

January Bible Study for Kids – 2014

Jesus Is All You Need

Welcome . . .

This teaching plan is designed to be used during your church's January Bible Study. These free resources are from existing TeamKID materials. You may choose to buy the DVDs and CDs mentioned in these resources to enhance your teaching. For a complete list of products, please visit lifeway.com/teamkid.

Teacher Responsibilities

Each JBS group needs a team of leaders who will work together to plan each meeting. This group will want to meet together and pray for themselves and the children who will be attending. Basically there are two main responsibilities:

Lead Teacher/Director

- leads planning for the meetings
- makes copies of activity pages and answers for leaders
- gathers supplies and resources
- conducts WORKOUT for each meeting
- conducts WARM-UP and THE TOURNAMENT (if there is no recreation leader), conducts COOL DOWN and plans for refreshments (if there is no refreshment leader)
- prays for each child and leader by name and prays for the JBS meetings.

Leaders (one per every seven to eight children) will:

- participate in planning meetings led by a lead teacher
- complete assignments given by the lead teacher
- lead a group of children to complete an activity page during the meeting, following the guidelines on the page, and encouraging the children to take the pages home
- assist the lead teacher with recreation, and refreshments
- pray for each child and leader

The Schedule

January Bible Study is written for a 1½-hour schedule. Although JBS may be expanded to 2 hours or condensed to 1 hour, the 1½-hour schedule will allow you to accomplish each meeting's purpose with greater ease and success. The recommended schedule and the two alternate schedules are listed below.

Recommended Schedule

- (1½ hours)
- 10 minutes—WARM-UP (Get-involved Activity)
 - 30 minutes—WORKOUT (Group Study)
 - 20 minutes—STRETCHING (Bible-verse Memory Time)
 - 20 minutes—THE TOURNAMENT (Games and Activities)
 - 10 minutes—COOL DOWN (Refreshments and Conclusion)

Expanded Schedule

- (2 hours)
- 15 minutes—WARM-UP (Get-involved Activity)
 - 30 minutes—WORKOUT (Group Study)
 - 30 minutes—STRETCHING (Bible-verse Memory Time)
 - 30 minutes—THE TOURNAMENT (Games and Activities)
 - 15 minutes—COOL DOWN (Refreshments and Conclusion)

Condensed Schedule

- (1 hour)
- 5 minutes—WARM-UP (Get-involved Activity)
 - 20 minutes—WORKOUT (Group Study)
 - 15 minutes—STRETCHING (Bible-verse Memory Time)
 - 15 minutes—THE TOURNAMENT (Games and Activities)
 - 5 minutes—COOL DOWN (Refreshments and Conclusion)

Foundational Teaching

As a teacher of children, your role is to lay spiritual foundations in the children's lives upon which God's spirit can build. During this JBS, you will be teaching age-suitable Bible study about the answers to life's questions provided by God.

Like JBS?

If you like these meetings, check out TeamKID! JBS follows the same meeting plan as found in TeamKID. For more information or to order, go to www.lifeway.com/teamkid.

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Meeting
10

Memory Verse:

Matthew 5:16

Extra Memory Verse:

Colossians 3:23

TeamKID Motto:

Learning about God
Using the Bible
Living for Jesus

Club Bible Verse:

Proverbs 3:5-6

Adaptations:

For Beginning Readers and Preteens
(Meeting 10) see CD Item 28.

Provide:

- ☐ One round salt container for every six children
- ☐ Whistle from the *TeamKID Children's Game Pak*

To Do:

- ☐ Tape the salt containers closed to prevent spills.

TIP: If your club is small—six or less children, they may enjoy playing as one team and being timed. Allow them to play a second round to beat their own time.

Provide:

- ☐ *TeamKID Jesus' IMs CD*
- ☐ CD Player
- ☐ TeamKID Club Bible Verse posters (from Meeting 1)
- ☐ *TeamKID Motto Banner* or poster

To Do:

- ☐ Cue the CD to the "TeamKID Club Song" (1).

You Are the Salt of the Earth and the Light of the World

Purpose:

Children can learn the role of salt and light in New Testament times. This knowledge can help them understand the importance of living in such a way that they affect the world for others to know Jesus. Children can identify specific areas in their lives where they can fulfill this purpose.

Levels of Biblical Learning Concept: Self

Grades 1–2: I follow Jesus' example when I obey God.

Grades 3–4: I can follow the examples, teachings, and commandments of Jesus.

Grades 5–6: I can take deliberate actions to grow in Christlikeness.

Bible Material

Salt and Light (Matthew 5:13-16)



WARM-UP

Get-involved Activity
(5–10 minutes)

As the children arrive, direct them into groups of five or six children to play "Pass the Salt." Guide the children in each group to form a straight line, standing one behind the other and leaving about an arm's length distance between them. Tell the teams that when the whistle blows the first player on each team is going to receive a container of salt and will roll it on the floor between his legs to the person behind him. The person behind him will roll the salt between her legs to the next person in line and so forth. When the salt reaches the last person, he will carry the salt to the front of the line and begin rolling the salt again. The game is over when the first player is back at the front of the line. Blow the whistle to begin. Conclude the game by saying: "Salt was used to have fun in this game. Today you will learn the importance of salt in New Testament Bible times."



WORKOUT

Group Study
(20–25 minutes)

1. Begin the meeting. Welcome the TeamKIDs to the meeting. If there are new TeamKIDs or children who are visiting for the first time, introduce them to other children who are familiar with TeamKID.

Tell the newcomers to feel free to ask their new friends or one of the coaches any questions they may have during the meeting.

Ask for volunteers to demonstrate the movements for the “TeamKID Club Song.” Lead the TeamKIDs in singing along with the CD and doing the actions. Show the TeamKID Club Bible Verse posters. Repeat the verse aloud together. Ask a volunteer to demonstrate the actions with the words for the three portions of the TeamKID Motto. Say the motto together, placing the emphasis on the words “Living for Jesus!” Tell the TeamKIDs that in today’s meeting, Jesus gives an important message to show how He wants His followers to live for Him.

2. Listen to the Bible story. Tell the TeamKIDs that large crowds followed Jesus to hear His messages. Invite the children to sit with you as you read the Bible story. Ask the children to locate Matthew 5 in their Bibles. Say: “Matthew 5–7 is known as Jesus’ *Sermon on the Mount*. Jesus taught large crowds of people on a hillside in Capernaum (kuh PURR nay uhm). For days people listened as Jesus taught them very important lessons about how they should live. Today you will be listening to a portion of Jesus’ message when He speaks about salt and light.” Tell the Bible story as Jesus told it without explaining the symbolism to the children. They will have the opportunity to discover the meaning of the message as the story is reviewed, identifying the roles of salt and light from Bible times.

Salt and Light

Jesus said, “You are the salt of the earth. If salt loses its taste, can it be made salty again? It is no longer good for anything and can be thrown away for people to walk on it.

“You are the light of the world. Does a person hide his light under a bowl? No! He places it where it will shine for all to see. In the same way, you are the light for other people. They will see the good things that you do, and God will be pleased.”

—Based on Matthew 5:13-16

3. Review the Bible story. Invite the children to the table you prepared. Ask: “To whom was Jesus talking? (*His followers*) Where was He talking? (*on the hillside in Capernaum*) Why do you think He talked about salt and light?” (*Jesus often used familiar objects to teach important messages to His followers.*)

Ask a volunteer to read Matthew 5:13. Say: “Salt is a common white mineral substance. In New Testament Bible times, it was found on the southwestern shores of the Dead Sea.” Refer to “Photo 1” and tell the children that the crusts of salt formed on the shore and on the shallow lake bottom. Salt was used for seasoning food to give it a better taste. Show the package of a fresh fish. Say: “There were no refrigerators in the homes in Jesus’ day. Meat and fish were packed in salt to keep them fresh longer.”

Ask a volunteer to read Matthew 5:13. Show the container of salt used in the “Pass the Salt” game. Inform the children that salt that

Provide:

- ☐ Bibles

Provide:

- ☐ Table
- ☐ Tablecloth
- ☐ Table lamp
- ☐ Extension cord (if needed) to plug in the lamp
- ☐ Bible
- ☐ Store-packaged fresh fish (or picture of fresh fish, foam tray, and glue)
- ☐ “Photo 1” (CD Item 25)
- ☐ One salt container (from WARM-UP)
- ☐ A small tray or bowl of salt
- ☐ “Photo 2” (CD Item 26)
- ☐ “Photo 3” (CD Item 27)
- ☐ Activity Book page 27
- ☐ Pencils

To Do:

- ☐ Cover the table with the tablecloth.
- ☐ On the table put:
 - the lamp, and plug it in.
 - the tray of salt and the fish, (or glue the picture of the fish on a foam tray).
 - the photos.
 - one of the salt containers from WARM-UP.

had lost its saltiness was kept at the temple in Jerusalem. The marble floors would be slippery in winter rains. (Pretend to scatter salt on the floor.) Salt was scattered on the floor and trampled on to help prevent falls.”

Ask: “Did salt have an important purpose? (*Yes, it made food taste better and also last longer.*) What happened to the salt that lost its saltiness?” (*trampled on the floors*)

Read Matthew 5:14. Explain to the children: “In New Testament Bible times, the light was the most important item in any home. Lamps did not look like the lamp on this table. Light was provided in a home with an oil lamp.” Refer to “Photo 2” and say: “A little clay saucer of olive oil with a wick could stay lit for two or three hours. Later, larger, decorative closed containers were made, and then larger glazed and decorated lamps were made with handles and multiple wicks to provide more light.” Allow the TeamKIDs to pass “Photo 2” to get a closer look at the oil lamp.

Read Matthew 5:15. Hold “Photo 3” for the children to see. Tell them: “Lamps placed on the floor or a low table gave only a little light. The higher the lamp was placed, the brighter the light was in the home. Lampstands became a necessary item in homes to brighten the light in the rooms. Simple lampstands were made from tree branches. The branch was pushed into the dirt floor of the home. In the homes of the wealthy, the lamp stands were fancier and more elaborate.” Pass around “Photo 3” of the lampstand for the children to see.

Ask: “Did light have an important purpose? (*yes*) Would people light a lamp and hide it under a bowl? (*No, it wouldn’t give any light.*) Where would they place their lamps?” (*on a stand to be up higher to give more light*)

Distribute the activity pages and pencils to each of the TeamKIDs. Ask a coach to guide the younger children with the activity “Word Pictures” while the older children complete “Keyword Results.”

Provide

- ❑ Several different lights such as candles, nightlights, small lamps, a variety of flashlights, or a camping lantern

To Do:

- ❑ Hide the lights around the room before TeamKID begins.

TIP: To avoid chaos, large groups might need to designate a few children to search for the lights while the others call out directions to them.

4. Introduce the memory verse and Bible story application.

Tell the children that the last verse of the Bible story is today’s memory verse. Ask for a volunteer to read Matthew 5:16. Explain: “When the people listened to Jesus’ message that used familiar objects, they understood how Jesus wanted them to live. Based on what you understand about the roles of salt and light, how do you think Jesus is telling them to live?” Invite children to share their thoughts aloud.

Tell the children you have hidden several types of lights around the TeamKID room. Invite the boys and girls to find the lights and place them on the table in the middle of the room. When all the lights have been placed on the table, ask: “Have these lights been helpful while they were hidden around the room? (*no*) Were they being useful?” (*no*)

Explain to the children: “In a similar way, Jesus wants you to affect others around you. When you tell others about Jesus and do the right thing in certain situations, you are like lamps that are not hidden. You are salt by making things better and light by showing the world how Jesus taught you to live. When you live in such a way that others see

how their lives could be better with Jesus, they will praise God and give Him thanks because of the good things you do.”

5. Pray together. Ask the children to bow their heads, close their eyes, and think about the many people and situations in their lives. Say a prayer for them and ask God to show them how to live in ways that the people around them will want to know Jesus.

6. Apply the Bible truth to present-day situations. Distribute the activity pages and pencils. Enlist a coach to work with the younger children to complete “Picture Match.” Guide younger children to “picture” themselves in each of the situations to decide what could be done to make the situation better. If time permits, ask the children to share aloud any other ideas they may have to help their own friends and family learn what Jesus is like by the things they say and do.

Allow older children the opportunity to work alone on each situation on the activity “Hide or Seek?” Then ask for volunteers to share any additional answers they have written. Give each child a highlighter to mark the best opportunity in each situation for others to see what Jesus is like. Ask: “Are your circled answers the same as your highlighted answers? In your real situation in your life, are you hiding Jesus from others? Or are you sharing Him in the best ways possible?”



REACH OUT

Missions Emphasis Time
(10–15 minutes)

Tell the children you have questions for them to think about without answering aloud. Ask: “Is there someone in your life that you could describe as the ‘salt of the earth’ or ‘the light of the world’? Is there a parent, teacher, friend, coach, or someone who lives in such a way that makes you want to know Jesus better? Maybe when you are around this person you feel loved or safe with him. Maybe you want to know Jesus the way she does? Maybe you know someone who just seems different and great to be around. He builds you up and says kind words instead of making fun of you. Is there someone in your life that makes things just seem better when you are together?”

Invite the children to watch the missions DVD segment to meet a woman who could be described as the “salt of the earth” and the “light of the world” for some hockey players in Minnesota. Watch the DVD segment.

After the DVD segment, talk to the children about ways Stephanie uses her role as a manager and athletic trainer to make a difference in the lives of others. Ask: “How does she affect the lives around her? Does she hide her love for Jesus? What difference do you think she is making in the lives of these hockey players?”

Remind the children that NAMB (North American Mission Board) missionaries need their prayers. These missionaries need God’s

Provide:

- ☐ Activity Book page 28
- ☐ Highlighters (older children)
- ☐ Pencils

Provide:

- ☐ *TeamKID Jesus’ IMs Missions DVD*
- ☐ TV
- ☐ DVD player
- ☐ Craft sticks
- ☐ Masking tape
- ☐ Fine-line permanent markers

To Do:

- ☐ Cue the DVD to Meeting 10: “Salt and Light.”

TIP: If a child does accidentally break off the end of his craft stick, either give him a new one or help him tape the two pieces together to obtain the hockey stick shape.

Provide:

- ☐ Bibles
- ☐ Index cards (older)
- ☐ Markers (older)
- ☐ Clothespins (younger)
- ☐ Rope light (if not available, a clothesline or a rope from the *TeamKID Children's Game Pak* can be used to hold the cards)

To Do:

- ☐ Hang the rope light on the wall or between two chairs near an outlet. Plug in the rope light.

Provide

- ☐ Whistle from the *TeamKID Children's Game Pak*

Provide

- ☐ Two blindfolds

strength, love, and help each day so that others will learn about Jesus and His love for them.

Invite the TeamKIDs to make prayer sticks to remember to pray for Stephanie and to thank God for the lives that are being affected by her ministry in Minnesota. First show the children how to snap the craft stick about an inch up from the bottom (but be careful not to break off the stick completely). Next, bend the small section of the stick as the bottom part of a hockey stick. Then use a piece of masking tape to wind around the stick to secure it in the shape of a hockey stick. After your demonstration, distribute the craft sticks to the children and remind them what to do in each step. Give each child a marker. Tell the TeamKIDs to print a short message on the stick to remind them to pray for Stephanie and the hockey players.



STRETCHING

Bible-verse Memory Time
(5–10 minutes)

Tell the children to locate Matthew 5:16 in their Bibles. Give the index cards and the markers to the older children and the clothespins to the younger children. Explain to the children that they are to work together to print each of the words of the verse on a card and pin the cards on the rope light in the correct order. Next, say the verse aloud together a few times. Then, remove three or four cards and say the entire verse. Keep removing the cards and saying the verse until only the rope light is left hanging.



THE TOURNAMENT

Games and Activities
(15–20 minutes)

Blow the whistle to begin THE TOURNAMENT. Choose from the following games and activities.

Beacon

Say: “In this game, words are used to guide other people. Every day, you affect others with the words and actions you choose. Jesus wants your words and actions to guide people to Him.

Choose two players to be “ships” and blindfold them. Choose two more players to become “beacons,” one for each ship. Instruct each beacon to speak to his ship so that she may recognize his voice. Place the ships on one end of the playing area and the beacons on the other end. The remaining players become obstacles and scatter across the playing area. They may link arms, hold out their arms, and so forth. Once they decide on a position, they may not move. Spin the ships around to disorient them. The beacons try to verbally guide their ships through the playing area without hitting any obstacles. This is

not a race but rather an exercise in using good communication to lead others in the right direction. After the ships have made it to their beacons, choose four new players and play again.

Flashlight Chain Tag

Darken the room. Choose one player to be *It*. Give *It* the flashlight and show her how to make the light flash by turning the light on and off quickly. Explain to her not to keep the light on but merely beam the light for just a second trying to “tag” someone in the room. When *It* tags a player, that player receives the flashlight and locks elbows with the first *It*. Both players then move about the room to tag other players. As other players are tagged, they join the chain. Play until all players have been tagged. Conclude the game by saying: “You can work together to shine your light to reach others for Jesus.”

Table Hockey

Guide the children into teams, placing two players at each end of the tables. Explain that the object of the game is for teams to make a goal across the opposite side of the table. A goal is made when the puck slides across the table and crosses the tape line near their opponent. Players will take turns sliding the puck across the table to their opponents’ goal line. Set a time limit for each round of play. Appoint a few children to be “runners” at each table to get the pucks when they fall.

End the game by reminding the children that Stephanie Smith had a goal to make a difference in the lives of those hockey players in Minnesota. Remind the TeamKIDS to pray for that ministry this week. Children can also be reminded to set goals for themselves in making a difference in the lives of others.



COOL DOWN

Refreshments and Conclusion
(5–10 minutes)

As the children come to COOL DOWN, guide them to pick up a bowl of chips and a cup of soda. Invite TeamKIDS to listen to “Instant Messages” as they enjoy their snacks. Give each child an index card, a clothespin, and a pen to reply to Jesus’ message. Tell the children to put the names of places where they will be this week where they can be the “salt of the earth” and the “light of the world,” the way Jesus described in His message to them. Invite the children to “post” their reply cards by pinning them on the rope light.

Provide:

- ☐ A bright flashlight with a push button that allows a player to quickly flash the light
- ☐ Several nightlights

To Do:

- ☐ Plug several nightlights into electrical outlets around the room.
- ☐ Plug in the rope light used in STRETCHING.

Provide:

- ☐ Rectangular tables
- ☐ Masking tape
- ☐ At least one hockey puck at every table (if not available, use empty gelatin or pudding boxes or small plastic bowls turned upside-down)

To Do:

- ☐ Set up several tables.
- ☐ Make a goal line across the width of the table on both ends about two inches from the end of the table.

Variation: Place a line of children at either end of the tables. After every shot or each goal made, tell the first child to move to the end of the line. Rotate through the lines.

Provide:

- ☐ Table, lamp, and tablecloth (from WORK-OUT)
- ☐ Plastic bowls
- ☐ Potato chips
- ☐ Plastic cups
- ☐ Lemon-lime soda
- ☐ *TeamKID Jesus’ IMs CD*
- ☐ CD player
- ☐ Index cards
- ☐ Pens or markers
- ☐ Clothespins
- ☐ Rope light (from STRETCHING)

To Do:

- ☐ Prepare the snack table.
- ☐ Plug in the lamp
- ☐ Cue the CD to “Instant Messages” (3).
- ☐ Hang the rope lights between two chairs.

Meeting 10: Answers to Activity Books

Grades 1–3

“Word Pictures”

- Children will draw a picture of meat, fish, or other foods that could be seasoned with salt.
- Children will draw their own lampstand in the middle of the room.

“Picture Match”

1. c
2. a
3. b

Grades 4–6

“Keyword Results”

1. white
2. season, better
3. salt, prevent
4. floor, stepped
5. Oil, light, homes
6. Lampstands

“Hide or Seek”

1. c
2. d
3. d

(Answers on this activity may vary based on the children’s opinions. Printed answers will also vary. Some children may surprise you with bolder attempts to witness in these situations.)

You Are the Salt of the Earth and the Light of the World

(Matthew 5:13-16)

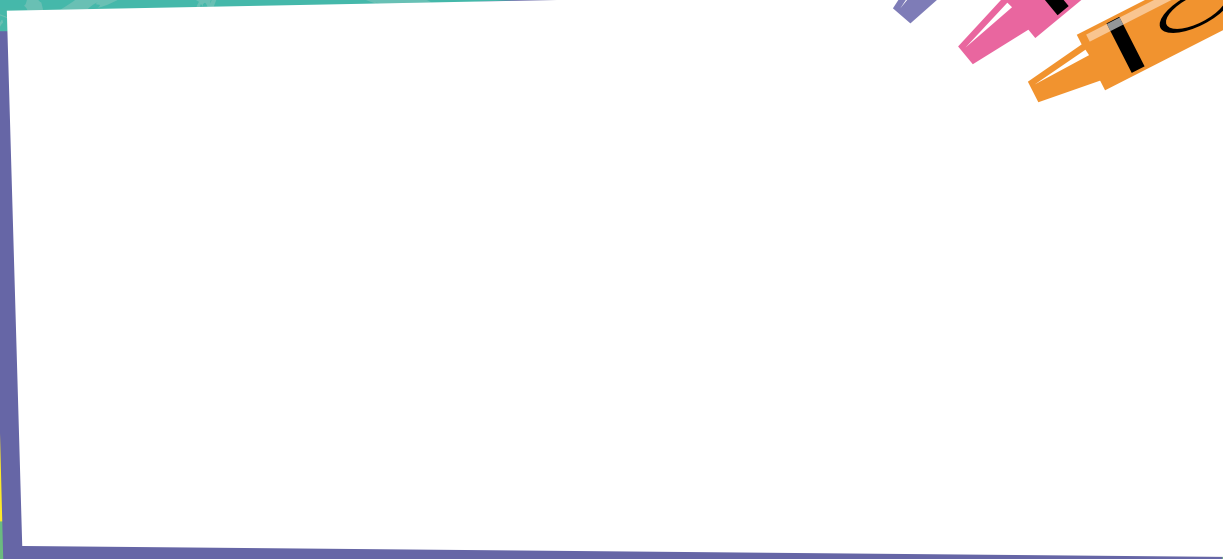
Grades 1-3
Meeting

10

Word Pictures

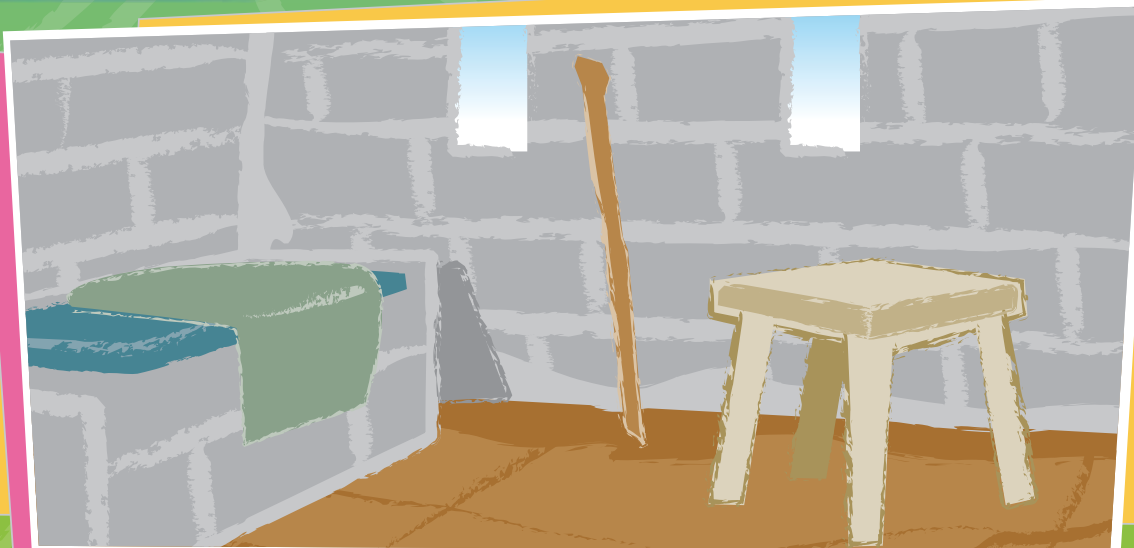
Salt

Draw a picture to show how salt was used in New Testament Bible times.



Light

Draw a lamp or lampstand in this Bible times home.



Picture Match

Picture yourself in each of the situations and decide what you could do to make the situation better.



This Week
Memory Verse
Matthew 5:16

Next Week
Memory Verse
Psalm 112:1

You Are the Salt of the Earth and the Light of the World

(Matthew 5:13-16)

Grades 4-6
Meeting

10

KeyWord Results

Match the correct words for
each statement.

Keywords

floor
white
lampstands
oil
prevent
homes
season
light
better
salt
stepped

1 Salt is a very common _____
mineral substance.

2 Salt is used to _____ food to
give it a _____ taste.

3 Meat and fish were packed in
_____ to help _____
them from spoiling quickly.

4 Salt was scattered on the
_____ in the temple to be
_____ on to prevent falls.

5 _____ lamps were an
important source of _____
used in New Testament Bible times
_____.

6 _____ were used to brighten
the light in the homes.

Hide or Seek

Do you hide from ways to share with others what Jesus is like? Do you seek ways of making choices that let others know about Jesus? Circle what you would do in each of the following situations or write your own idea. Answer honestly. Are you hiding or seeking?

1. A child is carrying his lunch tray through the school cafeteria to a table. He trips and falls and all the food goes flying on the floor. A group of your friends are nearby and start laughing and chanting. Do you:

- a. laugh with your friends
- b. quietly sit at the table and mind your own business
- c. offer to help the kid and invite him to sit with you
- d. turn your head as if you didn't see what happened
- e. _____

2. You are with a group of friends at another friend's house choosing a movie to watch. Someone suggests watching an R-rated movie that was in the back of the cabinet. Before you can say anything, the movie is put into the DVD player and everyone is sitting down to watch. Do you:

- a. sit and watch the movie with them
- b. close your eyes at any bad parts of the movie
- c. tell your friends you have to leave
- d. talk to your friends about watching a different movie
- e. _____

3. Without your parents' knowledge your friend gave you a CD of a popular rap band, which included violent words. You have restrictions about this kind of music being played in your house. Do you:

- a. play the CD whenever you are away from home
- b. listen to it until your parents find out you have it
- c. tell your parents their restrictions are unfair
- d. return the CD to your friend explaining why you don't care to listen to this type of music
- e. _____

Now highlight the best opportunity in each situation for others to see what Jesus is like.

This Week

Memory Verse

Matthew 5:16

Extra Verse

Colossians 3:23

Next Week

Memory Verse

Psalms 112:1

Extra Verse

Psalms 118:24

Adapting for Beginning Readers

- **WORKOUT:**

- **Step 2:** Beginning readers may need extra help finding the Bible passage.

- **REACH OUT:**

Allow children who need help spelling and printing to tell you the message. Then print the letters on a piece of paper for them to copy onto the hockey stick.

- **STRETCHING:**

Print the verse on a piece of paper for beginning readers to match the words to so they will know in which order to pin the cards on the rope light.

- **THE TOURNAMENT:**

- **“Beacon”:** Younger children may not want to be blindfolded. Allow them to play the game as “ships” with their backs facing the “beacons” instead of wearing blindfolds.
- **“Table Hockey”:** Pair a younger child with a preteen at either end of the table to help keep the sides fair for scoring.

- **COOL DOWN:**

Younger children could draw pictures of the places instead of printing the words.

Adapting for Preteens

- **WORKOUT:**

- **Step 3:** For a group of all older preteens, set the salt, photos, and fish on the table, each with a blank index card beside it. Give preteens the challenge of printing a caption for each item after a brief time of research. Instead of reading the information to them, provide Bible dictionaries, concordances, and reference books for them to find the information on salt and light in New Testament Bible times.

- **THE TOURNAMENT:**

- **“Flashlight Tag”:** Preteens may enjoy using a laser pointer instead of a flashlight to play this game as “Laser Tag” instead of “Flashlight Tag.” Caution the children not to shine the lasers in each other’s eyes.
- **“Table Hockey”:** Preteens may enjoy this game with the rotating line at either end of the table.

- **COOL DOWN:**

Preteens could be more specific with their situations and make this a commitment card to witness to others this week.





