

MON – SAT, 11AM – 7PM SUN, 11AM – 6PM

Executive Chef – Emmanuel Pradet Managing Director – Mark Strausman Avocado Toast \$19

#### cumin-buttered spelt toast, avocado, sunflower sprouts and pico di gallo

### Burrata and Local Tomatoes \$19

Tuscan extra virgin olive oil & basil

#### Autumn Salad \$18

brussels sprouts, butternut squash, baby beets, cranberries, radicchio, Belgian endive, arugula, goat cheese,, tossed in red wine vinaigrette

 Tuna Tartare
 \$24

 cucumber carpaccio and pickled ginger with sesame bagel chips

**Roasted Asparagus \$17** parmesan cheese and aged balsamic vinegar

## Grilled Shrimp with Lime and Ginger \$22

served with a mixed grain salad

## SOUP

Estelle's Chicken Soup \$14

#### French Onion Soup \$15

## ARTISAN PIZZA

Margherita \$21 tomato, basil and mozzarella

Wise Guy \$24 mozzarella, tomato, freshly-ground farm-raised

Berkshire hot and sweet sausage and roasted peppers

# Emilia Romagna \$26

white pizza with mozzarella, parmesan and pecorino cheeses, drizzled with 12-year-old Aceto Balsamico

Kale and Pesto \$23

mozzarella chesse and house made kale pesto Kale pesto does contain pecans

## Prosciutto \$27

prosciutto, arugula, shaved parmesan, drizzled with a balsamic glaze

**Robiola with Truffle Oil \$27** Freds' famous focaccia with Italian cream cheese and truffle oil

## ΡΑSΤΑ

## Mushroom Pappardelle \$26

seasonal mixed mushroom, ricotta and walnuts drizzled with honey and fresh thyme

# Rigatoni with Brisket Ragu \$27

beef brisket braised in red wine, tomato and herbs until fork tender then pulled and tossed with rigatoni pasta

**Linguine alle Vongole \$28** baby clams, olive oil, garlic, and a touch of tomato

**Rigatoni "Buttera Style" \$27** hot and sweet Italian sausage, fresh peas, tomato, touch of cream, sprinkled with parmesan

## Heirloom Tomato Spaghetti \$25

heirloom cherry tomatoes, olive oil & fresh basil

## Freds Spaghetti \$25

shitake mushrooms, asparagus, sun dried tomatoes and pesto sauce

Also available with Mark's no-fat mustard dressing

## Club Salad \$26

turkey, smoked bacon, tomato, Point Reyes blue cheese crumbles, red onions, mixed greens, tossed in French mustard dressing

## Mark's Madison Avenue Salad \$28

chopped salad with a dozen vegetables and local salad greens, topped with imported Italian tuna

### Freds Chopped Chicken Salad \$26

bibb lettuce, avocado, onions, tomatoes, string beans and pears, tossed with a Dijon mustard balsamic dressing

### Asian Chicken Salad \$28

fresh-roasted, shredded Mary's chicken breast, julienned napa cabbage, chopped romaine, toasted cashews, scallions, daikon radish, snow peas, sunflower sprouts, carrots, wonton and crispy rice noodle tossed with Freds Asian dressing

#### Palm Springs Shrimp Salad \$32

mixed greens, hearts of palm, avocado, tomatoes and hard boiled eggs, tossed in Green Goddess dressing

## Mediterranean Salad \$25

romaine lettuce, tomato, cucumber, feta cheese, olives, red onion and pita bread. served atop of house made hummus Tossed in a lemon vinaigrette

#### Freds Vegan Salad \$25

mix of heirloom beans, garbanzos, tri-colored quinoa, and brunoise of carrot, celery, and onion over kale, topped with chopped avocado and tossed with salsa verde vinaigrette

# MAIN COURSES

### Turkey Burger \$25

avocado, sunflower sprouts, tomato, havarti cheese, pesto aioli, on a brioche bun

#### Local Grass-Fed Angus Beef Burger \$25

grass-fed angus beef, cheddar cheese, homemade relish, onion marmalade and Sriracha aioli served with Belgian pommes frites

#### Turkey Sandwich \$22

thick slices of freshly roasted turkey with homemade cole slaw and Russian dressing, on sourdough or whole grain spelt bread

#### **Open-Faced New York Steak Sandwich \$27**

arugula, tomato, caramelized onions, whole grain mustard served with house made potato chips

## Beverly Hills Club Sandwich \$32

chunks of shrimp, crab and avocado with bacon, lettuce, tomato and garlic aioli on seven-grain bread, served with homemade potato chips

Nova Salmon Plate with Bagel \$26

tomato, red onion with a toasted bagel & cream cheese  $% \left( {{{\mathbf{x}}_{i}}} \right)$ 

 Pan Seared Wild Salmon \$32

 local baby vegetables, celery root puree with a creamy sorrel sauce

**Chicken Paillard \$26** thinly pounded chicken breast topped with tomato, arugula and red onion salad

# SIDE DISHES

Belgian Pommes Frites \$10 Sautéed Broccoli \$10