

# Workman® Twin Leg Personal Fall Limiter



Because every life has a **purpose...**



## Workman Twin Leg Personal Fall Limiter

The Workman® Twin Leg Personal Fall Limiter increases worker productivity by providing greater mobility and continuous connection (100% tie-off) while moving from one location to another, offering a great alternative to twin leg shock-absorbing lanyards.

The Workman Personal Fall Limiter features the patent-pending ARCA™ Harness Connection. The innovative, integral ARCA Harness Connection makes the Workman Personal Fall Limiter easier to use than any product on the market – simply insert D-ring into the slot and you're ready to work! This intuitive design offers several important safety features:

- Dual-locking cams offer redundancy of connection – only a single cam is required to maintain connection.
- Locking cams move in opposite directions to prevent accidental disengagement.
- Locking cam guards help to prevent unintentional contact with cam.
- High-strength cam design – only one cam is needed to maintain secure attachment.
- ARCA Harness Connection is also available with field-installable lock-out device that results in semi-permanent harness connection, helping to prevent theft or loss.



400-lb capacity to reduce complexity of product selection.

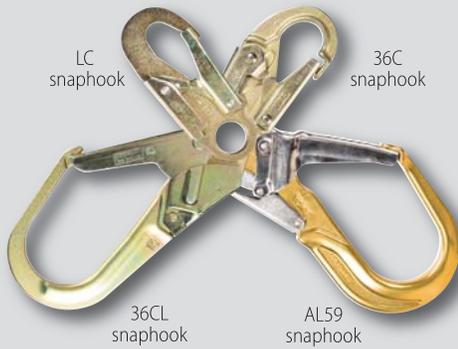
Compact, lightweight design to increase user acceptance.

6-ft working length to achieve required mobility.

Robust thermoplastic housing for increased service life.

Impact-absorbing protective bumpers for durability.





Choice of standard or large gate opening snaphooks for efficient connection to most anchorages.

**The Workman Twin Leg Personal Fall Limiter may be used in two modes:**



*Tightly secured to the harness using Velcro straps, with lines extended upward for overhead connection applications.*



*Free-hanging from back D-ring, with lines extended downward for connection at or below the back D-ring.*



Fall arrest distance limited to less than 42" to allow for use in low-clearance applications.

Fall arrest forces limited to less than 900 lbs to reduce impact on users.

-enabled to provide easy, paperless tracking and product inspection.

Includes two accessory lanyard keepers for lifeline stowage when not in use.



Impact indicators on each lifeline for quick and easy inspection.

Recessed labels for increased service life.



*Workman Twin Leg Tie-Back PFL*

"An excellent tool!"

MW, Plant Maintenance

"Easy to connect. On your back, it is weightless!"

JS, Carpenter

"I like this very much."

RW, Safety Director

MATERIALS	
HOUSING	Impact-resistant thermoplastic
BUMPERS	Impact-absorbing thermoplastic rubber
FRAME	Alloy steel
HUB	Impact-resistant thermoplastic
LOCKING MECHANISM	Carbon steel/stainless steel
LIFELINE	1" (2.54 cm) nylon
SNAPHOOK	Steel and aluminum options available
TECHNICAL	
MAXIMUM WORK LOAD	400 lbs (181 kg)
MINIMUM BREAKING STRENGTH	3000 lbs (15kN)
LIFELINE TENSION	Starts at 2.5 lbs (11.1kN)
MAXIMUM ARRESTING DISTANCE	42" (1.07 cm)
ARRESTING FORCE	900 lbs (4kN) for workers 310 lbs and under (140 kg) 1800 lbs (8 kN) for workers 311 lbs - 400 lbs (141 kg - 181 kg)
WEIGHT	Starts at 4.8 lbs
LINE LENGTH	6 ft (1.8 m)*
CERTIFICATION	
THIS PRODUCT MEETS OR EXCEEDS THE FOLLOWING STANDARDS	OSHA 1926.502, 1910.66 and ANSI Z359.14-2007*

PART NUMBER	DESCRIPTION	LIFELINE CONNECTION	STANDARDS
10118937	Workman Twin Leg PFL, 6 ft	36CL snaphook	ANSI Z359.14, CSA Z259.2.2-Type 1, OSHA
10120050	Workman Twin Leg PFL, 6 ft	AL59 snaphook	ANSI Z359.14, CSA Z259.2.2-Type 1, OSHA
10129903	Workman Twin Leg PFL, 6 ft	LC snaphook	ANSI Z359.14, CSA Z259.2.2-Type 1, OSHA
10120052	Workman Twin Leg PFL, 6 ft	36C snaphook	ANSI Z359.14, CSA Z259.2.2-Type 1, OSHA
10122373	Optional lockout hardware	-	-
10125271	Workman Twin Leg Tie-Back PFL, 6-ft	FP5K™ Snaphook	ANSI Z359.14, CSA Z259.2.2-Type 1, OSHA
10125272	Workman Twin Leg Tie-Back PFL, 7.5-ft	FP5K Snaphook	CSA Z259.2.2-Type 1, OSHA

\* Does not apply to PN 10125272

**Note:** This bulletin contains only a general description of the products shown. While uses and performance capabilities are described, under no circumstances shall the products be used by untrained or unqualified individuals and not until the product instructions including any warnings or cautions provided have been thoroughly read and understood. Only they contain the complete and detailed information concerning proper use and care of these products.



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