

Avocado Toast

roasted tomato

Herb Focaccia Sandwich

poached eggs, scallion, parmesan,

fresh mozzarella, roasted tomato,

basil pesto, baby arugula, roasted peppers

701-1	
Starter	
Chicken Vegetable Soup orzo pasta, spinach cup bowl	7 9
Soup of the Day cup bowl	7 9
Seasonal Specials	
Toasted Farro Salad spinach, beets, apple, walnuts, cheddar	12
Pineapple and Arugula Salad strawberry, goat cheese, walnut, sherry vinaigrette	14
Grilled Chicken Mango Salad romaine, diced mango, grape tomatoes, toasted walnut, curmbled bleu and goat cheese, sherry vinaigrette	18

Salads

Classic Caesar Salad romaine, croutons, parmesan cheese	14
with chicken	18
Poached Shrimp Cobb avocado, bacon, bleu cheese, grape tomato, hard-cooked egg, red onion grilled chicken	20
Chicken Waldorf Salad granny smith apple, red grapes, walnuts, celery	16
Sandwiches all sandwiches served with french fries or cole	eslaw
Turkey Club Sandwich roast turkey, applewood smoked bacon, lettuce, tomato, maple mustard mayonnaise	15
'L & Tea' Sandwiches chicken salad, tuna salad, egg salad, date nut bread with cream cheese	14
Smoked Salmon & Avocado Sandwich lettuce, tomato, red onion	17
All Natural Grass Fed Beef Burger choice of cheese, lettuce, tomato, red onion on a 7 grain roll	.25
Crab Cake Sandwich tartar sauce, lettuce, tomato, English muffin	18
Deli Classic roasted turkey / ham / tuna salad chicken salad choice of cheese, white, wheat or 7 grain, lettuce, tomato	14

16

15