

LUNCH

FREDS

AT BARNEYS NEW YORK

APPETIZERS

Avocado Toast \$16

Cumin-buttered multigrain toast, avocado, sunflower shoots and pico di gallo

Roasted Hen of the Woods Mushrooms \$24

In a balsamic glaze with arugula and sliced Parmesan on a bed Le Quercia sweet coppa

Ceviche Pescatora-Style \$24

Raw minced scallops cured in fresh lime, cilantro, jalapeno and pico de gallo mixed with minced roasted shrimp, squid and octopus, topped with avocado and served with homemade corn chips

Polpo e Seppia \$24

Sautéed octopus and baby cuttlefish in a spicy garlic, lemon and white wine broth with garlic fettunta

SOUP

Estelle's Chicken Soup \$14

Grandma's recipe to cure colds and stay thin

SANDWICHES

Jewish Boy From Queens \$24

Daily-carved roasted turkey on an onion pocket with Lucky Lee sliced tomatoes, Greens, Marilyn's coleslaw and Russian dressing with sliced pickles and onions

Local Artisan Grilled Cheese \$26

A blend of local Alpine-style and Beecher's Flagship white cheddar cheeses with Dijon mustard, red onion marmalade and bacon served with mixed greens with bistro dressing

SIDE DISHES \$10

Belgian Pommes Frites

Sautéed Broccoli

Mark Strausman – Managing Director
Jennifer Wasnesky – Executive Chef

Freds at Barneys New York is available for private parties

S A L A D S

The Fred Pressman Salad \$26

A downtown version of uptown's Madison Avenue Salad.
A chopped bed of Freds salad blend with cherry tomatoes, cucumber, peas, lentils, white beans and beets with chunks of Italian tuna

Freds Chopped Chicken Salad \$30

Freds salad blend, avocado, onions, tomatoes, string beans and pears tossed with Dijon mustard and balsamic dressing, topped with roasted and pulled all-natural chicken

Montauk Deconstructed Fish Taco Salad \$26

Chopped Gotham Greens with pickled red cabbage, corn, black beans, avocado and homemade corn chips, tossed with cilantro lime dressing and topped with spiced local white fish and crema

Downtown Vegan Salad 2.0 \$27

Mix of heirloom beans, dried cranberries, cubed apples, Garbanzos and black quinoa with brunoise of carrot, celery, onion and Raw massaged kale, tossed with blood orange and mustard dressing
And topped with chopped avocado

P I Z Z A

Margherita \$23

Tomato, basil, olive oil and mozzarella

Vegan Margherita \$25

Tomato, basil, olive oil and vegan cheese

Chelsea \$26

Mozzarella, tomato, roasted peppers and freshly ground Hudson Valley Harvest hot and sweet sausage

Campagna \$27

Chopped wild mushrooms, bulb onions, minced zucchini, crumbled herbs, garlic, parmesan, mozzarella topped with La Quercia Coppa

Emilia Romagna \$28

A white pizza with mozzarella, Parmesan and Pecorino cheeses drizzled with 12-year-old Aceto Balsamico

Speck, Arugula and Parmesan \$27

Sliced Le Quercia Iowa speck, arugula and shaved Parmesan

P A S T A

Lasagna alla Bolognese \$28

Traditional style with Hudson Valley Harvest local veal, beef, pork with Béchamel, layered with our fresh house made pasta

Orecchiette a la Contadina \$28

Asparagus, English peas, fava beans and spinach with minced La Quercia coppa and grated Hudson Valley aged goat cheese

Spaghetti ai Frutti di Mare \$28

Minced clams, mussels, shrimp, scallops, octopus and squid braised in tomato, herbs and wine

Penne all'Arrabbiata \$24

Mark's spicy garlicky tomato sauce

Freds Spaghetti \$27

Spaghetti with shiitake mushrooms, asparagus, sun-dried tomatoes and pesto sauce

Spring Carrot Tortellini \$26

Fresh house made tortellini filled with spring carrots and goat ricotta cheese, sautéed with multi- color spring carrots in a cumin and ginger butter sauce

M A I N C O U R S E S

Freds Daily Farm Egg Omelette & Salad \$26

Daily omelette made from humanely raised eggs, accompanied by lightly dressed mesclun greens

Vegan Eggless Frittata \$25

Vegan potato and cauliflower "frittata" with mushrooms, peppers and onion, dotted with vegan mozzarella

New York Steak Open-Faced Sandwich \$34

Seared Angus shell steak, seasoned with lemon, rosemary And sage, sliced and served on house-made pizza bianco, topped with arugula, tomato, onion and shaved Parmesan cheese

Freds Downtown Cheeseburger Deluxe \$25

Local grass-fed Angus beef patty topped with sliced Lucky Lee tomato, melted Beecher's Dutch Hollow Dulcet White cheddar, fresh greens and served with Belgian pommes frites, onion marmalade, and Sriracha mayo

Grilled Tuna \$33

Sushi grade tuna with a warm salad of fingerling potatoes, haricots verts and cherry tomatoes on a bed of Bibb lettuce with a lemon-mustard dressing

Salmon Croquettes \$28

With a crudité and homemade tartar sauce

FREDS BAGELS

Plain and everything bagels and bialys made fresh 11am every Sunday morning. Place your order by the dozen today

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SIDE DISHES \$10

Belgian Pommes Frites

Sautéed Broccoli

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FOR THE TABLE

Avocado Toast \$16

Cumin-buttered multigrain toast, avocado, sunflower shoots and pico di gallo

Zucchini Chips \$12

Tzatziki sauce with local Ronnybrook yogurt

Freds Raw Vegetable Crudités \$25

Dijon vinaigrette and vegan cheese

DINNER

FREDS

AT BARNEYS NEW YORK

MONDAY - SATURDAY

5:30 PM - 10 PM

APPETIZERS

Estelle's Chicken Soup \$12

Grandma's recipe to cure colds and stay thin

Roasted Summer Vegetables \$18

Asparagus, Padron peppers, fava beans and snap peas, Umbrian olive oil, fresh herbs, lemon

Roasted Hen of the Woods Mushrooms \$24

In a balsamic glaze with arugula and sliced Parmesan on a bed of Salumeria Biellese sweet coppa

Ceviche Pescatora-Style \$24

Raw minced scallops cured in fresh lime, cilantro, jalapeno and pico di gallo mixed with minced roasted shrimp, squid, octopus and avocado served with homemade corn chips

Polpo e Seppia \$24

Sautéed octopus and baby cuttlefish in spicy garlic, lemon and white wine broth served with cous cous

Mark's Country Pate \$18

Homemade local pork and liver pate with sauce Cumberland, homemade pickles, white onion and red wine confit and bruschetta

Summer Salad \$19

Local salad of lettuce, breakfast radishes, corn, cherry tomatoes, string beans and croutons topped with Beecher's Flagship white cheddar

The Freds Wedge \$24

Wedge of romaine lettuce with Lucky Lee beefsteak tomatoes, onions, crumbled Vermont bleu cheese, and crushed black pepper vinaigrette

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PIZZA

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A white pizza with mozzarella, Parmesan and Pecorino cheeses, drizzled with 12-year-old Aceto Balsamico

Speck, Arugula and Parmesan \$27

Sliced Le Quercia Iowa speck, arugula and shaved Parmesan

SIDE DISHES \$10

Belgian Pommes Frites

Sautéed Broccoli

MAIN COURSES

Lasagna alla Bolognese \$28

Traditional style with Hudson Valley Harvest local veal, beef, pork with béchamel, layered with our fresh house made pasta

Orecchiette alla Silvana \$28

Asparagus, English peas and fava beans with spinach and Parmesan

Spring Carrot Tortellini \$26

Fresh house made tortellini filled with Spring carrots and ricotta sautéed with multi-color Spring carrots in a cumin and ginger butter sauce

Risotto Frutti di Mare \$36

Minced clams, mussels, shrimp, scallops, octopus and squid with tomato, herbs and wine

Spaghetti and Lobster Fra Diavolo \$42

A two-pound lobster roasted with garlic and olive oil, removed from the shell and tossed with fresh house made spaghetti in a spicy lobster tomato sauce

Lamb Chops alla Scottadito \$46

Served with Jewish style fried artichokes, English peas with mint and potatoes Lyonnaise

Polletto alla Mattone \$32

Local organic Spring chicken grilled with fresh herbs and crushed red pepper served with glazed carrots and turnips and potatoes Lyonnaise

The Cast Iron Shell Steak \$45

Sliced and seared with hot olive oil infused with rosemary, sage and lemon served with sautéed bitter greens and Belgian pommes frites

Pepper-Charred Sushi Grade Tuna Nicoise \$34

Seared and served with potatoes, green beans, Bibb lettuce, watercress, olives, pastured-raised hardboiled egg and cherry tomatoes

Roasted Salmon \$32

Served on a bed of roasted asparagus with a tomato scallion vinaigrette

Zuppa ai Frutti di Mare \$38

Assorted shellfish and local fish in a spicy lobster and saffron broth served with the traditional crouton and aioli

W I N E

F R E D S

AT BARNEYS NEW YORK

COCKTAIL LIST

The Chelsea \$18

Crop Cucumber Vodka, St Germain, green grapes, lemon, seltzer

The Bowery \$18

Knob Creek Bourbon, Laird's Bonded Brandy, Combier peach, angostura bitters

The Highline \$16

Tito's Vodka, watermelon, mint, lime, agave, and a splash of ginger beer

The West Side Highway \$18

Sauza Silver Tequila, Ancho Reyes chili liquor, mezcal, fresh squeezed grapefruit juice, agave and smoked salt

The East Villager \$18

Plymouth Gin "stirred" or Tito's Vodka "shaken" with dry vermouth, olive brine in a soy sauce rinsed glass with Cerignola olives

Nolita Sangria \$16

Crème de mure, Aperol, Lard's Apple Brandy, rose wine, seasonal fruit

The Tribeca \$16

Avua Cachacha, muddled limes, pomegranate liqueur, cranberry juice

Wall Street \$18

George Dickel Rye, Carpano Antica, Angostura bitters

BEER SELECTION

Heineken \$7

Blue Moon \$7

Blue Moon Peach Ale \$7

Ithaca Flower Power \$7

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HALF BOTTLE

SPARKLING

Ca' del Bosco Cuvee Prestige Brut ½ bottle
(Italy) \$45

Pol Roger Brut
(France) \$58

WHITE

Pinot Grigio Jerman
(Italy - 2014) \$44

Sauvignon Blanc Mary Edwards
(California - 2013) \$52

RED

Cabernet/Sangiovese Campaccio Terrabianca
(Italy - 2011) \$38

Pinot Noir Mouton Noir- P-oui
(Oregon - 2014) \$36

Vino Nobile Montepulciano Avignonesi
(Italy - 2011) \$40

BOTTLE

SPARKLING

Taittinger Brut La Francaise
(France) \$120

G.H Mumm Cordon Rouge
(France) \$120

Moet Chandon Imperial Brut
(France) \$130

Veuve Clicquot
(France) \$135

Taittinger Comtes de Champagne
(France) \$325

Perrier-Jouet Belle Époque
(France - 2007) \$360

Dom Perignon 2006
(France) \$385

Louis Roederer Cristal 2007

WHITE

Reisling Pikes Clare Valley
(Australia - 2014) \$46

Arneis Roero Vietti
(Italy - 2013) \$48

Sauvignon Blanc Borgo Conventi
(Italy - 2014) \$50

Sauvignon Blanc Shaw & Smith
(Australia - 2014) \$55

Pinot Grigio Bortoluzzi
(Italy - 2013) \$56

Gruner Veltliner Hermann Moser Per Du
(Austria - 2014) \$56

Albarino Mar de Frades
(Spain - 2014) \$60

Pinot Bianco Villa Russiz
(Italy - 2014) \$62

Chardonnay Talbott-Kali Hart
(California - 2013) \$64

Pinot Grigio Sciopetto
(Italy - 2013) \$65

Pouilly Fume Tracy Chateau
(France - 2013) \$66

Sauvignon Blanc Craggy Range
(New Zealand - 2015) \$68

Pinot Grigio Livio Felluga- Friulano
(Italy - 2013) \$70

Sancerre Dom Des Coltabards
(France - 2014) \$72

Bourgogne Blanc Olivier Leflaive
(France - 2013) \$72

Sancerre Silex Fournier
(France - 2013) \$75

Chardonnay School House
(Napa Valley - 2009) \$82

Chablis Bessin Fourchaume
(France - 2012) \$86

Gavi di Gavi Black Label
(Italy - 2013) \$115

Chardonnay Jermann "Dreams"
(Italy - 2012) \$135

Sautéed Broccoli

R E D

Rosso Di Montalcino Capanna
(Italy - 2013) \$54

Malbec Graffinga
(Argentina - 2013) \$56

Chianti Classico San Felice
(Italy - 2013) \$60

Cabernet Sauvignon Acheson
(California - 2013) \$64

Cotes du Rhone Miradole
(France - 2013) \$64

Meritage Bordeaux blend Saved
(California - 2012) \$68

Pinot Noir A-Z
(Oregon - 2013) \$72

Bordeaux Margaux Segla Rauzan
(France - 2008) \$90

Rosso Di Montalcino Poggio Antico
(Italy - 2012) \$65

Vino Nobile Montepulciano Poliziano
(Italy - 2012) \$62

B Y T H E G L A S S

S P A R K L I N G

Prosecco Nino Franco
(Italy) \$20

Champagne G.H Mumm Brut
(France) \$24

Rose Sparkling Mumm Napa
(California) \$26

W H I T E

Pinot Grigio Bortoluzzi
(Italy - 2013) \$14

Gruner Veltliner Hermann Moser Per Du
(Austria - 2014) \$14

Chardonnay Talbott-Kali Hart
(California - 2013) \$16

Sauvignon Blanc Craggy Range
(New Zealand - 2015) \$17

Sancerre Dom Des Coltabards
(France - 2014) \$18

Bourgogne Blanc Olivier Leflaive
(France - 2014) \$18

R E D

Malbec Graffinga
(Argentina - 2013) \$14

Chianti Classico San Felice
(Italy - 2013) \$15

Cabernet Sauvignon Acheson
(California - 2013) \$16

Meritage Bordeaux blend Saved
(California - 2012) \$17

Pinot Noir A-Z
(Oregon - 2013) \$18