

Safety At HeightsSM Training

Working at Heights (Ontario, 8 hour course)

Course No. ZT-MOLWAH-8HR

Training Provider ID Number: PRO-34692

Training Program ID Number: WAH-34692

Ontario's *Working at Heights Training Program Standard* identifies the requirements that must be met to support consistent and quality training for workers in the province of Ontario. MSA offers comprehensive, performance-based training that meets and exceeds the core competency requirements for working at heights in Ontario. MSA's *Working at Heights* course provides for a **maximum class size of 12 participants** facilitated by our MSA Certified Technical Trainer. This training course meets the requirements as directed by the April 1, 2015 training program and provider standards established by the Chief Prevention Officer.

Course Format

Our instructor-led multi-media presentations incorporate equipment demonstration along with a practical hands on approach. A written exam will be administered at the completion of the course. With a passing grade a certificate of completion and wallet card will be issued.

Learning Outcomes:

MODULE 1: Working at Heights Basic Theory

- Rights and responsibilities related to working at heights
- General hazard recognition
- Fall protection hierarchy of controls
- Personal fall arrest equipment
- Safety procedures for warning systems and physical barriers
- Safety procedures for ladders and similar climbing equipment
- Components of fall arrest

MODULE 2: Working at Heights Practical equipment Module

- Barriers and safety nets
- Anchorage Points and Anchorage Connectors
- Work positioning systems and work access and platforms
- Explain industrial fall rescue plans and industrial fall rescue hierarchy
- Select & apply appropriate fall protection equipment & explain connecting components
- Identify and select rope grabs, vertical life lines, SRLs & temporary horizontal lifelines
- Select, size, don & adjust full body harness & demonstrate proper use of all lanyard types
- Inspect fall protection equipment and apply pass/fail and removal criteria

Open enrollment locations

The MSA Training Room at the IHSA (Infrastructure Health & Safety Association, 21 Voyager Court South, Toronto, Ontario, Room 205) or the course can be conducted at your facility. For details contact MSA at 1-866-347-6093 or email: training@msasafety.com.