

Safety at HeightsSM Training



As we are all very much aware, falling from heights is still a significant cause of serious workplace-related injuries or fatalities. Whether you are 60+ meters up on a telecommunications tower or four rungs upon an access ladder, potential for injury without proper training and equipment remains very real.

*MSA is pleased to offer both **training** and **necessary products** to increase worker knowledge and practical skills to reduce the risk of injury and enhance the safety of those who work at heights. Training builds individual **situational awareness** and **self-confidence** by completing workplace scenario-based practical exercises and gaining knowledge of how to work safely at height. And equally important, in most countries, training is a **legal requirement**.*

Who are our instructors?

All MSA instructors are experts in the field of height safety and rescue; most have worked in the industry for many years. Appropriately qualified and regularly audited, *MSA's professional instructors* deliver a high standard of training within their areas of expertise.

Who should attend?

MSA's training courses are tailored for industries ranging from telecommunications and utilities to emergency services, oil, gas, and construction, to name a few. Training courses include both theory and practice and can be chosen from our standard course list or customised to meet your needs.

Standard Available Courses

Please see reverse for listings.

Course Safety

All courses are designed to meet appropriate legislation and industry standards, as well as risk-assessed prior to instruction. Instructor-controlled backup systems are used during rescue training; alternatively, training mannequins can be used as simulated casualties.

Training Locations

Training can be provided at customer work sites, if suitable teaching facilities and practical training areas are available. Training can also be offered at one of MSA's training facilities.

Where can I find further information?

For additional information, please contact MSA at training.EU@msasafety.com.

Standard Available Courses

Course Title	Course Code	Course Duration	Overview	Recommended For
BASIC FALL PROTECTION TRAINING	ZTFPAWARE	½ - 1 day	Basic instruction in inspection, fitting and use of harnesses and lanyards.	Those who work at heights, including construction, oil and gas, utilities, transport, entertainment, and dock sides.
COMPETENT PERSONS INSPECTION	ZT-CPINSPECT	1 or 2 days based upon training location and regulatory requirements	Gain in-depth knowledge concerning inspection, record keeping and care and maintenance of fall protection equipment. Ensures legal compliance.	Those with control over and responsibility for fall protection equipment across all industries.
RESCUE—BASIC	ZT-RESCUEBASIC	½ day	Trains individuals to rescue fellow workers from suspension in event of a fall, or from work platforms with limited access in case of medical issues or injury. Prerequisite — <i>Must be work at heights/harness-trained.</i>	Those companies with individuals working at heights where fall potential exists, that may in turn lead to injury and difficulty in recovering the casualty to ground level. Suitable for all industries.
RESCUE—ADVANCED	ZT-FPRESCUE	1 day	Basic rescue plus guidelines to direct casualty away from structures/hazards, and use of stretchers for casualty lowering. Prerequisite — <i>Must be work at heights/harness-trained.</i>	Those companies with individuals working in areas technically more difficult to access at heights, where need for rescue may occur. Suitable for all industries.
ADVANCED TOWER CLIMBER	ZT-TOWER	2 days	Provides individuals with skills and confidence to climb away from ladders and work platforms, working on and moving around open steel structures within high exposure areas.	Designed for, although not exclusively, the telecommunications industry, for those individuals who must climb and work on industrial towers.
TOWER RESCUE	ZT-TWRRESCUE	1 day	To provide individuals with ability and confidence to rescue fellow workers from industrial towers or open steel structures. Prerequisite — <i>Must be a qualified Advanced Tower Climber.</i>	Designed for, although not exclusively, the telecommunications industry, for those individuals who must climb and work on industrial towers, requiring ability to rescue.
CUSTOM TRAINING	ZT-FPCUSTOM	Per customer requirements	Course is designed in conjunction with customer to improve overall safety at heights onsite and assist with planning and development of rescue plans.	All industries, in particular larger sites where a high number of people work at heights within various situations.
SITE AUDIT	ZT-FPCUSTOM		Service to assist in identifying suitable onsite solutions for work at heights issues, including access, rescue and suitable training and product choices.	All industries, in particular those with limited experience in planning and organisation of work at heights, and those who must access and potentially rescue from difficult-to-reach locations.

Please register for this MSA training course at training.EU@msasafety.com.