

PECTIN CALCULATOR

Your Peach Jam Recipe

| FOR EVERY 2 (8 OZ) HALF PINTS, YOU WILL NEED: | INSTANT JAM |
|---|-------------|
| Peaches - Pitted, Peeled and Finely Chopped | 1 2/3 cups |
| Ball® RealFruit™ Instant Pectin | 2 Tbsp |
| Granulated sugar | 2/3 cup |
| Bottled Lemon Juice | 1 Tbsp |

Make Your Jam

1. STIR peaches, sugar (or Splenda®) and lemon juice in a bowl. Let stand 10 minutes.
2. ADD Ball® RealFruit™ Instant Pectin gradually, to prevent clumping. Stir 3 minutes.
3. LADLE jam into clean jars and let stand 30 minutes. Enjoy immediately, refrigerate up to 3 weeks or freeze up to 1 year. When filling jars, leave 1/2 inch headspace to allow for food expansion during freezing.

QUICK TIP: Plastic freezer jars or glass jars with straight sides work best for freezing.

To adjust the amount of jam you wish to make, use the following table.

Ingredient Amounts for Jam in (8 oz) Half Pint Jars

| NUMBER OF JARS | INSTANT JAM |
|---|---|
| 1 Prepared fruit Ball® RealFruit™ Instant Pectin Granulated sugar or Splenda® No Calorie Sweetener, Granulated Bottled Lemon Juice | 3/4 cup 1 Tbsp 1/3 cup 1 1/2 tsp |
| 2 Prepared fruit Ball® RealFruit™ Instant Pectin Granulated sugar or Splenda® No Calorie Sweetener, Granulated Bottled Lemon Juice | 1 2/3 cups 2 Tbsp 2/3 cup 1 Tbsp |
| 3 Prepared fruit Ball® RealFruit™ Instant Pectin Granulated sugar or Splenda® No Calorie Sweetener, Granulated Bottled Lemon Juice | 2 1/2 cups 3 Tbsp 1 cup 1 Tbsp + 1 1/2 tsp |
| 4 Prepared fruit Ball® RealFruit™ Instant Pectin Granulated sugar or Splenda® No Calorie Sweetener, Granulated Bottled Lemon Juice | 3 1/3 cups 4 Tbsp 1 1/3 cup 2 Tbsp |
| 5 Prepared fruit Ball® RealFruit™ Instant Pectin Granulated sugar or Splenda® No Calorie Sweetener, Granulated Bottled Lemon Juice | 4 cups 5 Tbsp 1 2/3 cup 2 Tbsp + 1 1/2 tsp |
| 6 Prepared fruit | 5 cups |

| NUMBER OF JARS | INSTANT JAM |
|---|-------------|
| Ball® RealFruit™ Instant Pectin | 6 Tbsp |
| Granulated sugar or Splenda® No Calorie Sweetener, Granulated | 2 cups |
| Bottled Lemon Juice | 3 Tbsp |