Installation instructions for 5/8" (Ø16 mm) to 1" (Ø25 mm) rungs



#### **Systems overview**





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#### Important information

Individuals or organisations carrying out the installation of a MSA Latchways ladder fall protection system shall read, understand and follow these instructions without deviation.

- Individuals or organisations carrying out the installation of the Latchways ladder fall protection system shall be competent in the installation and working knowledge of Latchways fall protection system.
- Individuals or organisations carrying out the installation who are not competent in the installation and working knowledge of Latchways fall protection systems must complete training by MSA Latchways or MSA Latchways registered training partner before proceeding with any form of installation.
- Determine if the proposed ladder is an appropriate structure for fixing to, and is capable of withstanding fall arrest loads. The top anchor fixing position shall be capable of sustaining:
  - ANSI Z359.16-2016 specifies that the top anchor should be capable of withstanding at least 2700 lb (12 kN) equal to double the maximum allowable arrest force.
    - a. It is a requirement for engineered systems that all loads are resolved and approved by a P.E. qualified Engineer prior to installation.
  - CSA Z259.2.5 specifies the top anchorage shall be capable of withstanding a load of 5000lb (22.2 kN)
  - EN 353:1 specifies the top anchorage shall be capable of withstanding a load of 15 kN (3380 lbs). The energy absorber will limit the force to a maximum of 6 kN (1350 lbs). The 15 kN load requirement allows for a factor of safety of 2.5, as required by EN 353:1.
  - **AS/NZ 1891.4** specifies anchorages for 2 persons shall be capable of withstanding a load of 21 kN (4720 lbs).
- The maximum recommended angle for installation of vertical systems measured from the vertical plane is 15°, for installations which may not fall within these parameters contact Latchways for advice on the most appropriate product for the application.
- Before commencing any installation, ensure that all Technicians are aware of the rescue procedure and how
  it should be safely implemented.
- Latchways vertical fall arrest system should be anchored at the top and the bottom of the system with the 8 mm cable in between these two points should be tensioned to 270 lbs (1.2 kN). The correct tension can be verified by either checking that the tension indicator disc rotates or that the visual tension indicator assembly is set within the correct range. (See detailed information on tensioning the system in the bottom anchor installation section of this document.)
- Latchways Vertical guided fall arrester devices may only be removed from the system by the use of two
  consecutive deliberate actions, it is not possible for a Latchways guided fall arrester device to accidentally
  run off the system at any point. When planning the installation, where a fall risk is present at an access/egress
  position, consideration must be given for the provision of a fall arrest anchorage point for use whilst
  connecting/disconnecting from the system.
- Shall not add, omit or substitute any of the components.
- Always ensure that a recognised safe method of climbing is used when installing. Either twin lanyard enabling
  continuous attachment, articulated boom lift or the use of the lifeline following the installation of the top anchor.



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#### **Approvals**

- EN 353:1
- ANSI Z359.1
- CSA Z259.2.5
- AS/NZS 1891.3

Ladder vertical system kit details									
		Kit Numbers							
		30901-00	30902-00	30903-00	30904-00	30905-00			
Part	Lifeline Length	20' (6 m)	40' (12 m)	55' (17 m)	75' (22 m)	90' (27 m)			
number	Description	Kit components							
30071-00	Top Anchor	1	1	1	1	1			
30013-00	Top anchor fixing kit	1	1	1	1	1			
30900-##	Energy absorber lifeline assembly	30900-06	30900-12	30900-17	30900-22	30900-27			
30034-00	Ladder mount helix cable guide	1	2	3	4	5			
30041-00	Cable guide fixing kit	1	2	3	4	5			
35600-00	Bottom anchor assembly	1	1	1	1	1			
30006-00	Bottom anchor fixing kit	1	1	1	1	1			
35001-00	System label	1	1	1	1	1			

Extension post vertical system kit details									
	Description	Kit Numbers							
	Description	31901-00	31902-00	31903-00	31904-00	31905-00			
Part	Lifeline Length	30' (9 m)	45' (13 m)	60' (19 m)	80' (24 m)	100' (30 m)			
number	Description Kit components								
30001-12	Extension post	1	1	1	1	1			
30004-00	Extension post fixing kit	1	1	1	1	1			
30900-##	Energy absorber lifeline assembly	30900-09	30900-13	30900-19	30900-24	30900-30			
30034-00	Ladder mount helix cable guide	2	3	4	5	6			
30041-00	Cable guide fixing kit	2	3	4	5	6			
35600-00	Bottom anchor assembly	1	1	1	1	1			
30006-00	Bottom anchor fixing kit	1	1	1	1	1			
35001-00	System label	1	1	1	1	1			



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#### Kit components





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#### Tools required

- 2 x 19 mm Wrench (Spanner)
- 1 x 5 mm Security head allen key
- 2 x Adjustable Wrench Adjustable to 1 1/4" (30 mm)
- 1 x 17 mm deep socket
- Cable cutters
- Long nose pliers
- Torque wrench capable of applying 14.75 ft lb (20 Nm)

#### Compatible devices





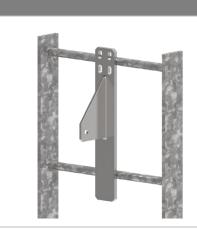
Installation instructions for 5/8" (Ø16 mm) to 1" (Ø25 mm) rungs







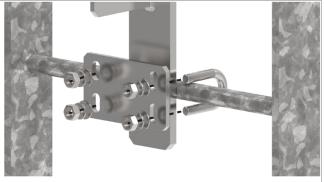
Climb ladder using a recognised safe method of climbing for first man up – i.e. twin lanyard system to give continuous attachment.



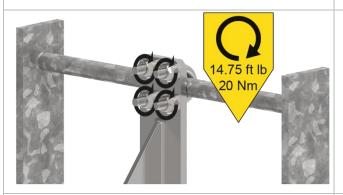
Locate the top anchor at the centre of the top two rungs as shown noting the orientation of the anchor fin and the four slots in the backing plate.



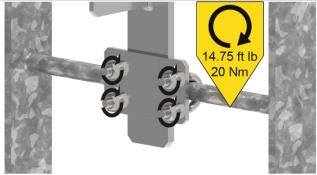
Secure the anchor onto the top ladder rung with the U-bolts and fixings from the top anchor fixing kit. Hand tighten nuts to hold anchor in position.



Attach the clamping plate in front of the anchor and secure into position with U-bolts and fixings from the top anchor fixing kit. Hand tighten nuts to hold anchor in position.



Evenly tighten the nuts using the deep socket to a torque of 14.75 ft lb (20 Nm).



Evenly tighten the nuts with the deep socket to a torque of 14.75 ft lb (20 Nm).

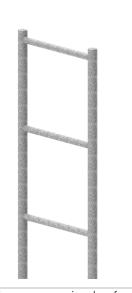
Once the top anchor has been installed move to page 8



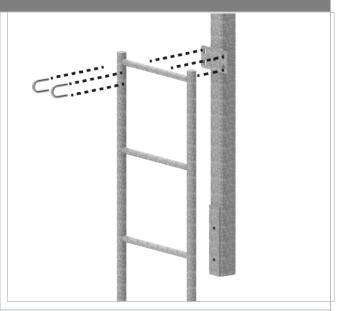
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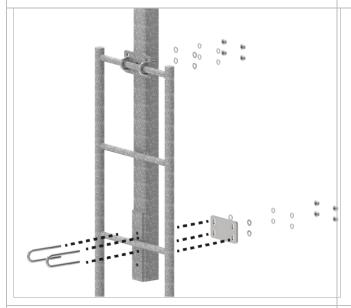




Climb ladder using a recognised safe method of climbing for first man up - i.e. twin lanyard system to give continuous attachment.



Locate the extension post top anchor at the centre of the top three rungs as shown. Insert the supplied Ubolts over the top ladder rung and through the slots of the extension post clamping bracket.



Secure the anchor bracket onto the top ladder rung with the shorter U-bolts and fixings from the extension post top anchor fixing kit. Hand tighten nuts to hold extension post in position.

Secure the extension post into position using the longer U-bolts, clamping back plate and fixings onto the third ladder rung as shown.



Evenly tighten the nuts to a torque of 14.75 ft lb (20 Nm).

Maintain safe working practices at all times using recognised work positioning techniques.

Once the extension post top anchor has been installed move to page 8.

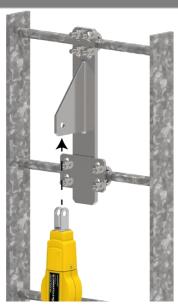




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#### Absorber assembly installation



Secure the energy absorber and lifeline assembly with a carabiner and approved sling over the head and shoulder. Ascend the ladder using recognised twin hooking techniques ensuring the lifeline is safely managed by a second operative whilst unspooling at the bottom of the ladder.



Secure the absorber onto the top anchor by the bolt and castellated nut provided with the absorber. Use the 19 mm wrench to rotate the nut until the split pin can be inserted through the hole in the bolt.



Insert the split pin through the castellated nut and bolt. Split the ends of the pin to ensure the nut is captivated on the bolt.

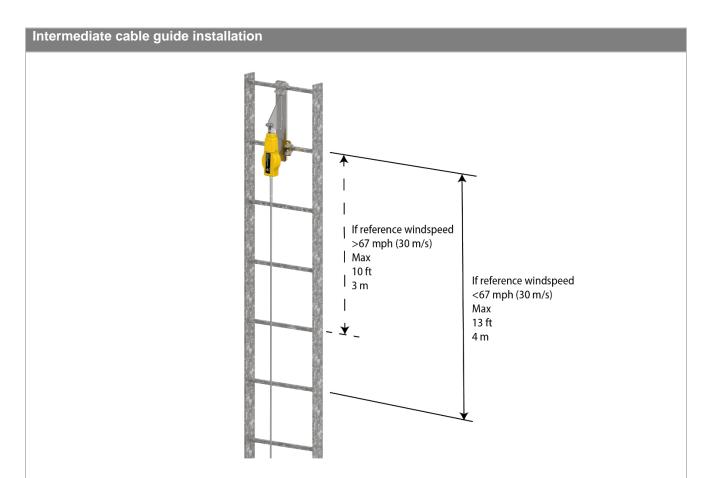


Safely attach the appropriate GTFA to the lifeline and detach work positioning equipment from the ladder.

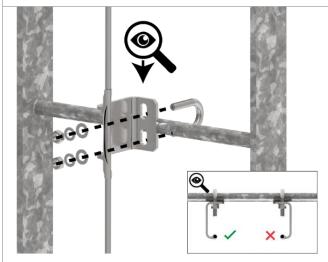


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Descend the ladder to the position of the first helix cable guide, dependent upon site reference wind speed for external installations. Depending upon the location of the ladder and local weather patterns, irregular spacing of the cable guides will reduce cable deflection resulting from wind buffeting.



Ensure that the orientation of the cable guides suit the operation of the GTFA device and that the bracket is perpendicular to the rung. Loacte the cable into the helix slot of the cable guide.



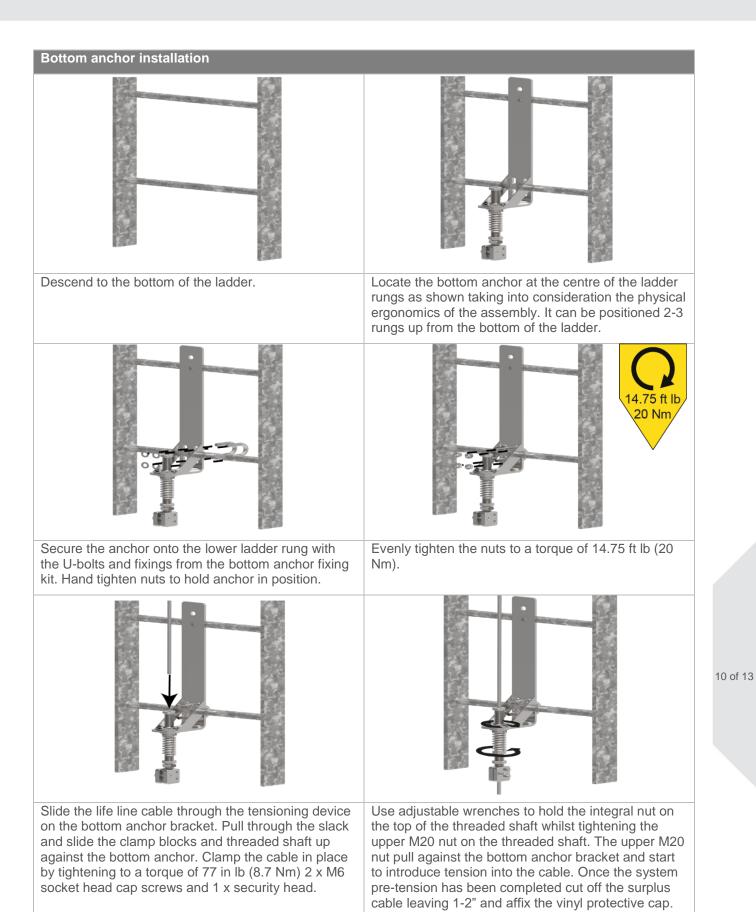
Evenly tighten the nuts using the deep socket to a torque of 14.75 ft lb (20 Nm).

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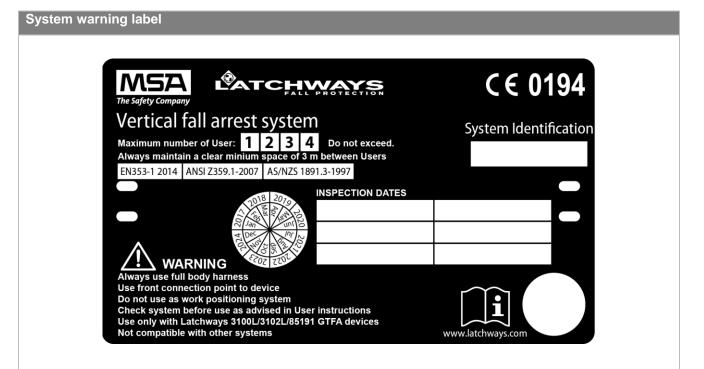


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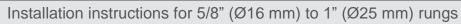


Record information on system warning label and fit to the system.

Systems using 1 Vertical Energy absorber. This system can be used by up to a maximum of 880 lb (400 kg).

This is typically 3 Users e.g. 2 Users @ 310lb (140 kg) and 1 User @ 260lb (120 kg) (Rescue User)

The total maximum rated load for this system shall not exceed 880 lb (400kg) total User weight including tools and equipment carried.





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Following installation, details of the installation should be recorded and kept in the site file.

System installation record									
Product :									
Site location :		Installer	name :	System reference :					
Manufacturer:		Address	::	Tel: <b>+1 412-9</b> 6	67-3000				
MSA Latchways			anberry Woods Franberry Township, 66, USA						
Installation date:		Date Fir	st Put into Service :	Date First Per examination d					
	Р	eriodic E	xamination and Repair I	History					
Date	entry (peri	odic nination	Defects noted, repairs carried out and other relevant information	Name & Signature of Competent Person	Periodic Examination Next Due Date				







#### Safe to Climb Certificate

Customer	: System	Installation	Comp	any:			
System ID	o and Location:						
	Insert '√' or value in appropriate box. If unsati	sfactory n	nark '	k' for	fail		
1	Bottom anchor fixings torque checked to:					14.75 ft l	b (20 Nm)
2	On bottom anchor check locknut is tightened against tension nut						
3	Check system pre-tension at bottom anchor ensuring the disc is free						
4	Check system warning notice is fixed at the entry/exit position, statin inspection date	ig criteria	for us	e and	d next		
5	Check cable is clear of any protruding steelwork						
6	The system has been installed with a maximum wire guide spacing of		10 ft (3m)		□ or	13 ft (4m)	
7	Check intermediate cable guide legs are on the left hand side of the	helix tube	)				
8	Check cable is located in each intermediate wire guide						
9	Check free passage of LadderLatch unit through intermediate cable	guides					
10	Intermediate guide fixings torque checked to:					14.75 ft l	b (20 Nm)
11	Top anchor fixings torque checked to:					14.75 ft l	b (20 Nm)
12	Check the energy absorber or swage to clevis is secured to the top a split pin, or clevis pin and split pin.	anchor wit	h the	caste	ellated nut and		
13	Check the energy absorber has not been deployed (if applicable)						
	Check 'L' or 'l' is stamped on swage of the energy absorber						
14	If no 'L' or 'l' then provide a "certificate of conformity" to ANSI Z359.7 connection	1 (EN353:	1) for	the s	wage		
15	Check the swage slip indicator meets the swage termination						
16	Maximum number of users indicated on warning notice						3
17	The system has <b>failed</b> the Latchways Safe Climb Check - therefore		1	8	System passed	1	<u> </u>
	should not be used						
Reason:			Ins	taller	Company:		
			0.				
Actions			Sig	gned:			
Action:			Pri	int Na	me.		
			1	110			
Installer C	Company:		Da	ite:			
Signed:	• •						
Print Nam	ie:						
Date:							