

Safety at HeightsSM Training



MSA Fall Protection Tower Rescue Training—EU

Course No. ZT-TWRRESCUE

This course provides individuals with the skills and confidence to carry out rescues from industrial towers and masts. The need for timely rescue is well-known; this course explores several options including the cutaway, rescue descent devices (RDD) and temporary haulage systems dependent upon individual requirements. The course can be delivered onsite, providing that minimum theory and practical facilities are available (including accounting for radio frequency hazards—RF), or at an MSA training venue.

Recommended For

Individuals who are required to climb open steelwork structures such as telecommunication towers and masts as well as utility towers, where the possibility of a fall or injury at height exists, and therefore rescue to ground level is required.

Course Content

Theory:

- Relevant legislation
- Need for rescue
- Rescue plans—considerations and suggested content
- Action in event of a fall
- Post rescue considerations (including suspension trauma)
- Rescue system technical aspects and inspection

Practical:

- Rescue equipment pre-use inspection
- Basic knots
- Rescue system setup
- Individual abseil practice
- Abseil with casualty
- Complete cutaway rescue
- Complete rescue using temporary haulage system
- Post-rescue considerations

Course Assessment

Both written and practical assessments are required

Course Duration

One day (*can be combined with Advanced Tower Climber—total of three days*)

Maximum Instructor/Student Course Ratio

Six delegates to one instructor

Course Prerequisite

- Medically fit
- Body mass within safe working limit of equipment
- Must hold an in-date work at height/height safety certificate
- Good understanding of local language, spoken, written and read

Course Validity

Upon successful course completion, delegates will be issued a certificate of competence that is valid for one year.

Please register for this MSA training course at training.EU@msasafety.com.