Shake and Go™ Fit Tritan Mixer Bottle
Care and Use Instructions

**CAUTION**
- Product is NOT designed for hot liquids. Use only with cold liquids.
- Not for use with carbonated beverages.
- Prior to drinking, make sure the lid is properly threaded to the body and screwed on completely.
- **DO NOT** overfill. Fill liquids to just below the threading in the body.
- **DO NOT** microwave or freeze.
- **DO NOT** use cleaners containing bleach, chlorine, abrasives, and/or other harsh chemicals.
- **DO NOT** continue to use product if damaged.
- **DO NOT** carry bottles containing liquid in bags to help prevent accidental opening.

**USAGE RECOMMENDATIONS:**
To use, insert your ingredients into the bottle with the shaker ball and shake according to drink manufacturer instructions. Make sure the lid is screwed on tightly before shaking.

**RECOMMENDED FOR:**
Protein powders, nutrition supplements, meal replacements and any other powdered beverages.

**CLEANING INSTRUCTIONS:**
- Wash thoroughly before first use.
- Rinse immediately after each use with warm water.
- Lid, plastic body and the ball are top-rack dishwasher safe. Ball can be placed in the silverware bin.
- If washing by hand, soak lid and ball for 10 minutes in hot soapy water. Hand wash body with warm water and mild detergent. Rinse all parts thoroughly before drying.

**ALWAYS STORE BOTTLE WITH LID REMOVED** to allow parts to dry completely.

For complete warranty information, see GoContigo.com.

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