be curious! Plan time to sit down and do the work, but don't give up if you miss some of it. The aim is not answering questions or filling blanks, but meeting with God through the study of His Word!



ONE INCREDIBLE WEEKEND.

TWO WAYS TO JOIN.

LIVE

lifeway.com/girlswknd

SIMULCAST

lifeway.com/girlswkndsimulcast



KNOW
RESTORE
SECURE &
EQUIP



girls wknd

MORE FROM PRISCILLA SHIRER

Defined

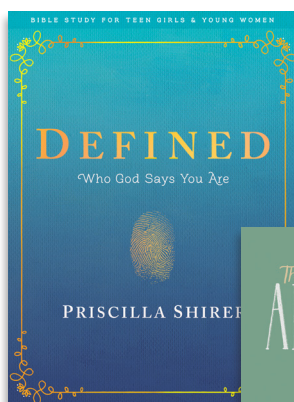
The only way we really know who we are is by knowing the One who has the authority to define us. This Bible study will examine spiritual truths from Ephesians and help students have a better understanding of their God-given identity through Christ. There are also versions available for teen guys and adults. (8 sessions)

Bible Study Book 005815892 - **\$14.99**

The Armor of God

The enemy always fails miserably when he meets someone ready for battle. Someone who is armed and dangerous. *The Armor of God* is more than just a biblical description of the believer's inventory. It is an action plan for putting on your armor and developing a personalized strategy to secure victory against the enemy. Also available for women. (7 sessions)

Bible Study Book 005806985 - **\$13.99**



MORE FROM ANGIE SMITH

Matchless

Dive into Scripture to see Jesus' mission, miracles, message, and more. Whether you've walked with Him for years or are meeting Him for the first time, this study will deepen your understanding of Jesus through biblical, historical, and cultural insight and help you see Him less as an iconic figure and more as an intimate friend. (8 sessions)

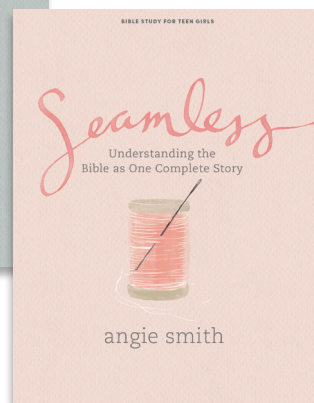
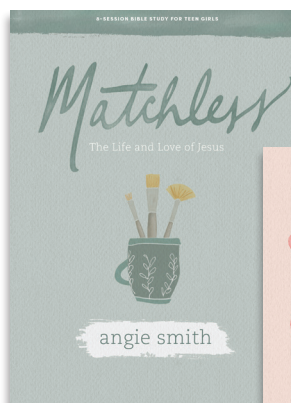
Bible Study Book 005823637 - **\$13.99**

Group Use Video Bundle 005825003 - **\$49.99**

Seamless

This study covers major events from the Bible, tying them together into the greater story of Scripture. The goal is to lead girls to gain an understanding of God's overarching story that runs from Genesis to Revelation. Each session features people, places, and promises including maps, general Bible facts, word studies, and key information that ties all of Scripture together into the seamless truth of the gospel message. Also available for women. (7 sessions)

Bible Study Book 005724811 - **\$13.99**



MORE FROM KELLY MINTER

Finding God Faithful

No doubt there have been, or will be, times in your life when your circumstances lead you to wonder if God is there, if He cares, and if things are slipping out of His control. Surely similar thoughts ran through Joseph's mind as he suffered through betrayal, false accusations, and imprisonment. But throughout his story, we are constantly reminded of God's faithfulness. No matter what we walk through, God's presence is constant, His provision is enough, and His purposes are unstoppable. Also available for women. (8 sessions)

Bible Study Book 005812432 - \$13.99

All Things New

Kelly Minter will lead girls through the Letter of 2 Corinthians to discover how Paul's encouragement to the believers in Corinth challenges the church and young women today. As new creations in Christ, we are to spread the message of Jesus' grace, comfort, and generosity with the world. In the way we live, we must boldly declare that He makes all things new. Also available for women. (8 sessions)

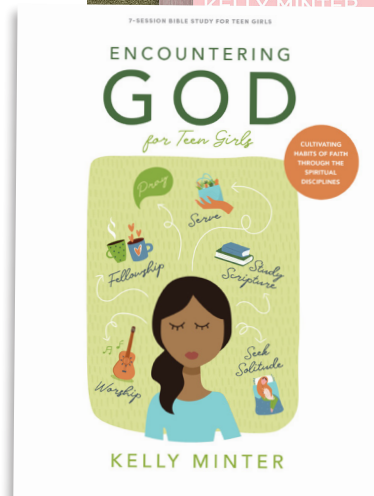
Bible Study Book 005787455 - \$13.99

Encountering God

February 2022

In *Encountering God*, Kelly Minter will help teen girls see how essential spiritual disciplines are to their faith experience and their everyday lives. She'll unpack the biblical foundation for these sacred habits along with approachable ways to practice disciplines like prayer, study, worship, rest, simplicity, hospitality, and celebration. Girls will discover that spiritual disciplines aren't just one more thing to add to their to-do list, but can actually create more margin in their lives, resulting in deeper peace, communion, and rest. (7 sessions)

Bible Study Book 005836410 - \$14.99

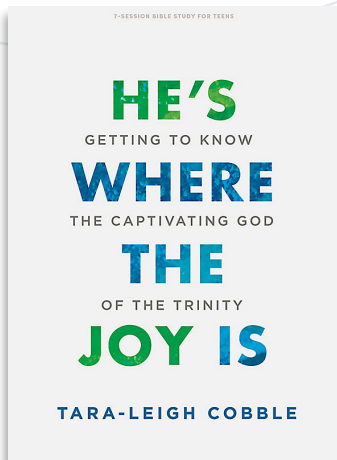
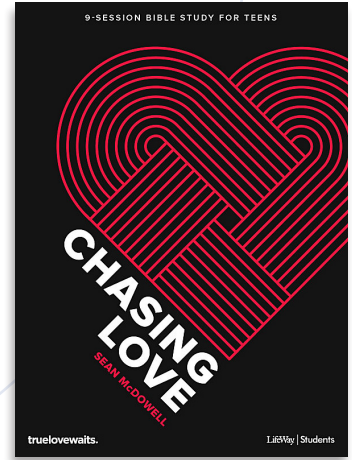


BIBLE STUDIES YOU DIDN'T KNOW YOUR GIRLS WANTED

Chasing Love By Sean McDowell

Our culture says to live for yourself first, but Jesus said to put His kingdom first. This is accomplished through loving God and loving other people (Mark 12). But committing to follow God above all else may come at a price—giving up some of the things our culture says are good. So how do we seek God and His kingdom first in our relationships with other people? This is the great task Jesus has called us to. In this True Love Waits Bible study, Sean McDowell will focus on what it means to love God and others with our sexuality. (9 sessions)

Bible Study Book 005824958 - \$14.99



He's Where the Joy Is By Tara-Leigh Cobble

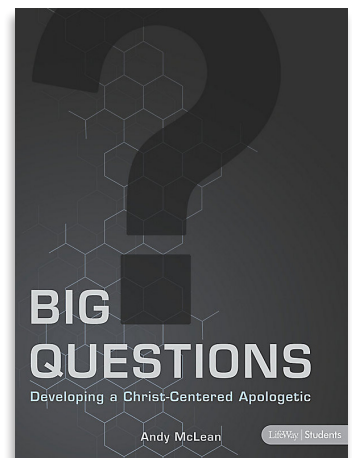
Break down the intimidating doctrine of the Trinity with an appropriate approach for teens. In this study, students will look at the Trinity as a whole and examine each of the Persons of God individually—Father, Son, and Spirit. They'll see how knowing God in His three-in-oneness transforms how they relate to Him. Students will see that drawing closer to God ushers in more peace and abundant life than they imagined possible. In His presence, they will find fullness of joy. (7 sessions)

Bible Study Book 005831470 - \$14.99

Big Questions By Andy McLean

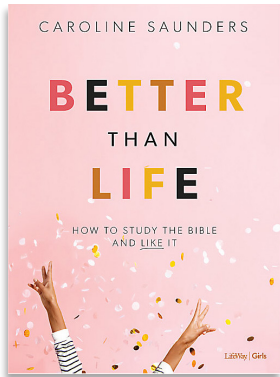
This study is designed to equip students to think biblically and apologetically about some of today's toughest topics relating to the Christian faith. Bringing in some of today's leading Christian apologists to contribute, including William Lane Craig, J.P. Moreland, Sean McDowell, and Craig Hazen, *Big Questions* takes students to another level of being able to explain why they believe what they believe. (6 sessions)

Bible Study Book 005737732 - \$13.99



BIBLE STUDIES YOU DIDN'T KNOW YOUR GIRLS NEEDED

We Saved You a Seat By Lisa-Jo Baker



Better Than Life By Caroline Saunders

Studying the Bible without a plan can be frustrating—kind of like trying to cook without a recipe. In this Bible study, Caroline Saunders offers a straightforward recipe girls can understand and enjoy by combining humor with the skills they need to get the most from the time they spend in Scripture. Girls will discover how God's "faithful love is better than life" (Ps. 63:3) as Caroline leads them through an in-depth study of Psalm 63, teaching them to observe, interpret, connect with, apply, and delight in God's Word. (9 sessions)

Bible Study Book 005823978 - \$13.99

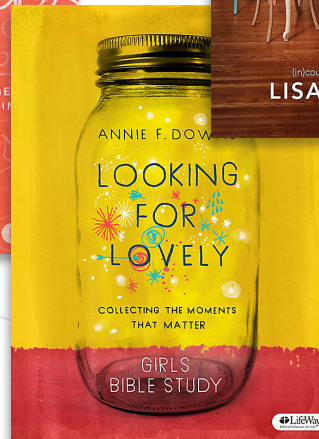
We Saved You a Seat looks at the heart of lasting friendships, using Jesus as the ultimate model. It reminds girls that friendship takes vulnerability, service, and forgiveness. It's learning to exercise joy instead of jealousy and encouragement instead of envy. In friendship, sometimes we need to be willing to go first—whether we're the new girl in a circle of friends or we've been a part of the same group since elementary school. Also available for women. (7 sessions)

Bible Study Book 005791569 - \$13.99

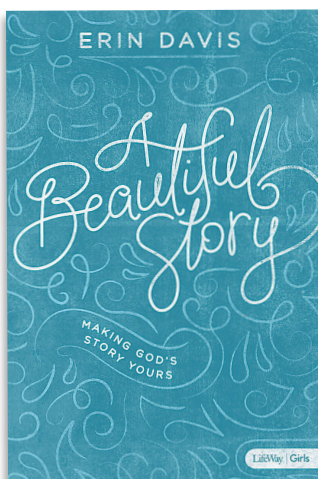
Beautiful Encounters By Erin Davis

When we encounter Jesus—when we really experience Him—we discover a longing to connect with Him. And, as we learn more about His character, our faith and character blossom. *Beautiful Encounters* examines the lives of 11 New Testament women who were changed by Jesus Christ. These women experienced the same needs, emotions, and longings that girls experience today. As girls realize this, they will see how a beautiful encounter with Jesus can transform them as well. (4–8 flexible sessions)

Bible Study Book 005795889 - \$13.99



GIRLS MINISTRY
CATALOG



A Beautiful Story By Erin Davis

In *A Beautiful Story*, Erin Davis explores the lives of 10 Old Testament women whose seemingly ordinary lives point the spotlight toward an extraordinary God. This study taps into the power of story to discover God's character and redemptive plan in all of Scripture. These stories aren't just scattered pages; they are bound together by the One who wrote them. (8 sessions)

Bible Study Book 005793034 - \$13.99

Looking for Lovely By Annie F. Downs

Every moment matters. Every individual matters. In *Looking for Lovely*, author Annie Downs explores the lives of ordinary people in the Bible to discover the beauty in everyday life. Whether they are in a season of plenty or a season of perseverance, girls will walk away from this study having grown in both character and hope, knowing that it is God who sustains them through it all. Also available for women. (7 sessions)

Bible Study Book 005781390 - \$13.99

BIBLE STUDIES FOR MOMS AND DAUGHTERS

Many of our teen girls' Bible studies are also available for women. If you're a mom looking for an opportunity to dig into the Word alongside your daughter, we have several great options to choose from and resources to guide you through it.

Matchless

Explore who Jesus is and how we can know Him.
lifeway.com/matchless

Anxious

Fight anxiety with the Word of God.
lifeway.com/anxious

TruthFilled

Trade the lies of culture for the truth of God's Word.
lifeway.com/truthfilled

Elijah

Trust in God's sovereignty through every season.
lifeway.com/elijah

With Us in the Wilderness

See how even our rebellion cannot separate us from the love and faithfulness of the Lord.
lifeway.com/wilderness



Study
with your
daughter!

The Mother-Daughter Study Guide prepares you with tips for connecting with your daughter and content notes to help you navigate any variations between the two studies. Download each of these guides at the links listed above.



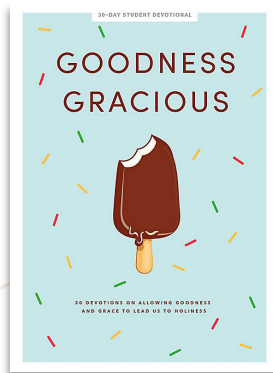
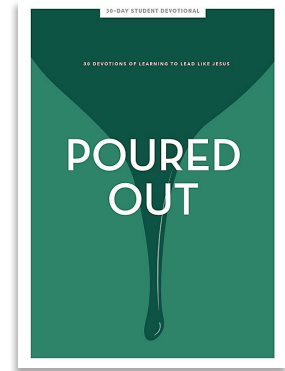
GIRLS
CARE

DEVOTIONALS

Poured Out By Lifeway Girls

Jesus knew what it was like to empty Himself to fulfill God's purpose for His life. He chose obedience, even though He knew it would lead to the cross. He chose to love us, even though we chose sin instead. And His blood was poured out for us to offer the gift of salvation. Jesus led with a balance of truth and grace, confrontation and love, boldness and gentleness. In this balance, we learn how to boldly lead others with gentleness to "come and see" the One who gave everything for us.

Devotional Book 005831829 - \$5.99



Goodness Gracious By Lifeway Girls

Thankfully, in His goodness, our gracious God extended an invitation for us to enjoy His good gifts through Jesus. Scripture says that "not even one" of us is good (Rom. 3:12), and yet, it also says that God chose to send Jesus to die for us "while we were still sinners" (Rom. 5:8). Through one man, sin and death became a part of our reality, but through the one Man who is good, grace became our greatest gift.

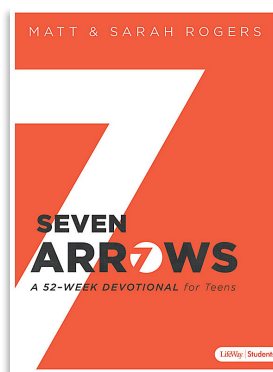
Devotional Book 005831825 - \$5.99

Foundations By Kandi Gallaty

Foundations is a one-year Bible reading plan for teen girls offering the flexibility of reading five days per week. Along with supplementary devotional content each day, girls can experience the miracle of reading and responding to God's Word. By using the H.E.A.R. journaling method, students will be guided through Highlighting, Explaining, Applying, and Responding to passages, allowing for practical application throughout the year-long plan.

New Testament Devotional Book 005831314 - \$14.99

Old Testament Devotional Book 005832258 - \$14.99



Seven Arrows By Matt & Sarah Rogers

The *Seven Arrows* Bible reading method is designed to help teens make the most of their time in God's Word. This clear, orderly, and memorable guide for studying any passage of Scripture will equip students to love and apply God's Word for the rest of their lives. Using the arrows as a guide, they'll move through the entire Bible in a year and emerge with a deeper appreciation for God's love for them and the beauty and power of His Word. (52 weeks)

Devotional Book 005799056 - \$14.99

HOST YOUR OWN GIRLS WEEKEND

Taste and See is a fully-planned Girls Wknd. Box for your group to use at home or in your church. This event is about knowing the Creator and the image we are made in! Girls will be restored through worship, fellowship, and reflection and will be reminded that their past, present, and futures are secure in Jesus. Through the physical and digital components of the *Taste and See Girls Wknd. Box*, you will be able to host your very own Girls Wknd. whenever and wherever works best for you!

Each box includes:

- 3 detailed planning guides for events of all sizes
- 3 video teaching sessions from Caroline Saunders
- Activities, games, and recipes
- Graphics package and promotional materials
- Parent info packets
- Leader training materials
- Registration cards
- Balloons
- Playing cards
- Glow party supplies
- And more!

LOOK INSIDE!



ONE BOX, THREE USES.

The Taste and See Girls Wknd. Box can be utilized for groups of all shapes and sizes. A PDF planning guide for each event type is included in your purchase. No matter what size event you are planning, your box includes all assets, activities, teaching videos, and leader gifts. Simply purchase a box and the number of Student Books required for your group size.

Girls Ministry Events

Our planning guide includes all the tools and instructions you need to promote and communicate your event to your whole church or student group, including securing an event space, parent communication emails, social media graphics, t-shirt designs, and more.

Small Group Events

If you're hosting the event for your small group, you may not require as much promotion or planning. We've provided a paired-down planning guide and instructions for hosting smaller groups with one or a few leaders.

Moms & Daughters

Yes, even moms and daughters can join in on the fun together! The adjusted planning guide helps you plan for all the activities and fun without all the unnecessary registration and promotional steps.

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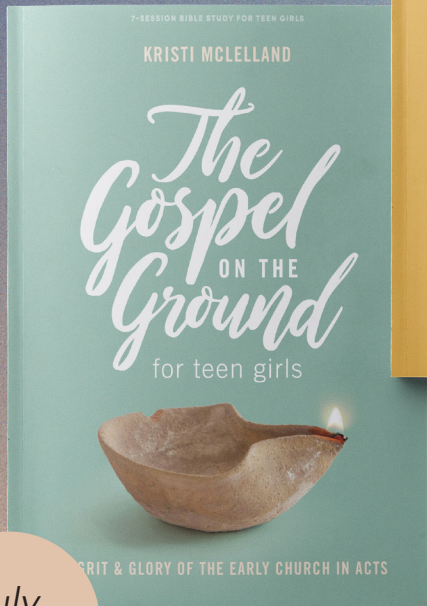
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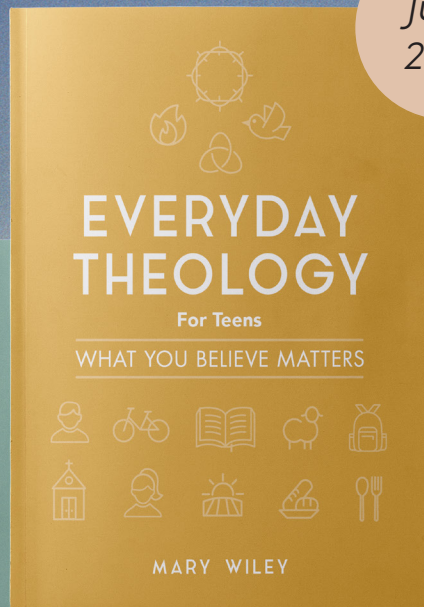
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WE WANT TO HEAR FROM YOU!

Here at Lifeway, one of our core values is Better Together—and friend, that includes you! We have a few questions and we'd love your thoughts. Would you please take a few minutes to complete the survey using the QR code below?



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