

LEARN IT

MOSES

PREPARE YOUR HEART

- Read the Scripture passage for each session and study the Bible story. Pray that God will speak to you through His Word.
- Pray for the kids you will lead during the Bible Study time. Pray for yourself, and the other Zip for Kids™ leaders.

GET THE BASIC FACTS

- Consider the number of kids you will have and their ages.
- Each session of this Bible study is divided into two sections: Opening and Closing. Find out your schedule and how long each of these sections will be. The suggested time for Opening is 30 minutes. The suggested time for the Closing is 20 minutes. The suggested schedule calls for time between these sections for tracks.
- Determine the best place for your Learn It Bible studies. Plan for large group and small group experiences. A large room will work well, especially one that is equipped with a sound system and TV/DVD capabilities. If you don't have a TV/DVD system, a CD player will be fine!

GATHER AND PREPARE

- Look at each session's plan and determine needed supplies. Make a list of the items your church has, items to collect from home or borrow from church members, and items to purchase.
- Label a supplies box for each session. Sort supplies into the correct box.
- Print the resources provided on the DVD-ROM.



THE POINT

Session 1

God has a plan for me.

Session 2

God wants me to follow Him.

Session 3

God loves me.

Session 4

God wants me to be a helper.

Session 5

God wants me to obey Him.

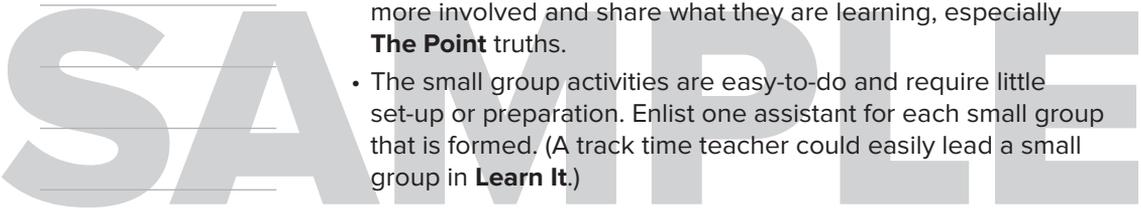
NOTES

LARGE-GROUP ACTIVITIES

- The Point
Each session's content revolves around The Point. These short statements are the core of the teaching, not only for the Learn It Bible study, but also for the track times. Know these statements, and communicate them often to your kids. Activities help kids understand these great truths.
• Bible Story
A video of the Bible story may be shown or the story may be told (a creative way to tell it has been provided for you).
• Bible Verse
Fun activities help kids learn and understand the Bible verse.

SMALL-GROUP ACTIVITIES

- Small groups of 8-10 kids provide opportunities for kids to be more involved and share what they are learning, especially The Point truths.
• The small group activities are easy-to-do and require little set-up or preparation. Enlist one assistant for each small group that is formed. (A track time teacher could easily lead a small group in Learn It.)



TEACH

- Seek to build relationships with the kids through large and small group activities. The Bible story information, Bible verse, and The Point statements will engage kids in thinking and talking about God.
• Use music to enhance your worship and learning time. The DVD contains videos of the songs that are suggested for each session. CDs of the songs may be found in the Administrative Helps folder and the Perform It track booklet.
• Teach with excitement! Kids will adopt your passion for learning truths about God.

CONTINUE THE CONNECTION

- Get to know the parents and families of the kids you are teaching and look for ways to minister to them.
• Look for ways to share the gospel of Jesus with them.



I AM CREATED FOR A REASON

1

GOD'S PLAN FOR MOSES

(Exodus 2:1-10; 3)

The Israelites lived in Egypt as slaves to the Pharaoh. But God had a plan to rescue them. It all began with a baby named Moses.

The Pharaoh wanted to hurt baby boys. So when Moses was born, his mother hid him to keep him safe. She hid him for three months. When he was too big to hide anymore, she put him in a waterproof basket and hid the basket in some tall grasses near the river. Moses' big sister, Miriam, hid nearby and watched the basket.

Soon Pharaoh's daughter came to the river and found the basket. When she saw the baby inside, she felt sorry for him and wanted to keep him.

Miriam ran to the Pharaoh's daughter and asked, "Would you like me to find someone to take care of the baby for you?" "Yes!" said Pharaoh's daughter. Miriam ran home to get her mother.

The Pharaoh's daughter asked Moses' mother to take care of him until he was old enough to come and live in the palace. Pharaoh's daughter named the baby Moses. You see, God had a plan for Moses ... and it was only just beginning!

When Moses grew up, he left Egypt and went to work as a shepherd. One day when he was out with the sheep, Moses saw something strange. A bush was on fire, but it was not being burned up! As Moses came closer to the bush, God called his name. "Moses!" Moses answered, "Here I am."

God told Moses: "I have heard the Israelites cry out to Me for help. I am going to rescue them. You must go back to Pharaoh and tell him to let My people go. You will be the leader of the Israelites and take them out of Egypt." God promised that He would be with Moses. Moses was going to be an important part of God's plan to rescue the Israelites.



THE POINT

God has a plan for me.

BIBLE VERSE

God has plans for you.
Jeremiah 29:11

CHRIST CONNECTION

The Bible says that God had a plan for us before we were born. Part of His plan is for us to be like Jesus—in how we love, follow, and obey Him. We can be like Jesus because Jesus took the punishment for our sin.

Use this plan for your opening large-group Bible study.

OPENING

SUPPLIES AND PREP

- Bible
- DVD, DVD player, and TV
- CD and CD player
- Several inflated balloons
- Print and cut out the Bible story puppets from the DVD-ROM (Item 01). Attach each to a craft stick.
- Write Jeremiah 29:11 on a dry erase board: “God has plans for you.”
- Print and cut out memory verse leaves from the DVD-ROM (Item 02). In addition to the memory verse leaves, print enough blank leaves so that there are enough for each child to turn over a leaf in the activity.
- Masking tape
- Pool noodles (1 per child)
- Shallow tub of water
- Small objects to drop in tub of water

LARGE GROUP

BALLOON BOUNCE

- Provide several inflated balloons.
- Call out the name of a body part (such as elbow, knee, head, etc.). Guide the kids to bat the balloons with that part of their bodies. Encourage older kids to try to keep the balloon from hitting the floor.
- Share that God made every part of you, just like God made Moses. God had a plan for Moses and God has a plan for you, too!

BIBLE STORY

- OPTION 1:
 - * Show the Bible story video. Then, as time allows, review the story using the suggestions found in option 2.



- OPTION 2

- * Seat kids and ask six children to join you to help tell the story of Moses.
- * Open the Bible to Exodus 2:1-10. Tell the Bible story. As you read, hand a helper the puppet that illustrates that part of the story. Encourage kids to hold the puppets so that everyone can see them.
- * Help children retell the story using the puppets.
- * Review the story by holding up various puppets and allowing the children to tell you what they remember about that part of the story.
- * Introduce the memory verse, Jeremiah 29:11. Remind children that God had a plan for Moses and God has a plan for them, too. God told Moses about His plan by speaking to him through a burning bush.
- * Spread the memory verse leaves facedown on the floor. Invite one child at a time to turn over a leaf on the “bush” to see if there is a word written on the back. If a child discovers a word he should match it to the word on the white board and tape it underneath. Lead the children in saying the verse each time a word is added to the board.



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SMALL GROUP

SINK OR FLOAT?

- Provide a container of water and several small objects for kids to drop into the water.
- Ask kids to recall how Moses’ mother kept him safe. Remind kids that Moses’ mother kept him safe by placing him in a waterproof basket.
- Tell kids that they can test whether an object will sink or float by answering questions about the Bible story.
- Ask kids review questions from the story. As each correct answer is given, invite a child to choose an object and make a prediction about whether it will sink or float. Allow the child to drop the object into the water to test her theory.

KEEPING THE SHEEP

- Use masking tape to create a large square on the floor (field for the sheep). Give each child a foam noodle. Scatter the balloons used in the opening activity around the room.
- Say: “Moses was a shepherd. One of the jobs of a shepherd is to keep the sheep together. Sometimes sheep try to wander off. We are going to pretend the balloons are sheep. We’ll use our noodles to bring the ‘sheep’ back together in the field.”
- Play as time allows. When all of the sheep have been returned to the field, scatter the balloons and play again.

LARGE GROUP

MUSIC AND MOTION

Play “God Has Plans for Me” (track 2). Encourage kids to clap and dance to the music as they gather to transition to track time.

SAMPLE



CLOSING

Use this plan for your closing large-group Bible study.

SUPPLIES AND PREP

- Hula hoops (1 for each child)
- Red, yellow, and green construction paper (1 sheet of each color)
- Before the closing, hide the Bible story puppets from the opening session around the room.



THE POINT

God has a plan for me.

BIBLE VERSE

God has plans for you.
Jeremiah 29:11

LARGE GROUP

STEP IN, STEP OUT

- Tell kids to stand and spread out around the room. Give a hoop to each child and tell her to place it on the floor in front of her. Explain that kids will have to listen carefully to the instructions and do what you say.
- Give directions such as: “Step in your hoop if you are a boy.”; “Sit in your hoop if you have a sister.”; “Hold the hoop over your head if you have a pet.”; “Hang your hoop on one arm if you are wearing a blue shirt.”
- Make the connection for the kids. Explain that in order to play the game, they had to follow directions. Remind kids that Moses followed God’s directions. God had a plan for Moses.

STOP, GO, OR VERY SLOW

- Send all the children to one side of the room. Explain that their job is to touch the wall on the opposite side of the room, but they must follow the signs in order to get there. Hold up each sign and explain that red means stop, green means go, and yellow means go very slow.
- Hold up a color and encourage kids to start moving toward the opposite side of the room. Change the colors often to make the game more fun. Send any child not obeying the signs back to the start to try again.
- Tell kids that God had a plan for Moses. Remind them that Moses obeyed God and followed His plan.

SAMPLE

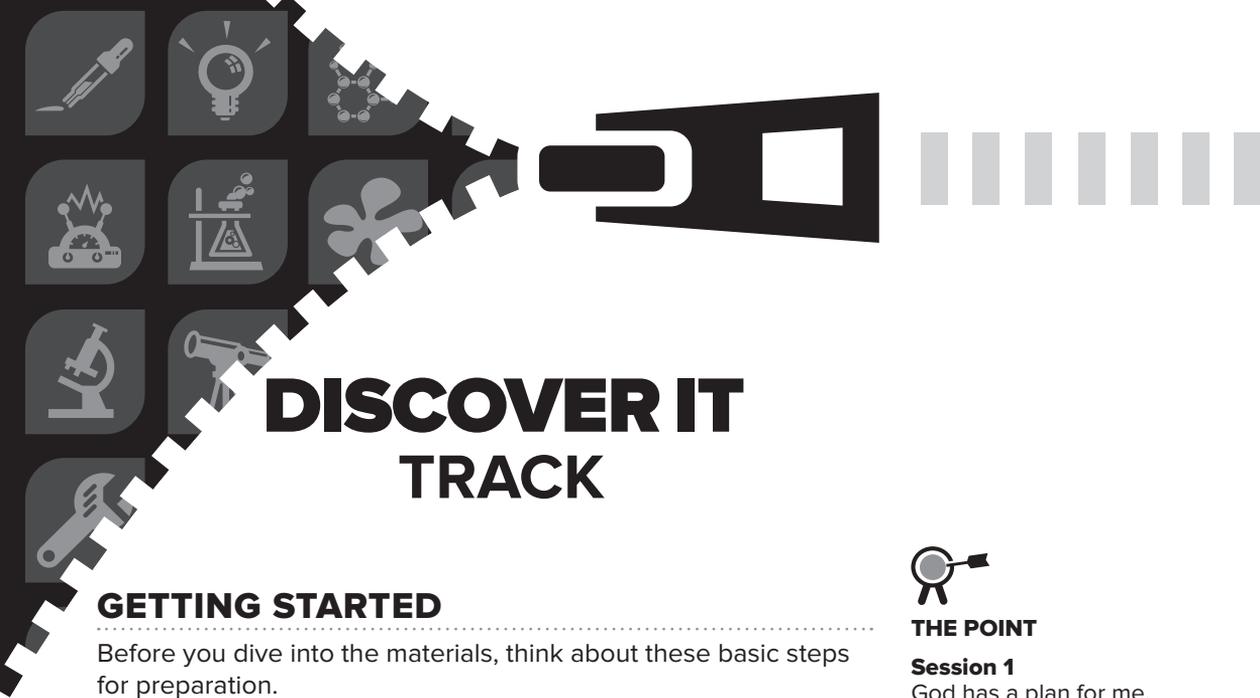
SEEK AND FIND

- Tell the kids to search the classroom to find the Bible story puppets. After all of the puppets have been found, invite the kids to put the Bible story in order.
- Review the puppets and their significance in the story as kids work together to sequence the events. Invite a group of children to use the puppets to retell the story for the rest of the group.

ZIP IT UP!

- Lead the children in saying the memory verse: “God has plans for you.” Jeremiah 29:11.
- Remind kids that God had a plan for Moses and God has a plan for them, too.
- Play “God Has Plans for Me” (track 2) as you wait for kids to be picked up.

SAMPLE



DISCOVER IT TRACK

GETTING STARTED

Before you dive into the materials, think about these basic steps for preparation.

PREPARE YOUR HEART

- Ask your director to print the Bible stories from the CD-ROM. Read the Scripture passage for each session and study the Bible story. Pray that God will speak to you through His Word.
- Pray for the kids you will lead during track time. Pray for yourself and the other leaders at Zip for Kids™.

GET THE BASIC FACTS

- Ask your director for the anticipated number of kids you will have and their ages.
- Find out your schedule: how many groups you will teach each day, when and how long each session will be.
- Work with your director to find the best place for your track time. It helps to be in a room with a sink, adequate electrical outlets, and washable surfaces.

GATHER AND PREPARE

- Select the activities that you will do and locate needed supplies. Make a supplies list of the items your church has, items to collect from church members, and items to purchase.
- Label a box or crate for each session and sort supplies into the correct box.



THE POINT

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NOTES

Horizontal lines for taking notes.

- Ask your director to print the Allergy Alert sign from the CD-ROM. Post the sign where parents will see it. Each day, list all of the ingredients kids will touch, smell, or taste.
- Familiarize yourself with the teaching plan.
- Test each activity and experiment before doing it with the kids.

TEACH

- Guide kids to do one or more of the activities during each day's **Discover It** track.
- Seek to build relationships with the kids. Use the Bible story information, Bible verse, and **The Point** statements to engage kids in thinking and talking about God.
- Be sure to enlist kids' help in cleanup at the end of the session.
- Teach with excitement and participate in activities with the kids. Kids will adopt your passion for the track.

CONTINUE THE CONNECTION

- Get to know the parents and families of the kids you are teaching and look for ways to minister to them.
- Look for ways that you can share the gospel of Jesus with them.

TIPS FOR DISCOVERING WITH PRESCHOOLERS

Preschoolers are curious people! So experimenting and discovering with them can be so much fun! Remember that the key to a successful science track with preschoolers lies in being organized and prepared. Here are some simple things to remember.

- Choose easy-to-complete activities and experiments that are similar in scientific concepts. Each session has a different focus (concoctions, things that fly, water and ice, construction, and sound).
- Test each activity before trying it with the kids.

I AM CREATED FOR A REASON

DISCOVER IT

1

BIBLE VERSE: God has plans for you. *Jeremiah 29:11*



THE POINT

Old Testament **God's Plan for Moses** (*Exodus 2:1-10; 3*)

Pharaoh wanted to hurt baby boys. Moses' mother hid him, but Pharaoh's daughter found Moses and wanted to keep him. When Moses grew up, God used him to lead the Israelites out of Egypt.

New Testament **God's Plan for John** (*Luke 1:5-20, 57-66;* *Matthew 3:1-3*)

An angel told Zechariah that he and Elizabeth would have a baby boy. They named him John. When he grew up, John told many people about God.

God has a plan for me.

SILKY STRETCHY DOUGH

GATHER IT (TEACHER)

- 1 cup hair conditioner
- 2 cups cornstarch
- Measuring cups
- Large bowl and spoon
- Baby wipes
- Plastic tablecloth

MIX IT (KIDS)

- Squeeze the hair conditioner into a large bowl.
- Mix in the cornstarch.
- Stir for one minute until the mixture is silky and stretchy.
- If the dough is too crumbly, add a squirt of conditioner.
- If the dough is too damp, add in more cornstarch.



DISCOVER IT (KIDS)

- Invite kids to play with the silky and stretchy mixture.
- Guide kids to poke deep holes in the dough and fold it over itself.
- Challenge kids to poke holes to make letters that spell G-O-D.
- Guide kids to name things God gives them to show His love for them as they experiment with the dough.



List potential allergens on the Allergy Alert (CD) and post for parents to see.

SPOTTED SLIME

GATHER IT (TEACHER)

- 2 5-oz. bottles of clear school glue
- Liquid starch
- Measuring spoons
- Pom-poms
- Large bowl and spoon
- Baby wipes
- Plastic tablecloth

MIX IT (KIDS)

- Squeeze the two bottles of glue into the large bowl.
- Mix in 1 tablespoon of liquid starch and stir well.
- Continue adding liquid starch 1 tablespoon at a time until the slime no longer sticks to the side of the bowl.
- Knead the mixture on the table for 2 minutes to get an even consistency.
- Toss in 30 pom-poms to the slime mixture and knead them in evenly.

DISCOVER IT (KIDS)

- Encourage kids to stretch and play with the spotted slime.
- Remind kids how God has a plan for them.

ZIP TIPS for Spotted Slime

- If the slime is too stringy, add more liquid starch.
- If the slime is stringy but not sticky, pour off any standing liquid starch and add more glue.

SAMPLE