

Safety at HeightsSM Training



MSA Fall Protection Advanced Rescue Training Course—EU

Course No. ZT-FPRESCUE

This course provides individuals with the skills and confidence to rescue fellow workers from height. Successful course completion provides situational solutions, such as that of a worker who has fallen and is left suspended or incapacitated within an area of limited access, as well as ensuring both moral and legal compliance. In addition to basic lift and vertical lower, use of ropes to guide the casualty away from structures is covered, as well as use of stretchers, including casualty packaging and stretcher lowers. The Course can be delivered onsite, providing minimum theory and practical facilities are available, or at an MSA training venue.

Recommended For

This course provides rescue solutions for companies with individuals working at height, or for those who access and egress through areas where fall potential exists. Injuries from a fall can result in difficulty in recovering the victim to ground level. The course is suitable for most industries including oil and gas, utilities, construction, and entertainment industry, among others.

Course Content

Theory:

- Relevant legislation
- Need for rescue
- Rescue plans—considerations and suggested content
- Action in event of a fall
- Post-rescue considerations (including suspension trauma)
- Rescue system technical aspects and inspection

Practical:

- Pre-use inspection of rescue equipment
- Rescue system setup
- Rescue of casualty from suspension
- Rescue of incapacitated casualty from work platform/area of height
- Basic knots
- Slack cableways/tag lines
- Casualty packaging and stretcher lowers
- Post-rescue considerations

Course Assessment

Both written and practical assessments are required

Course Duration

One day

Maximum Instructor/Student Course Ratio

Six delegates to one instructor

Course Prerequisite

- Medically fit
- Body mass within safe working limit of equipment
- Must hold an in-date work at height/height safety certificate
- Good understanding of local language, spoken, written and read

Course Validity

Upon successful course completion, delegates will be issued a certificate of competence that is valid for two years.

Please register for this MSA training course at training.EU@msasafety.com.