

GENTLEMAN ESSENTIALS

FACE

FIRMING FACIAL TREATMENT

1 hour

Using ultrasonic peel and micro current technology, this anti-aging facelift treatment will concentrate on specific areas of concern - eye area, jawline and neck, lines around the mouth and forehead, to firm and smooth the face and neck with instant results.

ANTI-POLLUTION FACIAL TREATMENT

1 hour

Shaving bumps and irritation, stress and tiredness, dullness and congestion. Whatever your needs are, this relaxing bespoke facial will target and treat. Your face will look and feel refreshed, healthy and smooth.

BODY

JET LAG TREATMENT

1 hour

Long distance travel is physically and mentally exhausting and this treatment works on both levels to help you recover from the journey and adjust to your new environment.

A treatment for weary travellers, depending on your time zone, to get you back on track when you are feeling fuzzy, tired and sluggish.

URBAN BACK RELIEF

1 hour

Back cleansing and deep massage rolled into one rejuvenating treatment that sorts out congested skin and tired muscles. The ultimate post-exercise pick-me-up, leaves you feeling relaxed.

BODY SCULPTING

1 hour

Utilizing faradic technology to re-educate slack and wasted muscles, this Quantum body sculpting treatment can be used on the torso, thighs, hips and buttocks to help strengthen and lift muscles with amazing sculptured results. Great for the abdominals.



The Spa at Mandarin Oriental Pudong, Shanghai

111 Pudong Road (S), Pudong, Shanghai 200120, China Telephone +86 21 2082 9868 Facsimile +86 21 2082 9866 mandarinoriental.com