

Safety at HeightsSM Training



MSA Fall Protection Basic Rescue Training Course—EU

Course No. ZT-RESCUEBASIC

This course provides individuals with the skills and confidence to rescue fellow workers from height. Whether a worker has fallen and is left suspended or incapacitated within an area at height with limited access, successful course completion provides solutions, ensuring that both moral and legal compliance are met. The course can be delivered onsite, providing that a suitable training facility is available, or at an MSA training venue.

Recommended For

For companies with individuals working at height or accessing and egressing through areas where fall potential exists, that could in turn result in injury and difficulty in recovering the casualty to ground level. This course provides rescue solutions and is suitable for most industries, including oil and gas, utilities, construction, and entertainment, among others.

Course Content

Theory:

- Relevant legislation
- Need for rescue
- Rescue plans—considerations and suggested content
- Action in event of a fall
- Post-rescue considerations (including suspension trauma)
- Rescue system technical aspects and inspection

Practical:

- Pre-use rescue equipment inspection
- Rescue system setup
- Rescue of casualty from suspension
- Rescue of incapacitated casualty from work platform/ area of height
- Post-rescue considerations

Course Assessment

Both written and practical assessments are required

Course Duration

One half-day

Maximum Instructor/Student Course Ratio

Six delegates to one instructor

Course Prerequisite

- Medically fit
- Body mass within safe working limit of equipment
- Must hold in-date work at height/fall protection certificate
- Good understanding of local language, spoken, written and read

Course Validity

Upon successful course completion, delegates will be issued a certificate of competence that is valid for two years.

Please register for this MSA training course at training.EU@msasafety.com.