

# Workman<sup>®</sup> Fall Protection Products



**MSA**  
The Safety Company



Quality, comfort and value come together in the Workman Series line of products.



Statistics prove, year after year, that lack of fall protection is a leading factor in job fatalities and injuries. MSA's Workman Series product line enables your company to provide optimum quality, comfortable fall arrest systems for your workers.

### Workman Harness

The Workman Harness provides comfortable protection due to its lightweight components and durable webbing. The vest-style harness, with optional hip D-rings for work positioning, fits a wide range of body types and sizes. Color-contrasting thigh and torso straps simplify donning.

### Features:

- Economical
- Abrasion-resistant, strong, durable webbing
- Yellow polyester webbing for high visibility
- Web retainer collars to keep excess webbing neat
- Easy to don and adjust
- Choice of Qwik-Fit™ Buckle or tongue-buckle leg straps for easy adjustment
- Instructions in English, Spanish and French
- Meets OSHA regulations, ANSI A10.32 and ANSI Z359.1 and is certified to CSA Z259.10-06.



### Workman Harness Ordering Information

PART NUMBER	SIZE				LEG BUCKLES		D-RING CONFIGURATION		
	XSM	STD	XLG	SXL	Qwik-Fit	Tongue-buckle	Back	Hip	Front
10072478	X				X		X		
10072479		X			X		X		
10072480			X		X		X		
10072481				X	X		X		
10072482	X				X		X	X	
10072483		X			X		X	X	
10072484			X		X		X	X	
10072485				X	X		X	X	
10072486	X					X	X		
10072487		X				X	X		
10072488			X			X	X		
10072489				X		X	X		
10072490	X					X	X	X	
10072491		X				X	X	X	
10072492			X			X	X	X	
10072493				X		X	X	X	
10108743	X					X	X		X
10108744		X				X	X		X
10108745			X			X	X		X
10108791				X		X	X		X
10108755	X				X		X		X
10108756		X			X		X		X
10108757			X		X		X		X
10108758				X	X		X		X
10108767	X					X	X	X	X
10108768		X				X	X	X	X
10108769			X			X	X	X	X
10108770				X		X	X	X	X
10108771	X				X		X	X	X
10108772		X			X		X	X	X
10108773			X		X		X	X	X
10108774				X	X		X	X	X



### Workman Construction Harness

The Workman Construction Harness adds an integral backpad for added comfort during work positioning and a removable, tongue-buckle tool belt. Meets applicable OSHA regulations, ANSI A10.32 and ANSI Z359.1 requirements and is CSA-certified to Z259.10-06.



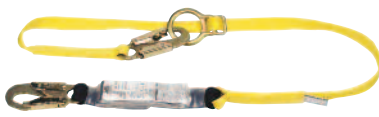
### Workman Harness Ordering Information

PART NUMBER	SIZE				CHEST STRAP	LEG BUCKLES			ATTACHMENT POINTS		INTEGRAL BACK PAD WITH TOOL BELT	SHOULDER PADS
	XSM	STD	XLG	SXL		QWIK-FIT	QWIK-FIT	TONGUE	BACK	HIP		
10072494	X				X		X	X	X	X		
10072495		X			X		X	X	X	X		
10072496			X		X		X	X	X	X		
10072497				X	X		X	X	X	X		
10077490	X				X		X	X	X	X		X
10077571		X			X		X	X	X	X		X
10077572			X		X		X	X	X	X		X
10077573				X	X		X	X	X	X		X

### Shoulder Pads for Workman Harness

Shoulder pads attach to harness using velcro tabs to provide additional comfort.

PART NUMBER	DESCRIPTION
10077489	Shoulder pads, 1 set



Part Number 10072472



Part Number 10072473



Part Number 10072475



Part Number 10076124



Part Number 10072474



Part Number 10073708

### Workman Shock-Absorbing Lanyards

Workman Shock-Absorbing Lanyards are lightweight with a low-profile body. The shock absorber includes a clear, durable protective cover over the labels to increase service life and allow for easy inspection.

#### Features:

- Tear-tape design to keep fall arrest forces below 900 lbs
- Choice of single or twin-leg configurations
- Choice of adjustable or tie-back configurations
- Meets OSHA regulations and is certified to CSA Z259.11-05 E4

### Workman Shock-Absorbing Lanyards Ordering Information

PART NUMBER	HARNES CONNECTION	ANCHORAGE CONNECTION	CONFIGURATION			STANDARDS	
			Single-Leg	Twin-Leg	Tie-Back	ANSI Z359.13	CSA Z259.11
10072472	LC	LC	X		X		X
10072473	LC	LC (2)		X	X		X
10072474	LC	LC	X				X
10073708	LC	LC (2)		X			X
10072475	LC	GL3100 (2)		X			X
10076124	LC	GL3100	X				X
10113157	36C	36C	X		X	X	
10113158	36C	36C	X			X	
10113159	36C	36C		X		X	
10113162	36C	36C		X	X	X	
10113163	36C	36CL		X		X	
10113164	36C	36CL	X			X	

## Workman Harness with Integral Workman Energy-Absorbing Lanyard Ordering Information

PART NUMBER	SIZE				LEG BUCKLES		D-RING CONFIGURATION			INTEGRAL ENERGY-ABSORBING LANYARD	
	XSM	STD	XLG	SXL	Qwik-Fit	Tongue-buckle	Back	Hip	Front	Single-leg	Twin-leg
10108746	X					X	X		X	X	
10108748		X				X	X		X	X	
10108749			X			X	X		X	X	
10108750				X		X	X		X	X	
10108751	X					X	X		X		X
10108752		X				X	X		X		X
10108753			X			X	X		X		X
10108754				X		X	X		X		X
10108759	X				X		X		X	X	
10108760		X			X		X		X	X	
10108761			X		X		X		X	X	
10108762				X	X		X		X	X	
10108763	X				X		X		X		X
10108764		X			X		X		X		X
10108765			X		X		X		X		X
10108766				X	X		X		X		X
10108775	X					X	X	X	X	X	
10108776		X				X	X	X	X	X	
10108777			X			X	X	X	X	X	
10108778				X		X	X	X	X	X	
10108779	X				X		X	X	X	X	
10108780		X			X		X	X	X	X	
10108781			X		X		X	X	X	X	
10108782				X	X		X	X	X	X	
10108783	X					X	X	X	X		X
10108784		X				X	X	X	X		X
10108785			X			X	X	X	X		X
10108786				X		X	X	X	X		X
10108787	X				X		X	X	X		X
10108788		X			X		X	X	X		X
10108789			X		X		X	X	X		X
10108790				X	X		X	X	X		X

## Workman Rebar Assembly

Designed for work positioning applications such as tying rebar or constructing concrete forms. Meets applicable OSHA regulations and is CSA Z259.11-05-certified.



PART NO.	DESCRIPTION
10072498	Rebar Web Assembly, 13" legs, with large sliding snaphook

## Workman Restraint Lanyard

Restraint lanyards are primarily used for travel restriction (to restrain a worker from reaching a fall hazard) and work positioning (stabilizing a worker at an elevated location) applications. Workman Restraint Lanyards meet applicable OSHA regulations and are CSA Z259.11-05-certified.



PART NO.	DESCRIPTION
10072499	6-ft, adjustable, polyester web restraint lanyard with LC snaphooks

# Workman® Reusable Roof Anchor

Whether your roof is flat or sloped, the Workman Reusable Roof Anchor is the perfect fit.

### Features and Benefits

- 400-lb maximum worker capacity
- Offset center holes reduce possibility of truss splitting during installation
- Can be used off-roof peak in flat position without compromising strength
- Can be used with screws or nails
- Fits any wooden roof up to 12/12 pitch
- Meets ANSI Z359.1-2007, ANSI A10.32-2004 and OSHA 1926.502



P/N 10102686



PART NO.	DESCRIPTION
10102686	Workman Reusable Roof Anchor with 12 mounting screws

# Workman Kits

Your basic fall protection needs for construction and general maintenance are available in one easy-to-order kit. All fall protection kits include the Workman Vest-Style Harness, the Workman Shock-Absorbing Lanyard, the PointGuard™ Anchor Strap, and duffel bag.



PART NUMBER	DESCRIPTION
10092166	Workman Fall Protection Kit includes STD size Vest-Style Harness with Qwik-Fit Buckle leg straps, Workman Shock-Absorbing Lanyard, single-leg, adjustable; Pointguard Anchor Strap, duffel bag
10092167	Workman Fall Protection Kit includes STD size Vest-Style Harness with tongue-buckle leg straps, Workman Shock-Absorbing Lanyard, single-leg, adjustable; Pointguard Anchor Strap, duffel bag
10092168	Workman Fall Protection Kit includes XLG size Vest-Style Harness with Qwik-Fit Buckle leg straps, Workman Shock-Absorbing Lanyard, single-leg, adjustable; Pointguard Anchor Strap, duffel bag
10092169	Workman Fall Protection Kit includes XLG size Vest-Style Harness with tongue-buckle leg straps, Workman Shock-Absorbing Lanyard, single-leg, adjustable; Pointguard Anchor Strap, duffel bag

PART NUMBER	DESCRIPTION
10092170	Workman Aerial Kit includes STD size Vest-Style Harness with Qwik-Fit Buckle Leg Straps, Workman Shock-Absorbing Lanyard, single-leg, adjustable; carry bag
10092191	Workman Aerial Kit includes STD size Vest-Style Harness with tongue-buckle leg straps, Workman Shock-Absorbing Lanyard, single-leg, adjustable; carry bag
10092192	Workman Aerial Kit includes XLG size Vest-Style Harness with Qwik-Fit Buckle Leg Straps, Workman Shock-Absorbing Lanyard, single-leg, adjustable; carry bag
10092193	Workman Aerial Kit includes STD size Vest-style Harness with tongue-buckle leg straps, Workman Shock-absorbing Lanyard, single-leg, adjustable; carry bag

# Workman Roofers' Kits

The comprehensive kit was created for roofing fall protection and includes a Vest-Style Workman Harness, 25-ft or 50-ft rope lifeline with either a trailing rope grab or a manual rope grab, carrying bag or reusable bucket. Bucket kits include a temporary roof anchor. When roofing is complete, the temporary roof anchor can be removed and stored for the next job.



PART NUMBER	DESCRIPTION
10074474	STD size Vest-Style Workman Harness with Qwik-Fit Buckle leg straps; 50-ft rope lifeline with trailing rope grab; roof anchor; storage bucket
10077583	XLG size Vest-Style Workman Harness with Qwik-Fit Buckle leg straps; 50-ft rope lifeline with trailing rope grab; roof anchor; storage bucket
10074475	STD size Vest-Style Workman Harness with Qwik-Fit Buckle leg straps; 25-ft rope lifeline with trailing rope grab; roof anchor; storage bucket
10077584	XLG size Vest-Style Workman Harness with Qwik-Fit Buckle leg straps; 25-ft rope lifeline with trailing rope grab; roof anchor; storage bucket
10074476	STD size Vest-Style Workman Harness with tongue-buckle leg straps; 50-ft rope lifeline with trailing rope grab; roof anchor; storage bucket
10074481	XLG size Vest-Style Workman Harness with tongue-buckle leg straps; 50-ft rope lifeline with trailing rope grab; roof anchor; storage bucket
10074477	STD size Vest-Style Workman Harness with tongue-buckle leg straps; 25-ft rope lifeline with trailing rope grab; roof anchor; storage bucket
10074482	XLG size Vest-Style Workman Harness with tongue-buckle leg straps; 25-ft rope lifeline with trailing rope grab; roof anchor; storage bucket

PART NUMBER	DESCRIPTION
10074479	STD size Vest-Style Workman Harness with Qwik-Fit Buckle leg straps; 50' rope lifeline with manual rope grab; storage bag
10077587	XLG size Vest-Style Workman Harness with Qwik-Fit Buckle leg straps; 50-ft rope lifeline with manual rope grab; storage bag
10074480	STD size Vest-Style Workman Harness with Qwik-Fit Buckle leg straps; 25-ft rope lifeline with manual rope grab; storage bag
10077588	XLG size Vest-Style Workman Harness with Qwik-Fit Buckle leg straps; 25-ft rope lifeline with manual rope grab; storage bag
10092958	STD size Vest-Style Workman Harness with tongue-buckle leg straps; 50-ft rope lifeline with manual rope grab; storage bag
10077589	XLG size Vest-Style Workman Harness with tongue-buckle leg straps; 50-ft rope lifeline with manual rope grab; storage bag
10092959	STD size Vest-Style Workman Harness with tongue-buckle leg straps; 25-ft rope lifeline with manual rope grab; storage bag
10077590	XLG size Vest-Style Workman Harness with tongue-buckle leg straps; 25-ft rope lifeline with manual rope grab; storage bag

# Workman Personal Fall Limiter

With its solid design and fast-acting brake mechanism, you can be confident that the Workman Personal Fall Limiter (PFL) will be there for you when you need it most. The Workman PFL features:

- Durable, engineered thermoplastic housing for decreased weight.
- Rugged, impact-absorbing protective bumpers for added durability.
- Lifeline choice of cable or web to meet your needs.
- Working capacity eliminates product custom orders for workers exceeding 310 lbs.
- Lifeline length options from 6-ft to 12-ft (web) and 7-ft to 12-ft (cable) to ensure that users receive exact lengths needed for specific applications.
- ATO ordering flexibility for ease in ordering the exact options needed.
- No required annual factory recertification, reducing the cost of ownership and eliminating downtime.
- Integral load indicator to alert the user that the unit has been involved in a fall.
- PFL and lifeline connector options enabling unit to be used for many applications.
- Integral swivel on PFL connector.



A recessed label pack with a durable cover protects the labels from environmental damage, increasing service life. All labels are conveniently located for easy retrieval.

**All these features and more combine to deliver one of the most versatile fall protection devices available on the market today.**

## Workman PFL Ordering Information

All part numbers below meet applicable OSHA standards and ANSI A10.32.

WORKMAN WEB PFL				STANDARDS	
Part Number	Line Length	PFL Connection	Lifeline Connection	ANSI Z359.1	CSA Z259.2.2
10093348	12-ft (3.7m)	None	LI snaphook		
10093349	12-ft (3.7m)	None	LC snaphook		
10093350	12-ft (3.7m)	1" steel carabiner	LC snaphook		
10093351	11-ft (3.4m)	Back D connector	AL64 snaphook		
10093352	12-ft (3.7m)	Back D connector	LC snaphook		
10093353	12-ft (3.7m)	1" steel carabiner	36C snaphook	X	
10093354	12-ft (3.7m)	None	36C snaphook	X	
10093355	10-ft (3.0m)	None	LI snaphook		X
10093356	10-ft (3.0m)	None	LC snaphook		X
10093357	10-ft (3.0m)	1" steel carabiner	LC snaphook		X
10093358	10-ft (3.0m)	Back D connector	LC snaphook		X

## Workman Web PFL Lifeline Replacement Kits Ordering Information

PART NO.	LIFELINE	DESCRIPTION
10093799	Web	Replacement 12-ft lifeline with LI snaphook
10093812	Web	Replacement 12-ft lifeline with swivel carabiner
10093811	Web	Replacement 12-ft lifeline with 1" aluminum carabiner
10093800	Web	Replacement 12-ft lifeline with 1" steel carabiner
10093813	Web	Replacement 12-ft lifeline with LS snaphook
10093814	Web	Replacement 12-ft lifeline with AL64 snaphook
10093815	Web	Replacement 12-ft lifeline with LC snaphook
10093816	Web	Replacement 12-ft lifeline with LS swivel snaphook
10093797	Web	Replacement 12-ft lifeline with 36C snaphook
10093798	Web	Replacement 12-ft lifeline with 36CSN swivel snaphook

PART NO.	LIFELINE	DESCRIPTION
10093819	Web	Replacement 10-ft lifeline with LI snaphook
10093822	Web	Replacement 10-ft lifeline with swivel carabiner
10093821	Web	Replacement 10-ft lifeline with 1" aluminum carabiner
10093820	Web	Replacement 10-ft lifeline with 1" steel carabiner
10093823	Web	Replacement 10-ft lifeline with LS snaphook
10093824	Web	Replacement 10-ft lifeline with AL64 snaphook
10093825	Web	Replacement 10-ft lifeline with LC snaphook
10093826	Web	Replacement 10-ft lifeline with LS swivel snaphook
10093817	Web	Replacement 10-ft lifeline with 36C snaphook
10093818	Web	Replacement 10-ft lifeline with 36CSN swivel snaphook



# Workman Self-Retracting Lanyard

With lightweight design, durable thermoplastic housing and impact-absorbing bumpers, the Workman SRL will not only be accepted by users, but also provides years of dependable service.

The Workman SRL features:

- RFID-enabled product for simplified product tracking and inspection.
- 400-lb working capacity for increased versatility.
- Integral, ergonomic carrying handle for easier transport and installation.

PART NUMBER	DESCRIPTION
10119507	Workman SRL, 30-ft, galvanized cable, 36CS snaphook
10120724	Workman SRL, 30-ft, stainless steel cable, 36CS snaphook
10121834	Workman SRL, 50-ft, galvanized cable, 36CS snaphook
10121778	Workman SRL, 50-ft, stainless steel cable, 36CS snaphook

- Available with galvanized or stainless steel lifeline to fit your varied applications.
- Swivel snaphook with load indicator at lifeline end greatly limits twisting of cable; also alerts users that the Workman SRL has been involved in a fall.
- Available in 30-ft and 50-ft lengths to provide the mobility you need.
- Certification to ANSI Z359.14-2012 and CSA Z259.2.2 for compliance and peace of mind.
- Meets all OSHA requirements.



## Workman Tripod

### Easy to Use, Durable, Versatile

The Workman Tripod is very easy to use. A simple setup procedure makes the process quick and promotes correct use. Features that enhance ease of use include:

- Legs automatically lock in the open position for added safety.
- A maximum height indicator provides quick and easy identification of the maximum leg extension length.
- Accessories can attach to any leg for faster setup.
- Aluminium leg and head design reduces weight, improving portability.
- Skid-resistant feet with built-in leg base support strap that improves stability and strengthens the entire system.
- Cut-resistant pin retention chains that enable an extended service life.
- An internal leg-locking mechanism prevents accidental disengagement during use and reduces the possibility of mechanism damage during use or while in storage.
- The leg base support strap also serves as a convenient carrying strap.

PART NUMBER	DESCRIPTION
10102002	Workman Tripod
<b>Replacement Parts and Accessories:</b>	
10105612	Leg base support strap
10089207	Carabiner
506222	Pulley
10011744	Lynx® Rescuer
10016569	Side-mount Lynx Hoist
506232	Lynx Rescuer Mounting Bracket
10105656	Tripod duffel bag
507151	Hoist/rescuer carrying bag

**Note:** This bulletin contains only a general description of the products shown. While uses and performance capabilities are described, under no circumstances shall the products be used by untrained or unqualified individuals and not until the product instructions including any warnings or cautions provided have been thoroughly read and understood. Only they contain the complete and detailed information concerning proper use and care of these products.



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## Confined Space Entry Kits

A Confined Space Entry Kit makes it easy to order a confined space system. The kit features:

- Single part number for simplified ordering
- Lynx Rescuer allows for non-entry rescue of a confined space entrant
- Lynx Hoist designed for lifting, lowering and positioning of personnel and materials
- Carrying bags offer great portability

PART NUMBER	CSA PART NUMBER	DESCRIPTION
10105271	10115109	Confined Space Entry Kit with Lynx Hoist and Lynx Rescuer
10117244	10115110	Confined Space Entry Kit with Lynx Rescuer

