

**WHO:** Women of all ages in any season of life

**WHAT:** In this 8-session study, Jennie Allen walks through key passages in the Book of John to demonstrate how only Jesus is enough. We don't have to prove anything because Jesus has proven everything. Discover how our thirsty hearts can only be quenched by the living water.

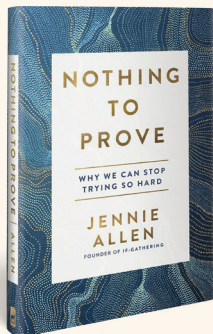
**HOW TO START:** You can use *Proven* as a personal study, as a one-on-one study, with a small group, or with a large number of women.

Every woman in the group will need the Bible study book and the leader will need one Leader Kit.



#### LEADER KIT INCLUDES:

- One Bible study book
- Two DVDs (The DVDs include 8 group sessions and promotional clip.)
- One Set of Conversation Cards (The conversation cards provide a unique way to jump start honest discussion. Each week's cards are labeled with the appropriate lesson title and can be used after the video or teaching time. Extra cards can be purchased at [www.LifeWay.com/Proven](http://www.LifeWay.com/Proven).)
- One *Nothing To Prove* book for leaders for optional reading



The **Nothing to Prove** book is provided as a bonus for leaders. Jennie wrote the book based on her own time studying the Gospel of John and the truths she was learning during that process. Use the book for your own reading, to share with a woman in your small group, or give to another woman who is unable to attend small group and needs encouragement.

In this book, Jennie Allen knows that we often find ourselves paralyzed by the belief that we are not good enough, talented enough, or spiritual enough to do what we are supposed to do in life. She invites us into a different experience, one in which our souls are content and epic dreams unfold through our lives.