

Safety at HeightsSM Training



MSA Fall Protection Awareness Training Course—EU

Course No. ZT-FPAWARE

Must-have course for those required to work in or access areas where there is potential for falls from height. This course is suitable for all industries, providing a mixture of theory and practical; practical elements are based upon your workplace environment and day-to-day work activities. The course can be delivered onsite, providing that a suitable training facility is available, or at an MSA training venue.

Recommended For

This course is suitable for all those working at height or supervising work at height, and is suitable for the majority of industries including oil and gas, utilities, construction, entertainment, among others.

Course Content

Theory:

- Relevant legislation
- *Hierarchy of Control*—risk-based approach to work at height
- Personal Fall Protection Equipment (PFPE)—ABCs
- Pre-use equipment inspection
- Common hazards associated with working at height
- Emergency considerations (including suspension trauma)

Practical:

- Pre-use inspection of harness and associated PFPE
- Correct harness fitting and associated PFPE
- Personal techniques—restraint/work positioning/fall arrest
- Emergency considerations—action in event of a fall

Course Assessment

Both written and practical assessments are required

Course Duration

1/2 - 1 day depending on the practical requirements

Maximum Instructor/Student Course Ratio

Eight delegates to one instructor

Course Prerequisite

- Medically fit
- Body mass within safe working limit of equipment
- Good understanding of local language, spoken, written and read

Course Validity

Upon successful course completion, delegates will be issued a certificate of competence that is valid for three years.

Please register for this MSA training course at training.EU@msasafety.com.